



WEEKLY BULLETIN

Our website: <http://www.districtor1.org>



Saturday, October 3rd

Activities: Harvest of Harmony Parade Grand Island Buses Load 4:45 am Leave PHS 5:00 am
Practice:
Sports:

Monday, October 5th

Activities: One Act Play Practice 6:30 am	Breakfast: Waffle, Sausage, Fruit or Juice
Practice: JH Volleyball 6:30 –7:45 am HS Football 3:37- 5:30 Cross Country 3:37- 5:30 Girls Golf 3:37- 5:30	Lunch: Cheese Stuffed Breadstick, Lettuce Salad, Fruit, Cookie, Milk
Sports: JV Football vs Raymond Central @ PHS 6:00 C-JV-V Volleyball vs. Johnson-Brock @ PHS 5:30 pm Junior High Football vs. JCC @ Tecumseh 4:00 pm Bus leaves at 2:30 pm	

Tuesday, October 6th

Activities: Early Band And Flag Practice 7:15 am FFA Land Judging @ Beatrice Leave at 7:45 am	Breakfast: Cereal, Yogurt, Fruit or Juice
Practice: HS Football 3:37 – 5:30 HS Volleyball 3:37- 5:30 JH Football 3:37- 5:30	Lunch: Sloppy Joe on a Bun, Corn, Fruit, Chips, Milk
Sports: JH Volleyball @ Weeping Water 5:30 pm Bus leaves at 4:00 pm Cross Country @ ECNC Branched Oak Leave at 2:30 District Golf- Miracle Hills Omaha Bus leaves - 6:30 am	

Wednesday, October 7th

Activities: One Act Play Practice 6:30 am PLC meeting 7:30am in the Library “D” Panther Pause- Study Time and Sr. Meeting – Midland Lutheran, UNL, Army National Guard P.A.R.T.Y.- Youth Leadership Conf. In Peru Leaving 7:30 am and returning by 8 th period.	Breakfast: Mini Pancakes, Fruit or Juice
Practice: JH Football 3:37 – 5:30 HS Football 3:37 – 5:30 HS Volleyball 3:37 –5:30 Cross Country 3:37 – 5:30 Golf- TBA	Lunch: Quesadilla, Green Beans, Fruit, Peanut Butter Sandwich, Milk
Sports:	Post Prom Parents Meeting @ Bennet Elem. 7:00 pm. All Junior Parents are encouraged to attend.

Thursday, October 8th

Activities: FCA Meeting 7:45 Library	Breakfast: Bacon Scramble Pizza, Fruit or Juice
Practice: JH Volleyball 6:30-7:45 am JH Football 3:37 – 5:30 HS Football 3:37 – 5:30 Cross Country 3:37-5:30 Girls Golf-TBA	Lunch: Chicken Patty on a Bun, Carrots or Broccoli, Fruit, Juice, Milk
Sports: Varsity Volleyball @ Cedar Bluffs Bus leaves at 3:15 pm	

Friday, October 9th

Activities: 7:15 Flag Practice @ PHS Student Council meeting 7:45 in Long Distance Room	Breakfast: Cereal, Muffin, Fruit or Juice
Practice: JH Volleyball 6:30 – 7:45 am HS Volleyball 3:37 until finished Cross Country 3:37 – 5:30 JH Football 3:37- 5:30	Lunch: Barbequed Meatballs, French Fries, Corn, Fruit, Butter Sandwich, Milk
Sports: High School Football vs. HTRS 7:00 @ PHS	

Saturday, October 10th

Activities: High School All State Auditions @ Crete
Practice:
Sports: 8 am Junior High Volleyball @ Malcolm Invite Bus leaves Palmyra at 6:30 am Bennet Elementary at 6:45 am 9 am Varsity Volleyball @ Falls City Invite Bus leaves Palmyra Only at 6:30 am

Upcoming Dates:

Tuesday, October 13th& 14th- State Golf
Wednesday, October 14th- **Picture Retakes**
Thursday, October 15th- End of 1st Quarter
Thursday, October 15th- FFA IMPACT Conference
Thursday, October 15th- ECNC Volleyball
Thursday, October 15th- Cross Country Districts
Friday, October 16th- NO SCHOOL
Saturday, October 17th- ECNC Volleyball
Monday, October 19th- Start of 2nd Quarter
Wednesday-Saturday, October 21st-24th- National FFA Convention
Friday, October 23rd- Cross Country State in Kearney

Picture Retakes are scheduled for Wednesday, October 14th.

If you missed the first picture day, pick up an envelope in the office and return it on picture day. If you are having retakes done, please remember to return the first package of pictures on picture day.

Pictures from Homecoming are on display in the lunchroom and can be purchased through Friday, October 9th. There are order envelopes to use, and the pictures will be mailed directly to you in approx. 2-3 weeks. Orders and money can be turned in to the upstairs office.

Some Facts About The 2009 H1N1 Vaccine:

There is a “new” seasonal flu vaccine every fall.

This year we have 2 vaccines: The seasonal flu vaccine and the H1N1 vaccine.

The H1N1 flu vaccine is made by the same processes, same manufacturers, and same facilities that make our seasonal flu vaccines every year.

The 2009 H1N1 flu vaccine has been licensed by the FDA to be used in the United States.

The H1N1 vaccine has NOT been released yet, so it is not available anywhere. When it is released, local providers will be administering it according to risk groups.

Meanwhile remember the 3 C's:

Cover your coughs and sneezes

Clean your hands: wash frequently with soap and water or use alcohol based hand sanitizer.

Contain germs: Stay at Home if you are sick!

We have some very nice items in the Palmyra Sports Apparel Store. There is an order form below for hats and on the next page for Sweat Shirts, Polos, and Shorts. You can send your orders anytime and make checks payable to PHS. We will get the items out to you right away. Show your Palmyra School Spirit!
Please allow 2-3 weeks for hat orders!