



WEEKLY BULLETIN

Our website: <http://www.districtor1.org>

Saturday, January 21st

Activities:
Practices:
Sports: Wrestling @ Louisville 9:30 am Ban leaves @ 6:45 am

Monday, January 23rd

Activities: Mainstage Rehearsal 7:00 am Milo and Clock ONLY	Breakfast: Cereal, Bagel
Practice: HS GBB 4:15-6:00 pm PHS, 3:45-5:00 pm PHS, HS Wrestling 4:00 pm Bennet	Lunch: Creamed Chicken, Whipped Potatoes, Green Beans, Biscuit
Sports: JH GBB @ Nebraska City Lourdes 4:00 pm, Bus leaves @ 2:30 pm, C-Team G&B BB @ PHS 6:00 & 7:15 pm	

Tuesday, January 24th

Activities: Jazz Band 6:45 am	Breakfast: Cheese Omelet, Toast
Practice: HS Wrestling 6:00 am PHS, JH GBB 4:00 pm Bennet	Lunch: Mini Corn Dogs, Sweet Potato Tots
Sports: HS G&B BB @ PHS, Girls and Boys Basketball Parents Night – JV G 4:45, VG 5:45, VB 7:15 pm	Anthem 5:15 pm

Wednesday, January 25th

Activities: Show Choir 6:30 am, Music Theory 6:45 am, JH Quiz Bowl 8 th period	Breakfast: Frudel
Practice: HS BBB 4:30-6:00 pm PHS, HS GBB 3:45-5:15 pm PHS, HS Wrestling 4:00 pm Bennet	Lunch: Breaded Pork Patty / Bun, Baked Beans
Sports:	

Thursday, January 26th

Activities: Drum Line 6:30 am, Main Stage Rehearsal 6:00-8:00 pm, Student Council meeting 7:45 am, Junior Prom Committee Meeting 7:40 am in Mrs. Church's room	Breakfast: Egg Tac-Go w/ Ham & Cheese
Practice: HS GBB 4:15-6:00 pm PHS, HS BBB 3:45-5:15 pm PHS, JH GBB 4:00 pm Bennet	Lunch: Spaghetti w/Meat sauce, Steamed Broccoli, Bread Stick
Sports: HS Wrestling @ Freeman 3:00 pm Van leaves @ 1:00 pm	

Friday, January 27th

Activities: Show Choir 6:30 am, HS Quiz Bowl 7:30 am	Breakfast: Cereal, Biscuit w/Jelly
Practice: HS BBB 3:45 pm PHS, JH GBB 4:00 pm Bennet	Lunch: Chicken Fajita Wrap, Corn
Sports: G BB @ PHS vs. Elmwood Murdock JV 5:00 pm V 5:45 pm	Bennet Singers Anthem 5:15 pm

Saturday, January 28th

Activities: MUDECAS Speech @ SCC Beatrice 9:00 am Bus leaves @ 7:00 am
Practice:
Sports: ECNC Basketball TBA

UPCOMING EVENTS:

Monday, January 30th – ECNC Basketball

Tuesday, January 31st – Jazz Band, ECNC Basketball, FFA Leadership

Wednesday, February 1st – Show Choir, Music Theory

Thursday, February 2nd – Drum Line, ECNC Basketball, JH GBB @ Bennet

Friday, February 3rd – Show Choir, ECNC Basketball, ECNC Wrestling @ Peru State College

Saturday, February 4th – ECNC Basketball, JH GBB @ Weeping Water

FYI!!!

Senior Parents- Pictures for the Graduation slide show are due no later than February 28th! We need 3 pictures including a senior picture. Pictures will be returned once the slide show has been completed!

Bennet Summer Ball Sign-up Ball sign-up for all Bennet area youth playing t-ball, softball, or baseball will be held at Bennet Elementary School at the following times:

Thursday, January 26th from 6:30-8:00 PM

All boys and girls preschool thru 8th grade are eligible to play. Come to sign-up and speak with your Bennet Ball Club representatives regarding any questions you have about your kids playing ball this summer!

Attention Junior Parents- Post Prom Meeting, Sunday, January 22, 6:00 PM to 7:30 PM, Bennet Community Church

Go Panthers!



Soup for Skis!



Friday January 27, 2017

4:00 to 8:00 pm

Palmyra High School

Please join us on for a soup supper with cinnamon rolls to support the Palmyra Youth Group skiing trip to the Rocky Mountains! Before, during and after the Girls Basketball game at Palmyra High School.



How Do I Hunt for Scholarships?

1) The greatest source for college scholarships is from the college you plan to go attend. They have a vested interest in getting you on their campus, so they are willing to pay for it by offering scholarships. Go to the college/university of your choice. Once you get on their website, look under the financial aid tab or go to the search bar and type in "scholarships." This should get you to where you need to go. **The school's admissions counselors will usually be of great assistance.**

2) Use EducationQuest! They are a GREAT resource for all students! www.educationquest.org provides all kinds of college information, help with FAFSA, and scholarship searches by simply going to their site. They have locations in Kearney, Lincoln, and Omaha, always being of tremendous help to all school counselors, students, and families. I call them often when I am stuck with college questions. They are amazing! We are fortunate as a state to have such a great resource that other states simply don't have. And they do it for free! **DO NOT PAY OTHER COMPANIES FOR COLLEGE PREPARATION!** Establish your account (you should have already done this if you are a senior. Juniors should do it soon. and complete search info on ScholarshipQuest and you will get a "hit" on some of the scholarships that are coming up for Nebraska high school seniors.

3) Local scholarships come to our attention all of the time and the school counselor, Mr. Chaffee, shares that information through Palmyra High School email, copying both students and parents. Pay attention to your school email; let Mr. Chaffee know if you are looking for a particular scholarship. Check also with clubs and organizations you are a part of; many of them have scholarships, i.e. FFA, FCCLA, PARTY, TeamMates, Fine Arts, etc.

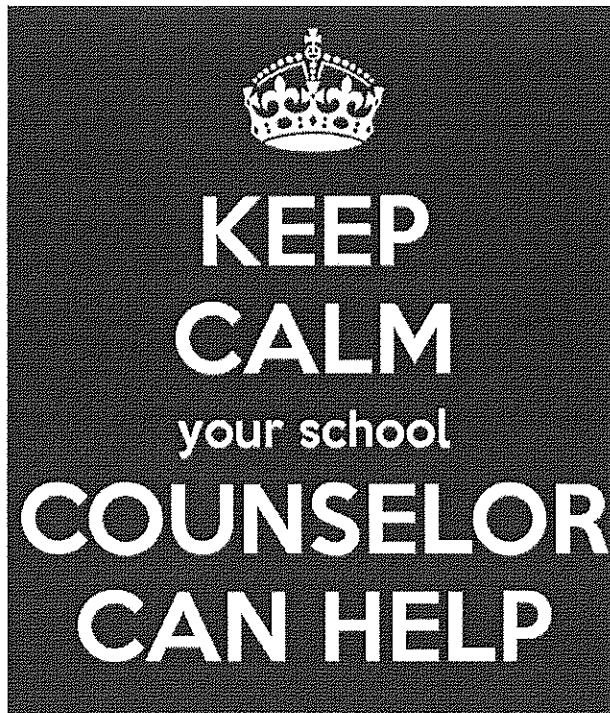
4) Several scholarships are offered thru District OR 1 Foundation for Knowledge. The deadline is April 1st! An application is available from Mr. Chaffee. Please note that

it is a pdf file and can be filled in using a computer: please do that. **Do not submit a handwritten application or essay.**

Palmyra High School–Scholarships Administered by
The District OR 1 Foundation for Knowledge

- Adele Reed/Penterman Scholarship
- Alexis Calfee Scholarship
- Beecham Family Scholarship
- Dale Cheney Family Scholarship
- Deb Rood Memorial Scholarship
- Gera Stilwell Scholarship
- Golf Tournament Scholarship
- Learn to Dream Scholarship
- Leland Olson Scholarship
- Palmyra-Bennet Teacher's Association Scholarship
- Randy Vollersten Scholarship
- Tim Jensen Memorial Scholarship

Finally, you will want to take your time and do an excellent job completing applications. The language you use, your grammar skills, and the overall completeness will be representative of you and your education. Make us proud!



Seniors, complete your FAFSA

If you haven't already, complete your FAFSA (Free Application for Federal Student Aid). Need help? Use our free FAFSA Tools or call us to make an appointment for free help: Omaha - 888.357.6300; Lincoln - 800.303.3745; Kearney - 800.666.3721; or Scottsbluff - 800.303.3745, ext. 6654.

Search for scholarships

Use our free ScholarshipQuest tool to find Nebraska-based awards. You'll also find links to national scholarship sites.

Update your Activities Resume

Our free Activities Resume is an easy way to track your extracurricular activities, accomplishments, volunteer work, and part-time jobs. The information is then readily available when you apply for scholarships and employment.

Volunteer

In addition to giving back to your community, your volunteer work can lead to scholarship opportunities. Make sure you track your involvement on your *Activities Resume*.

The logo for ACT (American College Testing) is displayed in a large, bold, black serif font. The letters 'A', 'C', and 'T' are connected at the top. A registered trademark symbol (®) is located to the upper right of the letter 'T'.

All Palmyra High School Juniors will be taking the ACT on Wednesday, April 19th at PHS! Juniors have already received free access to two excellent prep tools: ACT Online Prep and John Baylor Fundamental ACT Prep. Both tools can be used anywhere, anytime there is online access. Additionally, small group instruction will take place on Wednesday's in February through April to teach test taking basics and ACT specific skills.

Juniors...get psyched for a busy spring!

It's critical that you participate in college prep activities this spring so you'll be ready to apply for college and financial aid early next fall.

Activities include:

- taking the ACT
- attending a college fair
- going on campus visits
- narrowing your college choices

January "To Do" List

Seniors:

- If you haven't already, complete the [FAFSA](#).
- Apply for scholarships; see [ScholarshipQuest](#) for Nebraska-based awards.
- Update your [Activities Resume](#).

Juniors:

- Update your [Activities Resume](#).
- [Register](#) by December 21 for the January 21 SAT.
- [Register](#) by January 13 for the February 11 ACT.

Winning the scholarship game

Follow these tips to increase your chances of earning scholarships:

Don't ever pay for scholarship searches! Use *free* resources such as [ScholarshipQuest](#) at [EducationQuest.org](#) with over 2,000 Nebraska-based scholarships. Free national sites include [Peterson's](#), [FindTuition](#), [Cappex](#), and [School Soup](#).

Focus on local and college-specific scholarships because you're more likely to earn them.

Update your activities, honors, community service or paid jobs using the [Activities Resume](#) at [EducationQuest.org](#).

Earn the best possible ACT/SAT scores by taking the exam in the spring of your junior year and again in the fall of your senior year.

Use quality references such as a teacher, coach or counselor. Encourage them to write specific examples of your leadership skills. Give them advance notice and a specific deadline.

Tailor your essay to the scholarship. Ask an English teacher to read your essay and offer advice on making a big impact. Your essay will need to stand out from other applications.



What to expect after you submit your FAFSA

The Early FAFSA opened October 1 so many of you have already completed and submitted your form. Here's what happens next:

Expect a Student Aid Report (SAR). You'll receive it via an email link if you provided an email address on your FAFSA. The SAR acknowledges that your FAFSA was received, and if you need to take further action to process your FAFSA.

Make sure you applied for admission to colleges you listed on your FAFSA. Colleges who receive your FAFSA results typically won't send you a financial aid package until you've applied and have been accepted to the school.

Watch for verification requests. The college(s) you listed on your FAFSA might request verification of your FAFSA information. If so, send the required documents to the colleges' financial aid office.

Watch for financial aid award notifications. The colleges you applied to – and listed on your FAFSA – will send you a financial aid award notification detailing the types and amounts of aid they're offering based on your financial need.

Haven't completed your FAFSA yet?

No problem! You and a parent can complete the form at [FAFSA.gov](https://fafsa.gov). Before you start, create an FSA ID for you and one for a parent at fsaid.ed.gov. You'll need them to access and sign the FAFSA.

For free help with the FAFSA, watch this [FAFSA Demo video](#), use our free [FAFSA Tools](#), or call EducationQuest to make an appointment:

Omaha – 888.357.6300

Lincoln – 800.303.3745

Kearney – 800.666.3721

Scottsbluff – 800.303.3745, ext. 6654

Here's a scholarship you can apply for now!

Apply by **March 31** for EducationQuest's *Scavenger Hunt Scholarship*. You might win \$500 toward your college education. Here's how it works:

1. If you haven't already, complete a profile in [ScholarshipQuest at EducationQuest.org](#).
2. If you're a Nebraska resident in grades 9-12, you'll see the *EducationQuest Scavenger Hunt Scholarship* as one of the scholarships that will appear on your results page.
3. "Scavenge" around the EducationQuest website to find answers to questions in a survey.
4. EducationQuest will draw a winner from those who answer all questions correctly. The winner will receive \$500 to invest in a NEST 529 College Savings Plan.

Juniors: it's time to find the right fit for college!

Here's how to get started:

1. **Attend a college fair** to meet with representatives from colleges that interest you. Upcoming fairs include:

[Lincoln Area College Fair](#) – Sunday, March 19, 1-3 p.m., Southeast Community College

[Grand Island Area College Fair](#) – Sunday, March 26, 1-3 p.m., Pinnacle Bank Expo Center

[Omaha Area College Fair](#) – Sunday, April 9, 1-3 p.m., University of Nebraska Omaha Sapp Fieldhouse

Request for Recommendation Letter

Students: This form is for people writing recommendation letters for you. **Please allow two weeks** for their letter of recommendation to be completed. Fill out the front of this form completely, and then attach a resume or personal data sheet to the page. If you do **not** have a resume or personal data sheet done fill out the backside also.

TO:

FROM: _____ DATE: _____

I am applying for _____ scholarship.

I would appreciate a letter of recommendation:

Sent in the attached self-addressed stamped envelope. Postmarked by _____.

Returned to the Guidance Office by _____.

I will pick the recommendation letter up on _____.

Other: _____.

Please address your letter to:

Name: _____

Address: _____

City, State, Zip: _____

Please comment on the following:

- my ability and willingness to study
- my ability to work with people
- my sincerity to pursue training beyond high school
- my personal attributes and skills
- how long you have known me and in what capacity
- other

To assist you, personal information about me is on the back or attached to this form.

Below is some information about me: (if you have a resume or personal data sheet, attach it here and skip this part)

Name:

Address:

City, State, Zip:

Phone:

Personal Data:

Family History: (Parents' names, occupations, siblings –names and ages)

Hobbies:

Volunteer Activities:

Leadership Positions:

Activities & Involvement:

Education:

School(s): (List from present backward through jr. high school)

Academic Focus:

Class Rank: _____ out of _____ in class

Cumulative Grade Point Average: _____ on a scale of _____

Goals:

Educational goals-short term (this year):

Educational goals-long term (after this year):

Life goals-short term (this year):

Life goals-long term (next 10 years):

Work Experience: (Date, Place, Job Description)

Thank you for your help!