



WEEKLY BULLETIN

Our website: <http://www.districtor1.org>

Saturday, February 3rd

Activities:
Practices:
Sports: JH GBB @ Weeping Water 8:00 am Bus leaves @ 6:30 am See attached Bracket Youth Wrestling Tournament @ PHS 8:00 am ECNC Boys Basketball @ SCC Lincoln 1:00 pm Bus leaves @ 11:30 am

Monday, February 5th NO SCHOOL Teachers In-Service

Activities:	Breakfast:
Practice: Wrestling 6:00 am PHS	Lunch:
Sports: JH GBB @ Freeman 4:00 pm Bus leaves @ 2:30 pm, HS BB @ Wilber JV B&G 4:30 pm, V G 6:00 pm, V B 7:15 pm Buses leave @ 2:30 & 3:30 pm	

Tuesday, February 6th Early Dismissal Parent/Teacher Conf. 2-8 pm

Activities:	Breakfast: Cereal, Breakfast Cookie
Practice: Wrestling 6:00 am PHS, Cheer 6:30 am PHS	Lunch: Crispito / Cheese Sauce, Steamed Broccoli, Peanut Butter Sandwich
Sports:	

Wednesday, February 7th

Activities: Show Choir 6:30 am, Prom Committee Meeting 7:40 am in Mrs. Church's room, Peru State Business Contest	Breakfast: Breakfast Burrito
Practice: HS GBB 4:00-5:30 pm PHS, HS BBB 4:30-6:00 pm PHS, HS Wrestling 4:00-6:00 pm Bennet	Lunch: Breaded Beef Sticks, Steamed Carrots, Dinner Roll, Jello
Sports:	Palmyra Youth Club 6:30-8:30 at the Senior Center

Thursday, February 8th

Activities:	Breakfast: Cereal, Bagel
Practice: Wrestling 4:00-6:00 pm Bennet, JH GBB 4:00-5:20 pm PHS	Lunch: Vegetable Beef Soup, Toasted Cheese Sandwich
Sports: HS Basketball @ PHS vs. Pawnee	Cheer Performance @ Boys Halftime

City VARSITY ONLY 6:00 & 7:15 pm	Anthem & Pep Band
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Friday, February 9th

NO SCHOOL Winter Break

Activities: Musical rehearsal: Feb 9th 9am-noon - Cast and Crew	Breakfast:
Practice: HS GBB 7:00-8:45 am PHS, HS BBB 7:00-8:45 am Bennet, JH GB 2:00-4:00 pm Bennet	Lunch:
Sports: Wrestling Districts @ Weeping Water 3:30 pm Van leaves @ 12:30 pm	

Saturday, February 10th

Activities:
Practice:
Sports: Wrestling Districts @ Weeping Water 10:00 am Van Leaves @ 7:30 am Youth Basketball Tournament @ PHS

UPCOMING EVENTS:

- Monday, February 12th – Girls BB Sub-Districts TBA, FCCLA Meeting 7:30 am, JH GBB @ Malcolm
- Tuesday, February 13th – Girls BB Sub-Districts TBA
- Wednesday, February 14th - Show Choir,
- Thursday, February 15th – State Wrestling, JH GBB @ Bennet, FFA Degree Review @ PHS
- Friday, February 16th – Show Choir, State Cheer Competition Grand Island, Boys BB vs. HTRS, State Wrestling, Girls BB Sub-Districts TBA
- Saturday, February 17th – State Wrestling, JH GBB Fun Day @ PHS

FYI!!!

From Student Council-

Orders for Valentine’s Day flowers will be available during school and at Parent Teacher Conferences. \$5 for a rose and \$3 for a Carnation. Orders can be placed from the 5th to the 8th of February. Stop by Mr. Davenports room to place an order.

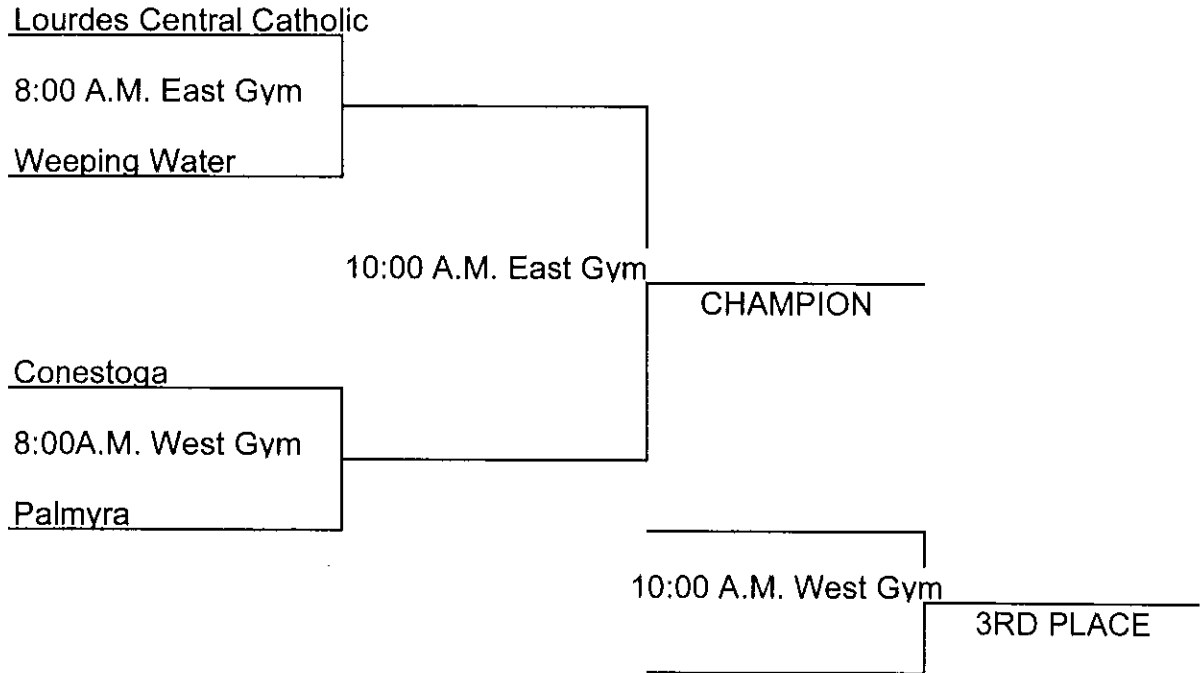
Palmyra Summer Ball Signup

Sign-up for the Palmyra area Youth Ball Teams will be held **Sunday, Feb 11th, from 2:00 to 4:00 pm** at the Palmyra Senior Center. Come sign up for T-ball, baseball, or softball, and to get information about the Summer Ball Program.

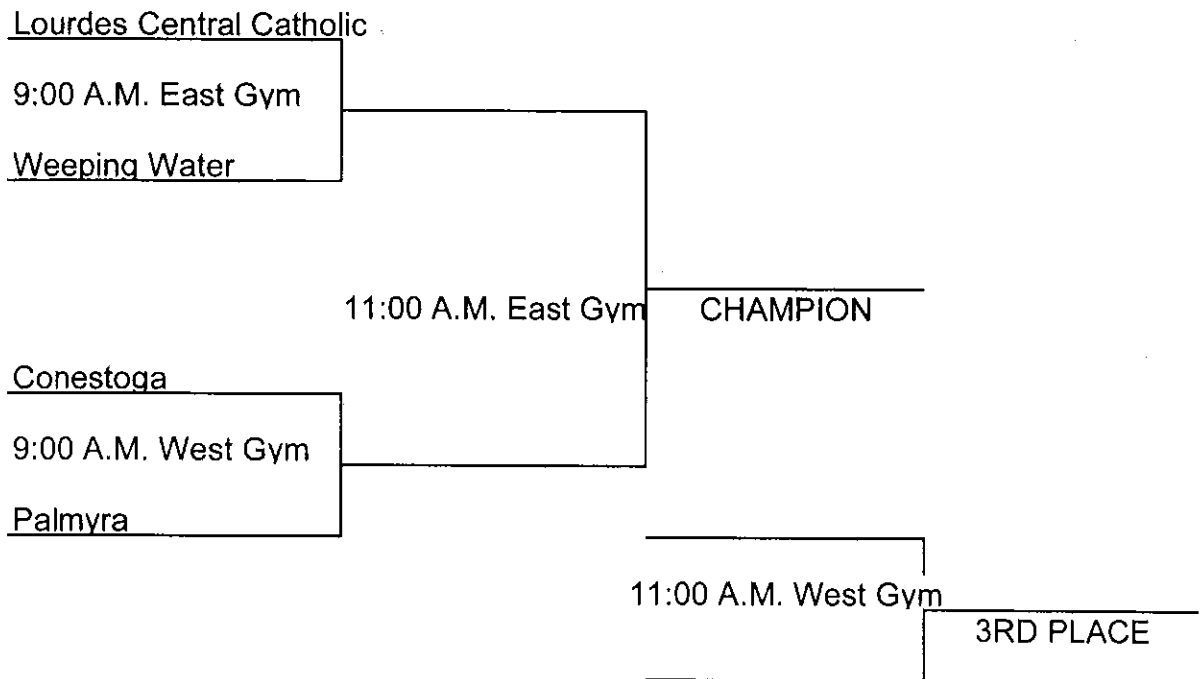
Go Panthers!

WEeping WATER JR HIGH GIRLS BASKETBALL TOURNAMENT
February 3, 2017

7th or B DIVISION



8th or A DIVISION



ADMISSION: ADULTS-\$5.00 STUDENTS-\$3.00. NO PASSES HONORED.
 *TOP TEAM IN EACH BRACKET WILL BE THE HOME TEAM
 GAMES WILL BE PLAYED EARLIER THAN THE SCHEDULED TIME, IF POSSIBLE.

Hello High School families!!

The Bennet Elementary Caring Project and Random Acts of Kindness month is here. Every year in February we pick a caring project to raise money and bring awareness to our students about the needs of others. We try to select a non-profit organization that can use some help. In past years we have worked with the Capital Humane Society, Lincoln City Mission, Wounded Warriors, and Lincoln Children's zoo just to name a few. This year we have picked the "Food Bank of Lincoln" which includes the Palmyra Food Bank at the Lutheran church.

In Southeast Nebraska there are almost 20,000 children that live in households where they have to skip meals or eat less to make ends meet. This winter has been especially hard for those trying to heat their homes and put food on the table. We hope by organizing this food drive we can help some families in need all around us. This year, with help from the high school (you), we hope to raise enough food to fill 5 food bank barrels! That is a lot of food; we need your help! The Fundraising dates are February 12th-23rd. During these two weeks we are asking for canned goods and other non-perishable items. Below is a complete list of needed items.

THE MOST NEEDED FOOD ITEMS INCLUDE

- Tuna or canned chicken
- Canned foods with pop-top lids (soup, stew, chili)
- Canned fruits in its own juice or water
- Low-sodium canned vegetables
- Peanut butter
- Macaroni & cheese and other boxed dinners
- Brown rice & long-grain white rice (not the instant/quick-cooking variety)
- 100% fruit juices
- Olive or canola oil
- Spices
- Low-sugar whole grain cereals
- Healthy snacks (granola bars, nuts, dried fruit)
- Coffee

THE MOST NEEDED PERSONAL CARE ITEMS INCLUDE

- Bath tissue
- Shampoo
- Toothpaste
- Soap
- Diapers and wipes
- Personal hygiene products

The Food Bank cannot accept individual glass jars of baby food. We can accept cases of baby food in glass jars as long as the cases are commercially shrink wrapped. We can also accept boxes of baby cereal and plastic jars of juice for infants.

With your help, our students will be successful! Together we can make a difference!
6th grade Student Council



**Throw Kindness
Like Confetti**

*February is
Random Acts of
Kindness Month*

#BEKIND

**ANGER IS NORMAL.
VIOLENCE IS NOT.**



FROM THE COUNSELOR, February 2, 2018

F **D** **D** **R** **I** **V** **E**

As part of our Kindness Month the schools in District OR 1, Bennet Elementary and Palmyra High School, are working with the Food Bank to run a Food Drive. There will be a competition to see what class or group can collect the most food items. The ultimate measure will be weight. The class or group that brings in the most will be declared the winner!

At Palmyra High School, the different classes will collect their food items in their 8 to Great/ Second Step classrooms. The only exception is that the seniors will bring theirs to Mr. Chaffee's office and the juniors will take theirs to Mr. Pollock's classroom. Boxes will be available for collecting items starting February 12th through the 23rd.

This year school staff and teachers will also be in the drive, collecting their items in the teacher workroom. Each week the food stuffs will be weighed and recorded on a picture graph to compare the classes and groups. A prize for the winning class or team will be awarded. Stay tuned for more details.



Palmyra NHS 2018 Dodgeball Tourney

When: Sunday, March 11, 2018 from 2-7pm at Palmyra HS Gymnasium

Who: Four divisions: **Elementary** (grades 4-6) **Junior High** (grades 7-8) **High School** (grades 9-12) **Adult** (ages 18 and above) **Players are allowed to play up if asked by older team**

How: Starting Monday, January 22, get team forms and waivers in either Bennet or Palmyra school office or from a NHS member. Turn them into Mr. Chaffee or any school secretary by Monday, February 22 for "early bird" registration \$60 or Wednesday, March 7th at 4 pm at \$70 per team.

Entry Fee: \$60 a team if completed team registration is submitted by February 21 (early bird), \$70 a team from February 22 to March 7. Proceeds shared with the Palmyra-Bennet Back-Pack Program

Prizes!!!

Act Fast!! Divisions limited to 10 teams each!!

For more information, including team rosters application, Waiver of Liability, and rules, email Mr. Chaffee at: Chaffee.Mic@districtor1.net



JUNIORS

The Cornhusker Boys and Girls State will be help on the UNL campus June 3-9, 2018 This is an excellent opportunity for juniors to have a great time, form lasting friendships, experience some amazing speakers and workshops as they learn how government operates in the State of Nebraska. This is hosted and paid for by the American Legion and Legion Auxiliary of Nebraska. Deadlines are quickly approaching for this prestigious assembly. If you are interested, please contact Mr. Chaffee at Chaffee.Mic@districtor1.Net for more information.



New College Timeline will keep you on track to college

EducationQuest has launched a new **College Timeline** for students in grades 9-12 that spells out steps you should take during fall, winter, spring, and summer to plan for college.

The Timeline also allows you to add your own tasks, get reminders when it's time to complete tasks, and check off tasks when they're complete. You can access these features by creating and/or logging into your **MyEducationQuest** account at **EducationQuest.org**.

Check it out and give it a try. It will make the college planning process more manageable!

What to expect after you submit your FAFSA

The **FAFSA** opened October 1 so many of you have already completed and submitted your form. Here's what happens next:

Expect a Student Aid Report (SAR). You'll receive it via an email link if you provided an email address on your FAFSA. The SAR acknowledges that your FAFSA was received, and if you need to take further action to process your FAFSA.

Make sure you applied for admission to colleges you listed on your FAFSA.

Colleges who receive your FAFSA results typically won't send you a financial aid package until you've applied and have been accepted to the school.

Watch for verification requests. The college(s) you listed on your FAFSA might request verification of your FAFSA information. If so, send the required documents to the colleges' financial aid office.

Watch for financial aid award notifications. The colleges you applied to – and listed on your FAFSA – will send you a financial aid award notification detailing the types and amounts of aid they're offering based on your financial need.

This [EducationQuest Blog article](#) has more details about what happens after you submit your FAFSA.

Haven't completed your FAFSA yet?

No problem! You and a parent can complete the form at FAFSA.gov. Before you start, create an FSA ID for you and one for a parent at fsaid.ed.gov. You'll need them to access and sign the FAFSA.

For free help with the FAFSA, watch this [FAFSA Demo](#), use our free [FAFSA Tools](#), or call EducationQuest to make an appointment:

Omaha – 888.357.6300

Lincoln – 800.303.3745

Kearney – 800.666.3721

Scottsbluff – 800.303.3745, ext. 6654

Winning the scholarship game

Follow these tips to increase your chances of earning scholarships:

Don't ever pay for scholarship searches! Use *free* resources such as [ScholarshipQuest](#) at EducationQuest.org with over 2,000 Nebraska-based scholarships. Free national sites include [Peterson's](#), [FindTuition](#), [Cappex](#), and [Chegg](#).

Visit your kind and caring school counselor often for information about local scholarships.

Focus on local and college-specific scholarships because you're more likely to earn them.

Update your activities, honors, community service or paid jobs using the *Activities Resume* at EducationQuest.org.

Earn the best possible ACT/SAT scores by taking the exam in the spring of your junior year and again in the fall of your senior year.

Use quality references such as a teacher, coach or counselor. Encourage them to write specific examples of your leadership skills. Give them advance notice and a specific deadline.

Tailor your essay to the scholarship. Ask an English teacher to read your essay and offer advice on making a big impact. Your essay will need to stand out from other applications.

Want some inspiration? Read how one Nebraska student earned over \$65,000 in scholarships!

February "To Do" List

Seniors:

- If you haven't already, complete the FAFSA.
- Expect financial aid award notifications from the colleges you listed on your FAFSA.
- Apply for scholarships.

Juniors:

- Keep preparing for the Nebraska State ACT on April 3rd. Use your John Baylor OnToCollege videos and the ACT Online Prep materials.

**For free help with college planning, contact EducationQuest Foundation:
EducationQuest.org**



How Do I Hunt for Scholarships?

It is that time of year again when college-bound seniors are looking to pay for all of the costs related to post-secondary education. The good news is that we are in the state of Nebraska with a great selection of tech schools, excellent small colleges, first-rate state schools, two selective universities, and a major Big 10 university at UNL. There are also lots of options and avenues for funding an education in Nebraska. Here are some thoughts and directions we offer to our seniors as they consider funding their after graduation plans.

1) The greatest source for college scholarships is from the college you plan to go attend.

Schools have a vested interest in getting you on their campus, so they are willing to pay for it by offering scholarships. Go to the college/university of your choice. Once you get on their website, look under the financial aid tab or go to the search bar and type in "scholarships." This should get you to where you need to go. **The college or university admissions counselors will usually be of great assistance.**

2) Use EducationQuest!

EducationQuest is one of the best resources available to college-bound people of all ages. And it is FREE!

www.educationquest.org provides all kinds of college information, help with FAFSA, and scholarship searches by simply going to their site. They have locations in Kearney, Lincoln, and Omaha, always being of tremendous help to school counselors, students, and families. I call them often when I am stuck with college questions. They are amazing! We are fortunate as a state to have such a great resource that other states simply don't have. And they do it for free! **DO NOT PAY OTHER COMPANIES FOR COLLEGE**

PREPARATION! Establish your account (you should have already done this if you are a senior.) Juniors should do it soon and complete search info on

ScholarshipQuest and you will get a "hit" on some of the scholarships that are coming up for Nebraska high school seniors.

3) Local scholarships!

These come to our attention all of the time and the school counselor, Mr. Chaffee, shares that information **through Palmyra High School email**, copying both students and parents. Pay attention to your school email; let Mr. Chaffee know if you are looking for a particular scholarship. Check also with coaches, clubs and organizations you are a part of; many of them have scholarships, i.e. FFA, FCCLA, PARTY, TeamMates, Fine Arts, etc.

4) Several scholarships are offered thru District OR

1 Foundation for Knowledge. The deadline is April 1st! An application is available from Mr. Chaffee. Please note that it is a pdf file and can be filled in using a computer: please do that. **Do not submit a handwritten application or essay.**

Palmyra High School–Scholarships Administered by The District OR 1 Foundation for Knowledge

- **Adele Reed/Penterman Scholarship**
- **Alexis Calfee Scholarship**
- **Beecham Family Scholarship**
- **Dale Cheney Family Scholarship**
- **Deb Rood Memorial Scholarship**
- **Gera Stilwell Scholarship**
- **Golf Tournament Scholarship**
- **Learn to Dream Scholarship**
- **Leland Olson Scholarship**
- **Palmyra-Bennet Teacher's Association Scholarship**
- **Randy Vollersten Scholarship**
- **Tim Jensen Memorial Scholarship**

Finally, you will want to take your time and do an excellent job completing applications. The language you use, your grammar skills, and the overall completeness will be representative of you and your education. Do your very best; have someone proofread your work! Make us proud!



Follow EducationQuest on social media and you might win a \$500 scholarship!

Follow EducationQuest on Facebook, Twitter, and Instagram and you'll get more than important college planning information...you might win a \$500 *Get Social Scholarship!*

How it works

Each time EducationQuest reaches specific follower milestones on our social media pages, we'll invite current and new followers to enter into a drawing for a \$500 scholarship. We'll conduct a:

- Facebook drawing when we hit **7,000** followers
- Twitter drawing when we hit **3,500** followers
- Instagram drawing when we hit **1,000** followers

EducationQuest will continue to award \$500 *Get Social Scholarships* each time we reach an additional 500 followers on Facebook, Twitter or Instagram. [Click here](#) for more details.

For free help with college planning, contact EducationQuest Foundation:

Omaha	Lincoln	Kearney	Scottsbluff
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888-357-6300	800-303-3745	800-666-3721	

EducationQuest.org

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Your Journey to College Begins with Us