

Due Sept. 20th in the office

I'm Proud to Be Drug & Alcohol Free

I Certify I will not use alcohol or unlawful drugs at any time on the day of this dance or event. I Give District OR-1 officials or agents my consent to perform tests (including a breathalyzer) to assure that my certification of non-usage of alcohol or drugs is true. I agree that I should not be admitted, or should be excluded, if I do not fully cooperate with such testing, as such cooperation is a condition of admission. **School Rules Apply to this Event !!!**

Dance is to be held September 28th, 2019

_____ Student Name (print)	_____ Parent or Guardian Name (print)
_____ Student Signature	_____ Parent or Guardian Signature
_____ Date	_____ Date

I plan to participate in the Homecoming Dance.



Panther Weekly Bulletin

September 13th, 2019

Breakfast Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Mini Waffles Ham Patty	Burrito Breakfast Wrap	Scrambled Eggs Toast	Sausage & Pancake Bites	Cherry Frudel Cereal

Lunch Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Chicken Nuggets Fries Green Beans	Meatball Sub California Blend Vegetables	Oriental Chicken Rice Broccoli Dinner Roll	Tacos Refried Beans	Ham & Cheese Sandwich Fries

Weekly Athletic Practice Schedule

<u>HS Football</u>	<u>HS Volleyball</u>	<u>Cross Country</u>	<u>Junior Football</u>
Monday-Thursday 3:45 pm	MUDECAS Week All time TBD	Tuesday, Wednesday and Thursday 4:00 pm	Tuesday, Thursday, 3:45-5:45 pm Wednesday 3:45-4:45 pm Friday 3:45-5:15 pm

Happening this week at PHS

Saturday, September 14th– JH Volleyball @ Syracuse (see attached bracket) 9:15 am Bus leaves @ 7:45 am

Monday, September 16th– JH VB @ PHS 4:00 pm East Gym, HS VB @ Beatrice HS 7:00 pm Bus leaves @ 4:30 pm, Cross Country @ Walnut Grove Park Omaha 4:30 pm Bus leaves @ 2:15 pm, JH FB @ Freeman 4:30 pm Bus leaves @ 3:00 pm, JV FB @ Elmwood Murdock 4:30 pm Bus leaves @ 3:00 pm

Tuesday, September 17th– Early Band, JH VB @ PHS 4:00 pm, HS MUDECAS VB TBD

Wednesday, September 18th– Show Choir 6:30 am, FCCLA Meeting 3:45 pm

Thursday, September 19th– Drum Line 6:30 am, Golf @ Tecumseh Country Club 9:00 am Van leaves @ 7:30 am, HS MUDECAS VB TBD

Friday, September 20th– Show Choir 6:30 am, HS Quiz Bowl 7:30 am, Cross Country @ Waverly HS 2:00 pm Bus leaves @ 12:30 pm, HS FB @ Southern 7:00 pm Bus leaves @ 3:30 pm

Saturday, September 21st– Apple Jack Parade @ Nebraska City

Upcoming Events:

Monday, September 23rd– JH FB @ PHS, Cross Country @ CJ Holling, JV FB @ Johnson-Brock, JV/V VB @ PHS

Tuesday, September 24th– Early Band, Early Dismissal Parent/Teacher Conferences 2:00-8:00 pm, Golf @ Fremont Country Club

Wednesday, September 25th– Show Choir,

Thursday, September 26th– Drum Line, Picture Retakes, HS VB @ Auburn, Cross Country @ North Bend

Friday, September 27th– Show Choir, HS FB @ PHS

Saturday, September 28th– Homecoming Dance

FYI-

Any junior high or high school student interested in photography or videography, such as live streaming games and events for school, please contact Ms. Gill. You do not have to be in our media class to learn how to work with technology. We would love to get more students involved to help capture great memories.

Student Council is selling raffle tickets to raise money for homecoming. There is a \$25, \$100 and \$50 gift card to Scheels as prizes. Tickets are \$5 each. See a StuCo member at home events or email Mr. Davenport at Davenport.jon@districtorl.net

Cheerleaders are selling spirit wear. Flyer is attached and orders are due September 20th. Please see one of the cheerleaders to order or email Ferretti.jen@districtorl.net

Students are not allowed to be in the building before 7:30 am unless they are taking part in an activity that has early practice times!

The Bus lane at Palmyra is off limits to vehicles during bus pick up and drop off times before and after school!

GO PANTHERS!

Counselor Comments 9.13.19



How Do I Hunt for Scholarships?

It is scholarship season once again! Here are some tips we give to each class of seniors:

1) The greatest source for college scholarships is from the college you plan to go attend. They have a vested interest in getting you on their campus, so they are willing to pay for it by offering scholarships. Go to the college/university of your choice. Once you get on their website, look under the financial aid tab or go to the search bar and type in "scholarships." This should get you to where you need to go. *The school's admissions counselors will usually be of great assistance; ask for their help!*

2) Use EducationQuest! They are a GREAT resource for *all* students! www.educationquest.org provides all kinds of college information, help with FAFSA, and scholarship searches by simply going to their site. They have locations in Kearney, Lincoln, and Omaha, always being of tremendous help to all school counselors, students, and families. They are amazing! We are fortunate as a state to have such a great resource that other states simply don't have.

And **they do it for free!** DO NOT PAY OTHER COMPANIES FOR COLLEGE PREPARATION! Establish your account (you should have already done this if you are a senior. (Juniors should do it soon.) and complete search info on

ScholarshipQuest and you will get a “hit” on some of the scholarships that are coming up for Nebraska high school seniors.

3) Local scholarships come to our attention all of the time and we distribute that information through Palmyra High School email, copying both students and parents.

4) Last, but certainly not least, scholarships are offered through our **District OR 1 Foundation for Knowledge. The deadline is April 1.** A copy of the application the Foundation uses is available by request. Please note that it is a pdf file and can be filled in using a computer: please do that. *Do not submit a handwritten application or essay. Ever.*

Finally, you will want to take your time and **do an excellent job completing applications.** The language you use, your grammar skills, and the overall completeness will be representative of you and your education. Make us proud. Ask for help. We have amazing writers on staff who love to help you.

EducationQuest Financial Aid Program here at PHS on **Thursday, September 26th at 2:45 (8th period)** to learn about types of financial aid and begin the FAFSA process. Seniors can register to win a \$500 scholarship! This Program is required for juniors and seniors. Senior parents are highly encouraged to attend as we will begin the FAFSA process.

Seniors...3 must-do tasks for this fall!

1. **Apply to your top college choices.** Our school participates in Nebraska’s *Apply2College* campaign in October, so you’ll get help with your college applications during a school-day event. If not, go to the EducationQuest website to find a college application checklist and other helpful resources.
2. **Create an FSA ID.** You and a parent must each create a username and password at fsaid.ed.gov that will serve as your Federal Student Aid (FSA) IDs for the Free Application for Federal Student Aid (FAFSA). You will each need your own email address to create an FSA ID.
3. **Complete the FAFSA at fafsa.gov on or after October 1.** The FAFSA is your application for federal, state, and college-based financial aid. The colleges you list on the application will use that information to determine the types and amounts of financial aid they will award you.

Get FREE help from EducationQuest

- Attend the EducationQuest [Financial Aid Program](#) here at PHS on Thursday, September 26th at 2:45 (8th period) to learn about types of financial aid and the FAFSA. While you're there, register to win a \$500 scholarship!
- Find free [FAFSA Tools](#) at EducationQuest.org to help you prepare for and complete the FAFSA.
- Call EducationQuest to set up an appointment for free personal help: Omaha – 888.357.6300, Lincoln – 800.303.3745



Why Are We Here? Why Does Learning Matter?

"There are a lot of reasons, but here's one. Those of you who get a two- or four-year college degree with minimal debt will have dramatically improved your life's chances. Why? You will soon enter a hypercompetitive capitalistic, global economy powered by two forces making life really tough for those without two- or four-year college degrees. These two forces will soon be fierce competitors of yours.

What are they? Intelligent machines and inexpensive foreign workers. Each month, they become more capable, plentiful, and affordable. Skills and

knowledge will equip you to compete against and stay ahead of these potent foes rather than succumb to them.

A two- or four-year college degree with minimal debt is a proven pathway to the skills and knowledge so critical for future success versus these potent competitors—but avoid overspending and over-borrowing. Step one is to go to the right college at the right price.

When determining who gets in and at what cost, colleges care most about the Big Three: Grades (GPA), Scores (ACT/SAT), and One Extracurricular. Try today, become a two- or four-year college graduate with minimal debt by age 24, and then compete with skills and knowledge, free from hefty monthly student loan payments. Students who try harder today should live easier tomorrow.”

(*The above four paragraphs were taken from John Baylor’s latest book Reaching Higher. The Simple Strategy to Transform America’s K-12 Schools)

I am here to help you! Please be sure that you have my email address handy (Chaffee.Mic@districtor1.net) to get in touch with me about any issues that might spring up concerning you and/or your student in the realm of academics, college/career decisions, or social/emotional needs. I am here to help and I LOVE serving the students of District OR 1 !!

Mr. Michael Chaffee
School Counselor



THE PANTHER PROWL

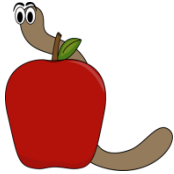
Bennet Elementary
District OR 1

NEWSLETTER

September 13, 2019
Volume 1, Issue 5

Together, we prepare our students to successfully meet the challenges of the future.

We've had a wonderful beginning of the school year. The first month of school is already over and what a busy time it has been for staff and students.



The transition from summer schedules to school schedules can be difficult, and I am pleased to report that students have been ready to learn each day. Thank you for your

assistance with this important transition.

The beginning of the year is a great time to remind families about general procedures followed at school each day. These reminders will help to ensure a successful day for students, families, and teachers.

- Look through your child's backpack each day and go over the items sent home with your child.
- Help your child to remember to return papers/homework when they are due.
- Help your child arrive to school on time. The school bell rings at 8:20 and the tardy bell rings at 8:30.
- Call the office 782-3535 each day your child will be tardy/absent.
- Sign-in at the office when you are in the building and sign out your child if you take them early from school.
- If you have a change in plans for after school please contact the office and or bus drivers before 2:45 PM.

I continue to welcome the opportunity to visit with you should you have any questions, concerns, or comments. Mrs. Walter

Parent Teacher Conferences are scheduled for Tuesday, September 24th from 2:00-8:00 PM. We will have an early dismissal at 1:10 this day and the afterschool Rec. program will be available.

Bake Sale

Please stop by the Bake Sale Table while at parent teacher conferences to help support our 6th Grade Student Council. These members are selling homemade goodies to help support the Bennet Backpack program and student council activities. If you would like to donate a goodie to sell please contact Mrs. Hanger or Mrs. Walter for details.

Bennet Booster Corner

Please be looking for more information on the date and time for the Fall Festival. It will be a great family, fun event.

Please visit the Bennet Elementary Boosters Facebook page to learn more about upcoming events.

Bennet Elementary Lunch Schedule

11:20-11:40	KDG Lunch
11:50-12:10	1 st Grade Lunch
12:00-12:20	2nd Grade Lunch
12:10-12:30	3 rd Grade Lunch
12:20-12:40	4 th Grade Lunch
12:30-12:50	5 th Grade Lunch
12:40-1:00	6 th Grade Lunch

Accelerated Reader

Students in 1st-6th grade have started AR testing. As parents there is a way that you can check at home to see if a book is AR or not. You may visit www.arbookfind.com and select parent or student at the first screen. AR book find is a database you or your child can use to find out if your books at home have a test for them or not. Simply type in the title or author and search.

AR is open for students at Bennet Elementary, Monday through Friday from 8:00 AM to 3:45 PM. Another option student can use is the Palmyra Memorial Library. Students can take tests after 3:45 at the memorial library.

Upcoming Events:

September

-24th Parent Teacher Conferences

-26th Picture Retakes

Congratulations to **Ruby Oetjen** in Mr. McChristian's classroom. She came up with the creative name of "The Panther Prowl" for the 2019-20 Bennet Newsletter.

Grandparents Day

Thank you to all the grandparents and special family friends who joined their grandchild/ren for breakfast this week. We had over 140 visitors.

