

**PALMYRA**



**PANTHERS**

**School District OR-1**

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Palmyra, NE 68418  
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Superintendent: Rob Hanger  
Secondary Principal: David Bottrell  
Activities Director: Aaron Hoeft  
  
Elementary Principal: Linde Walter  
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Bennet, NE 68317  
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[www.districtor1.org](http://www.districtor1.org) Twitter: @OR1\_Panthers

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District OR-1 Newsletter  
District OR-1 Public Schools  
May, 2018

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**Local  
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*Together, we prepare our students to successfully meet  
the challenges of the future.*



COME JOIN US!  
**THURSDAY, MAY 3<sup>RD</sup>**  
**11AM - 11PM**

Foundation For Knowledge Fundraiser  
**20% DONATION DAY**

Help support our cause by coming out on Thursday, May 3<sup>rd</sup> between 11am and 11pm when Big Red Sports Bar will be donating 20% of your food, drink, and takeout totals to the Foundation For Knowledge. Just tell your server that you are supporting the Foundation For Knowledge to take part in the fundraiser. Together we can make a difference!

**Thank you for supporting the Foundation so that we can continue to give scholarships to our district!**

**EVENT  
LOCATION:**  
8933 Andermatt Dr  
Lincoln, NE 68526  
402.434.7789



# Foundation For Knowledge, District OR-1

2017

## Since our beginning in December of 1998

With your contributions of over \$600,000 we have:

- Given back to your community over \$375,000 supporting:
  - Post-Secondary Education
  - Staff Development
  - Athletics
  - Theater
  - Band
  - Elementary and Secondary Education
- While maintaining Foundation-sustaining account balance of over \$400,000

In 19 years \$600,000 of your contributions has turned into over \$775,000 for your community.

\* If you shop online with Amazon please consider using "AmazonSmile". By using "smile.amazon.com" and selecting support for the "Foundation For Knowledge District Or-1" Amazon will donate a percentage of each of your purchases to the Foundation.

**With your support we will continue our work for the future of your community**

**Foundation For Knowledge District OR-1 - P. O. Box 130, Palmyra, NE 68418**

Enclosed is my/our  individual gift  corporate gift \_\_\_\_\_

(corporate contact person)

of \$ \_\_\_\_\_ to the Foundation For Knowledge District OR-1

-OR-

I/We pledge \$ \_\_\_\_\_, Enclosed is my/our payment of \$ \_\_\_\_\_.

Balance paid by \_\_\_\_\_, 20 \_\_\_\_.

To validate your pledge, your signature is required \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

If an alumni of Palmyra/Bennet School, please list year \_\_\_\_\_

Please make checks payable to - Foundation For Knowledge District OR-1

Thank you for your investment in the future.



# PANTHER NEWS

NEWS

District OR-1 Public Schools  
425 F Street  
Palmyra, NE 68418  
<http://www.districtor1.org>

Serving the Communities of Bennet, Palmyra, and Douglas, NE

May, 2018

- Follow District OR1 at [www.districtor1.org](http://www.districtor1.org)
- Download the app for iOS and Android
- Follow student progress on PowerSchool
- Follow District OR1 on Twitter @OR1\_Panthers
- Make sure your school has your e-mail and phone
- Follow official weather at [www.1011now.com](http://www.1011now.com)
- Superintendent Notes
- First-Grade Field Trip
- Annual Golf Tournament
- TeamMates Happenings
- Space and Science at District OR1
- 2018-2019 Calendar

## From the Activities Director, Mr. Hoef

### Sports Physicals:

All students entering grades 7-12 and wishing to participate in a JH or HS sport at Palmyra for the 2018-19 school year must have a current physical on file in the office. All physicals obtained after May 1, 2018 will be accepted for the 2018-19 school year. In addition, an NSAA Parent Consent form must be filled out and on file in the office as well. Both these forms can be obtained on the [www.districtor1.net](http://www.districtor1.net) webpage under the High School Athletics tab.

### Future Dates:

For planning purposes, listed below are the NSAA dates in which the first day of practice for 2018-19 activities is permitted in the Fall. Football, Volleyball, Cross Country & Girls Golf are eligible to begin practice starting August 6<sup>th</sup>. Sport specific practice times for these activities will be communicated by the coach at a later date.

### NSAA Transfer Rules:

A few years ago the NSAA changed the Incoming Transfer Deadline date to May 1<sup>st</sup>. **All penalties associated with the old NSAA March 15<sup>th</sup> date will apply to the May 1st date.** All paperwork (incoming Transfer report) must be submitted electronically to the NSAA on or before midnight May 1, 2018. Students are permitted one NSAA transfer during their high school years unless there is a change of domicile by the legal parent (Bylaw 2.7.8).

### Summer Camps/Weight Lifting:

As of this newsletter posting, the following schedule is available. Further camp dates could follow and will be communicated through the respective coach as well as registration for the events below.

Summer Weights will begin on Monday June 4<sup>th</sup> starting at 8am at the high school.

HS Boys Basketball Camp dates are June 4th, 5th, & 6th at the high school.

HS Volleyball Camp dates are July 8th, 21st, 25th, 26th, & 27th at the high school.

Band Camp begins July 30<sup>th</sup> at the high school.

## Superintendent Notes...by Robert Hanger

Strategic planning for District OR-1 has entered the final phase as teams were assembled in March 2018 to begin the process of creating action plans for the three goals ratified by the Board of Education in January 2018. An action plan for each of the following goals will be submitted to the Board for review upon their completion.

### By 2020 Provide the facilities needed to be competitive with other area schools in athletics and fine arts programs.

- \* Construct an outdoor athletic facility (to meet current and future needs of the district)
- \* Coordinate with (Palmyra and Bennet Village Boards and community organizations) for joint uses of the spaces for community as well as school programs
- \* (form interlocal agency agreements for joint funding, revenue sharing, or both if advisable).

### By 2019, the OR1 Public Schools will foster a unified community.

- \* Promote the benefits and successes of the OR1 school to the district community with an emphasis on the return on investment of the resources needed to support the district.
- \* Promote and advance collaboration and effective communication between the school district and the various stakeholder groups within the district (**for example**, community members and groups, alumni, and village and county government) to support students/staff, coordinate activities and build relationships.

### The Palmyra Bennet School District will continuously implement (academic) programs and the curriculum needed to remain competitive with other area schools.

- \* Expand high skill/ high need/high pay curriculum/ courses and opportunities online and through community colleges, including more dual credit offerings, for high school students and camps/clinics to start sparking interest in elementary schools.



Superintendent: Rob Hanger  
Palmyra Principal: David Bottrell  
Bennet Principal: Linde Walter  
Activities Director: Aaron Hoef

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- \* Examine the K-12 information science and technology curriculum and programs to ensure development of technological knowledge and skills for college and career readiness.
- \* Ensure 100% of students grades 6-12 can engage in **all** core courses **and** have an opportunity to complete at least one asynchronous course for credit. (Access to educational opportunities)

On behalf of District OR-1, I would like to thank all of the participants/stakeholders who took part in this valuable process. The roadmap created for OR-1 will be intended to provide a 5-6 year plan of attainable goals and actions for the Board, administrative team, and staff. Once action plans are ratified by the Board of Education we will post the final documents and historical record of the process and participants on our web site.

### Notes from Mr. Hanger

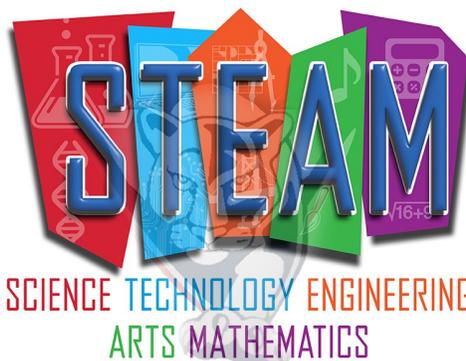
It is difficult to believe that we are preparing to close out the 2017-2018 school year. It seems as though we were just ramping up to begin the year along with the hurdles and successes created by construction at the Palmyra campus. Much progress has been made in that endeavor, and we are preparing to look forward to opening next year with substantial completion of the construction projects at both Bennet and Palmyra. It is at this point of our school term that I like to recognize the efforts of our students, staff, and parents for their support and hard work that resulted in many achievements. We feel fortunate to serve as administrators and educators in a growing and progressive school district with a solid commitment to continued excellence and a “kids first” approach to education. Our students are a direct reflection of our school core values and beliefs as well as those of the parents and patrons we serve. The class of 2018 has been a pleasure to work with and I look forward to them becoming positive ambassadors for District OR-1 as they embark on the next phases of their lives. We wish them the best for a bright and productive future.

This juncture also marks the completion of the five year accreditation review for District OR-1. It is fitting to thank our building administrators, staff, parents, and students who have taken part in the process. We will be receiving a report of accommodations and actions over the course of the next few months. At that time we will be focused on beginning the next

five year process with a review scheduled for 2023.

The summer of 2018 will continue with much activity as it will again involve wrapping up construction and renovation project punch lists on both the Bennet and Palmyra campuses. These projects, while demanding in nature will provide excellent facilities for many years to come. I would like to extend a sincere thanks to our staff, patrons, and students for their patience and flexibility as we work towards completion of construction. The construction process has not deterred us from our primary mission of working to educate our students at District OR-1 Public Schools as shown by our assessment scores. Our Board of Education is supportive of these efforts and continually steps up to provide the necessary support for our students. Not all schools/students enjoy a 1 to 1 Chromebook initiative, dual credit opportunities every day, a wide array of course electives, distance learning opportunities, excellent facilities, and the highest quality staffing available at the PK-12 level. We will strive to live up to the District Mission Statement: **“Together we prepare our students to successfully meet the challenges of the future.”**

Current student achievements, staffing, and the construction project also point strongly to a commitment to the OR-1 Vision Statement:



**District OR-1 commits to a course of action providing continued academic growth through a curriculum that recognizes limitless potential and inspires faith in a positive future for every student. With a sense of community ownership and responsibility, we will remain fiscally accountable and attentive to current and future high-tech facility and staffing needs.**

The OR-1 technology initiative continues to reflect national trends regarding technology and student engagement. I would like to thank Mr. Brown and our staff for continued implementation of the Chromebook platform. The Chromebook product allows for student management systems and technology platforms to be inclusive across grade levels and the curriculum, subsequently easing the transition of students from grades 5 and 6 to grade 7 as they will have developed some familiarity with the product prior to arriving at Palmyra Junior High. District OR-1 continues to develop and lead in this approach greatly benefiting our students. That includes maximizing use of various funding sources to complete security enhancements as called for in the construction project.

I wish all of you an enjoyable and relaxing summer and time with family and friends. Safe travels to all of you who will be vacationing.

### Attention Parents....

Any family with a negative lunch balance must have their balance paid before their children can be checked out of school on the last day, May 17<sup>th</sup>, 2018. All positive balances may be rolled forward to the 2018-2019 school year. Please contact the office if you have any questions. Thank you for your prompt attention.

### Attention Parents/Guardians of Students with Medications

This is a reminder for parents that have sent medications to school (either over the counter or prescription). Please pick them up from the main office on the last day of school. We prefer to send medications home with adults rather than students.

Thank You!

### 8th Grade Class Awarded a Campus Visit Grant by EducationQuest

"How would you like it if we took you out of school for a whole day?" asked Mr. Chaffee, the school counselor for District OR 1, of the 8th-grade class. The idea was to take a road trip and discover



8th Grade at SCC "Know How to Go" Workshop.

what programs were available at Southeast Community College plus visit an area business where post-secondary education is needed to perform tasks and be successful. This all started when Palmyra High School was awarded a grant by Education Quest to take 8th graders on a campus visit and tour an active business. Studies have shown that if students are exposed to college, program choices, and business visits they are more likely to make a connection between school and work, making well-informed career choices.



SCC Surgical Technology

The trip started with a surprise as the bus driver, retired Bennet Elementary Principal, Steve Robb, told the 8th graders that he recently went through a program at SCC, a three-month program to get his Commercial Drivers License (CDL) so he could drive charter and school buses. He got their attention! Afterward, he drove them to the SCC East Lincoln Campus at 8800 "O" street. Once there, they met the admissions staff who ushered them into a small auditorium where they experienced the Education-Quest presentation *Know How2Go to College*.

The presentation covered why getting a college is so important for future life satisfaction and employment. They learned how to find people to help them achieve their educational and life goals, the importance of getting one's best grades, and the advantages of a thorough, well-rounded education. They heard how extra-curricular activities and community service are very important to college entrance committees. The 8<sup>th</sup> graders also learned how to find money to make a college education possible. Finding the right fit for the future is important, be it a college, university, tech school or military service. Students were awarded prizes as they responded to prompts from SCC staff. Following the presentation, the students went on tours to see and hear about the various programs. Popular with students were the culinary hospitality, welding technology, auto technology, electronic systems technology, and surgical technology. Perhaps most popular with the 8th graders was lunch; they were allowed to select foods from a student food court!

Boarding the bus after lunch, the students headed across town to go to Firespring near Southwest High School. Firespring is a marketing, print, design, and creative company that was Nebraska's first Certified B Corporation. "BCorps" are for-profit companies certified by the nonprofit B Lab to meet rigorous standards of social and environmental performance, accountability, and transparency. Known for its fun and creative culture, Firespring creates print medium and digital products to serve a vast array of needs for its clients. Each day at 11 am the whole



Molly Coke of Firespring

company, summoned by a gong, gathers in a large recreational commons for a kind of "pep rally" to celebrate accomplishments, get updates on projects, and focus on the positive in the community. Leadership is shared at the daily gatherings with all employees taking turns leading the "11 at 11." Catching the eye of all the students was the slide that can be taken from the first floor down to the recreational commons; all the students were allowed to use it. Ping pong, pool, and Foosball were among a few of the offerings in the recreational area. Needless to say, the trip was a real eye-opener for our 8th grade!

When the students got back to PHS, they had a discussion about careers, goals, plans, and what classes to take next year in high school to prepare for the future. It remains to be seen if this was a day well spent, but it was a popular trip for all of the 8th grade!



SCC Electronic Systems Demonstrated to 8th Grade



### Palmyra FFA at 2018 State FFA Convention

The Palmyra FFA Chapter attended the 90<sup>th</sup> State FFA Convention April 4-6, in Lincoln. The Chapter participated in contests, and attended leadership workshops and convention sessions at Pinnacle Bank Arena and UNL East Campus. There were over 7,000 members and guests in attendance at the convention.



Kord Haight, Ryan Hoover, Baylor Lippold, and Tyson Martens Earn State FFA Degree

### Palmyra FFA results:

Agriscience: Sophia Bonifant 1<sup>st</sup> Place Individual, Daniel Frey 2<sup>nd</sup> Place Individual/428 students; Team Red ribbon/ Mallory Pavlik, Michael Rempel

Livestock Management : 2<sup>nd</sup> place ; 2<sup>nd</sup> in Equine Management; Abigail Lewis, Casey Kopf, Kaleb Kempkes, Lilly Calkins, Kate Zakaras

Livestock Judging: 24<sup>th</sup>-Blue Ribbon; Cole Cooper-Blue, Madysen Cox-Red, Kate Zakaras- Red , Casey Kopf

Welding- 20<sup>th</sup> Red Ribbon; Briley Luff Arc- Red, Shane White Oxy/ac- Red, Ryan Hoover-Mig

Environmental Resources- Red Ribbon- Michael Rempel-Blue Ribbon, Kord Haight- White, Lane Glantz, Kylee Synovec

Palmyra FFA Members Kord Haight, Ryan Hoover, Baylor Lippold and Tyson Martens received the State FFA Degree with over 600 senior members at the Friday awards session. They were able to complete a successful Supervised Agricultural Experience, participate in community service hours, and accomplish the leadership activities required to reach the degree level. It is the highest degree level awarded to State FFA members who have met the requirements.



Palmyra FFA Sophia Bonifant Daniel Frey 1st 2nd Agriscience

## 2018 ECNC ART SHOW

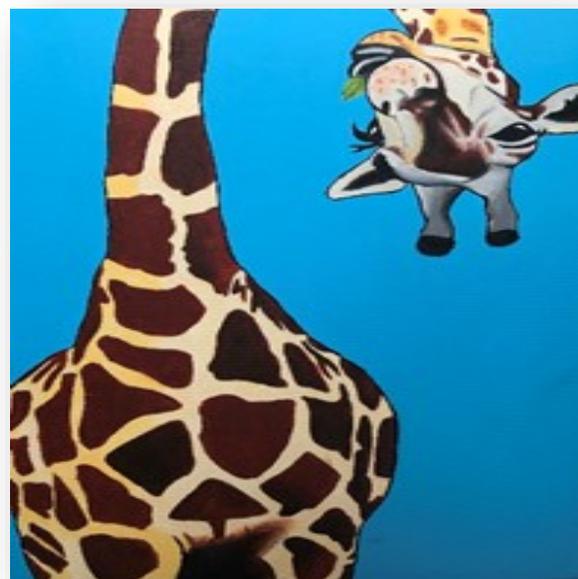
In recognition of Youth Art Month the annual ECNC art show was held through March at the downtown Wells Fargo in Lincoln. Each participating school displayed its ten best 2-D pieces and 3-D sculptures from all



high school classes. Students representing Palmyra this year were Cassandra Smith, Abigail Lewis, Rylehe Wobig, Serenity Olson, Sophia Bonifant, Madelyn Sweney, and Nate Harder. All selections were judged by the participating art teachers. Taking the Gold Medal Award from Palmyra was Abigail Lewis with her pastel astronaut drawing.



Others receiving recognition included Cassandra Smith 1st Honorable Mention with her acrylic giraffe painting, Madelyn Sweney 2nd Honorable Mention with her value scale portrait painting, and Cassandra Smith 3rd Honorable Mention with her soda can flowers.



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### Science News: Jon Davenport, High School Science 9-12 Science Teacher

Wow. Time has gone by extremely fast this year. This school year has provided students with ability to do some things that they may have never been able to do before. Energy is classified into the potential to do work or moving work. Science 9 students built small scale rollercoasters to better understand how energy changes for a moving object. Anatomy and Physiology students are currently dissecting a cat, and they are currently locating and identifying different muscles across the cat. Physics students are currently working on Rube Goldberg machines. They must have 8 simple machines in their overall machine that performs some sort of task. The kids have enjoyed these different hands on projects, and they have excelled in their construction of these different activities. Currently in chemistry, the students are learning about different phases of matter. They are acquiring knowledge of what the intermolecular forces are that keeps these phases of matter together. With this understanding, the students are constructing hot air balloons to see what happens to gases when they are heated up. So far, the kids have thoroughly enjoyed building and designing hot air balloons.

This year has been fast and furious with a lot of information. As one year closes, the next school year will begin as soon as we know it. I hope everyone has a wonderful summer vacation. Good luck to the graduating seniors with their future plans and goals.

## Peru State Business Contest 2018

PHS business students once again attended the annual Peru State Business Contest. This marks the 45th year that the contest has been in existence. The competition consisted of more than twenty-five schools from all over southern Nebraska and northern Kansas. Students were able to test their knowledge of business concepts and principles by participating in objective tests over subjects including accounting, advanced accounting, business communications, business law, business math, computer concepts, economics, entrepreneurship, introduction to business, keyboarding objective, marketing, personal finance, and web design. In addition to objective tests, several students got to participate in skills or performance tests including job interview and keyboarding skills. The job interview competition tested students on their ability to create a resume and cover letter as well as their ability to perform in a live interview where judges pretended to be potential employers. The keyboarding skills competi-

tion consisted of a three minute typing test where speed and accuracy was crucial. The top five fastest typists with the least amount of errors were awarded medals.

This year we had 10 students attend Peru State Business Con-

test. Those students were Marissa Waltke, Quinton Davis, Sophia Bonifant, Trinity Bohaty, Riley Dillon, Abbie Frazee, Koby Dillon, Caleb Stedman, Landon Hornby, and Henry Iwan. Palmyra High School was again represented well with six top 15 finishes. These students deserve recognition for their efforts as finishing in the top 15 is an honor given there are over 60 competitors in some of the contests. The top fifteen finishers are as follows: Sophia Bonifant – 8<sup>th</sup> place Business Communications and 14<sup>th</sup> place Keyboarding Skills; Henry Iwan – 13<sup>th</sup> place Computer Concepts and 6<sup>th</sup> place Web Page Design; Caleb Stedman – 6<sup>th</sup> place Keyboarding Skills; and Marissa Waltke – 13<sup>th</sup> place Business Communications. In order to receive a medal and be called on stage, a student must place in the top five. As you can see from the list above, we had two students who were very close to receiving a medal and being called on stage. Congratulations to all who attended and to all who placed in the top 15.



**Libraries: More Than Books!** By Jen Whyman



Now that we are in the digital age, our local libraries offer much more than just books! Many of these don't even require a visit to the library. Instead, you can access them from wherever you are!

The Palmyra Memorial Library has many big city services that they offer. Anyone can obtain a library card at no cost. Along with that card, you are able not only to check out materials from the library, but also to access Nebraska OverDrive which features many digital books and audio books. It is an app that you can download on your smart phone, tablet, or iPad. This is a great service especially for our younger students or students who struggle with reading, but enjoy hearing a book read to them. A nice feature of checking out books and materials through Nebraska OverDrive is that you don't have to remember when a book is due. It will automatically be returned on time! Along with this, the library serves as a site where our students are able to test for our Accelerated Reader program. There are many activities for all ages planned each month as well.

The Lincoln City Libraries are also another option. The services and cards are free to anyone residing in Lancaster county but are also open to those outside of the county for a small fee. They also have access to digital books and audio books. There is a wide selection of various apps they offer for digital media. In addition to OverDrive, they also have a great app called Hoopla in which you can also check out digital books and audio books for no charge. One great feature is that you are able to check books out, and if you take longer than the time allowed, the next time you check them out, it will have saved your place for you! Lincoln libraries also have events scheduled each month for all ages. They also have a summer reading program where students can receive prizes for reading throughout the summer months.

Palmyra Memorial Library hours: Sunday, Monday, Wednesday 3:00 – 8:00 P.M.

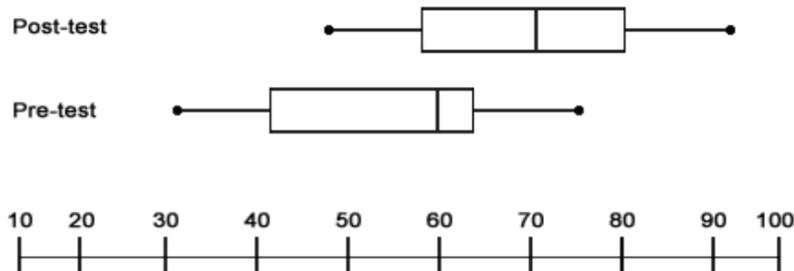
Lincoln City Libraries hours vary by location, please check their website at [Lincolnlibraries.org](http://Lincolnlibraries.org).

**Follow your school at:**  
**[www.districtor1.org](http://www.districtor1.org)**

## What is happening in Junior High Math?

In Mr. Jensen's Math 7 class, we are revisiting the different types of data displays and creating new ones. The types we are reviewing are bar graphs, circle graphs, histograms, line graphs, line plots, pictographs, stem-and-leaf plots, and tables.

Bar graphs show the number of items in a category. A



histogram looks similar to a bar graph, but it shows the data in equal intervals instead of by category. A circle graph shows the data by how it compares to the total number of items. These are broken down into percentages which the students have to review, finding a percent and changing it into a degree measure. This reviews changing fractions into decimals and percentages. Two other graphs we review are line plots and line graphs. The only similarity is the word line. These represent the data in different ways. A line plot shows how many times each number occurs in the data, while a line graph show how the data changes over time.

A new type of graph we learn is a box-and-whisker plot. This graph is made of rectangle and line segments on each side. The rectangle represents the box while the line segments are the whiskers. There are five pieces of information we need to find from the data. These are the median, upper and lower quartiles, and the upper and lower extremes. The median is the middle number in a list of data while the upper and lower extremes are the lowest and highest number in the list. After we have split the numbers in half, then we find the quartiles. These are the medians of the upper and lower halves of data. We use box-and-whisker plots to show how the data is distributed. It is easy to see how the data is split because the chart is broken up into four quartiles.

While the students make these charts, they have to find the mean, median, mode, and the quartiles. This in turn has them reviewing the order of operations. The students are always reviewing mathematical concepts each day while creating data displays.

The students took the Nebraska Student-Centered Assessment System for Math test during the week of April 9<sup>th</sup>, 2018. Along with the Math test, they took the English-Language Arts test. These tests replace the NeSA test they took in previous years.

## Special Education—By Jennifer Ferretti

The Palmyra Special Education department has gained a life skills room! The life skills room consists of a kitchen with a dining area, a living space, and an educational area.

In the kitchen you will find the typical appliances: a microwave, an oven, two sinks, a dishwasher and a new fridge. The kitchen also has an island that helps with storage space for our future cookware and appliances and is a great teaching area where all of the students are able to see what is going on and can participate easily. Every Friday, this past year, the kitchen was used to teach students basic cooking and measuring skills, responsibility of taking care of the appliances, kitchen cleaning skills, and simple recipes. The students' favorite recipe was the cake that was made to look like a plant cell for a science project.

The living space is used for independent reading time and cleaning skills. The students greatly enjoy relaxing on the couches and chair that were generously donated to our room.

My favorite area is the educational area. It is set up to give each student an individual space on the table. In their learning areas you will find simple cheat sheets that help the students with counting, multiplication, punctuation, and calendar work. Another great aspect of the table is that their work area is within reach of the teacher which makes checking their work and helping them with their studies a breeze.

Every section of the room is being utilized to its full potential and we are frequently finding new skills to teach and learn. The students and teachers look forward to using every aspect of the new classroom next year and all the years to follow.

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## Panther Wrestling —By Mr. Panko

The Panther Wrestling team had a successful season this year. The team worked hard and improved with every trip to the mat. The season was full of exciting action and lots of fun. The team had usually two or more who medaled in each tournament. Qualifying for the State Wrestling Tournament this year were Seniors Jaden Jung, for the first time, and Riley Dillon for his third appearance in Omaha. Riley Dillon finished with 110 career wins. Award winners this year were: Most Valuable Wrestler of the year was Riley Dillon, and the Most Improved Wrestler of the year was Jaden Jung.



Students attend State FCCLA Leadership Conference in Lincoln on April 8-10.

Five Palmyra High School students competed in S.T.A.R. (Students Taking Action with Recognition). Zachary Hartwick and Rylehe Wobig received a silver award in Interpersonal Communication (Senior Category 10-12).

Alayna Baker, Esther Steiner and Harmony Wheeler received a silver award in Focus with Children (Senior Category 10-12.)

Students not competing were invited to help FCCLA give back to some of the great organizations in our host city, Lincoln, Nebraska. Students had a chance participate in a variety of service projects at the following locations: Lincoln Zoo, Fresh Start, Keep Lincoln and Lancaster, County Beautiful, Matt Talbot Kitchen and Outreach, People’s City Mission, Lincoln Children’s Museum and Community Crops. Mrs. Cunningham chaperoned a group of students to the People’s City Mission where students worked in the Child Care Room and prepared 60 lunches to be delivered to the homeless in Lincoln. Several students went out on the delivery van to interact with the

homeless and hand out lunches, and others worked in a cleaning capacity. While at the facility we received a tour.

Students were able to participate in a wide variety of tours including: Hospitality in the Haymarket, Capitol Building, UNL Childcare Center and Lincoln Food Bank. Emily Nap learned about the Lincoln Food Bank at this time.

Additionally, students attended the Opening Ceremony on Sunday, (keynote speaker was Ryan Moran), Business Meeting on Monday evening, and Closing Ceremonies on Tuesday. During the day on Monday they attended many different sessions on FCCLA National Programs and leadership opportunities.



Each year, on April 22nd, the world celebrates Earth Day. Many communities celebrate by planting trees, doing highway cleanups, and implementing recycling initiatives. This year, as I was contemplating what the best project would be to do with my students, I stumbled upon a startling fact. In the U.S., more than 100 billion plastic bags are used each year. That comes to around 300 plastic bags per person. In seeing this, the students and I decided to do a project that involves reusing plastic bags in some way. After some research, we came across a project that involves weaving plastic bags together using recycled cardboard as a loom to create floor rugs.

In the days leading up to weaving the rugs, we had to collect plastic bags. We got donations from many people and the students were able to get involved by collecting bags they had around their homes. Our next step was cutting the bags to create loops that we would tie together. We cut half-inch by one-inch notches on both sides of the cardboard to create our looms. Once the notches were cut we began wrapping the string of plastic bags to create a warp. This project was also great for learning new vocabulary as many of the students had not weaved before.

The students began creating the rugs. It was a little tricky when getting started because the plastic made everything slick. Once they were able to get going, they really began to enjoy themselves. They were able to make patterns with different colored bags and had to work together to decide how they wanted it to look. As this project proved to be very time consuming we will be spending multiple days finishing the rugs. Some of the students were starting to wonder what we could possibly do with the leftover bags and scraps. Through some research, they discovered that most grocery stores recycle old grocery bags. We were able to create a project that reused an everyday object and created nearly zero waste in doing so. It was great to see the students realize, though it was in a small way, they were making changes in their community.

*This is a prototype of what the rugs will look like when completed.*

## How a Bill Becomes Law: A Student Lead Lesson by Mark Kotik

The studying of a legislative branch most definitely can have its mundane moments. However, it is important to know who some of the people are behind our law making bodies. What is more important than that is learning *how* our laws are made. Sure, we could go watch the video from School House Rock and say, “that was fun.” Or we could do it ourselves! That is what our Palmyra Senior Government class does annually.

I offer the students as much creative freedom as I can. They come up with ideas, share them out (so none are repeated), narrow them down, and conduct research over their topic. By week’s end, each student has a bill idea, a rough draft, and information that supports his or her idea. The students then use a bill template from the Princeton Model Congress to write a formal bill to present to the class. I then implement a modified version of "Roberts Rules" for debating in the classroom. Here is the step by step process of this procedure:



1. Presenter reads the bill from top to bottom
2. Presenter gives an opening statement of support for his or her bill. This is where students can apply any supportive facts from their research.
3. The floor is then open for debate, support, and discussion. I act as moderator and do not vote. However, as moderator, I reserve to the right to guide the discussion in the appropriate manner. The presenter is in control of the floor and can call on students to engage in the debate. I have instructed the students they must raise their hands to engage in dialogue or risk being removed from the conversation. I want them to be assured that this is a debate and a chance to express valid opinions, not an attack on anyone or any topic.
4. When there are no further questions, the presenter gets the final word with a closing statement of support.
5. We simply use a show of hands in favor of or in opposition to the bill.
6. The passage or failure of the bill does not impact their grade.

I ask the students to read each bill prior to the presentation so they have a concept of what they will be hearing that day. This also gives the voting body an opportunity to research any counter arguments or supportive statements they deem necessary.

Below is the link to the website that we use to house our student bill projects. The students share the document with me, and I upload it to the site. Any changes made to the document by the owner still change on the site. However, only the author and I may make changes to the document. This site will also be used for classes in the future to upload their current bills and view previous class bills. If you would like to view some of the senior bills and results, please use the link below. <https://sites.google.com/districtor1.net/palmyra-government-class/home>



### Palmyra TeamMates Celebration for Seniors and the UNL Spring Game

“What I love most about the day is seeing the look on the faces of kids who have never been inside Memorial Stadium to a Nebraska football game: it is so exciting!” said one of the mentors from our TeamMates chapter. More than thirty mentors and mentees from the Palmyra/Bennet/Douglas chapter of TeamMates attended the 2018 year-end celebration at the Haymarket Saltdogs Baseball stadium at 9 am on Saturday, April 21.

While the event was somewhat hampered by the early morning sprinkles, the overwhelming mood of the morning was excitement. Seeing so many communities come from around Nebraska to participate in the celebration for seniors was very encouraging. Chapters from as far away as Sidney began their day extremely early to travel to the event. Dr. Tom Osborne, legendary football coach at Nebraska and TeamMates co-founder, opened the day with a warm welcome.

Highlighting the event was a graduation ceremony for more than 100 high school senior TeamMates in attendance. Palmyra senior Justin Hennecke and his mentor, Burke Brown, participated. Justin was recognized for his time in TeamMates with a certificate, T-shirt, and a special medallion; he also had his name displayed on the stadium scoreboard!

Following the ceremony, the nearly 3,000 people in attendance walked over to Memorial Stadium to experience the UNL football team Red-White Spring Game—tickets courtesy of the University of Nebraska. Many were impressed with the new style of play for Nebraska football and for the huge TV screens to watch replays.

Together We Transform Lives  
**TEAMMATES**  
MENTORING  
of PALMYRA-BENNET-DOUGLAS



Miss Nebraska with Justin Hennecke and Mr. Brown in celebration of Justin's membership in TeamMates. Right: Dr. Tom Osborne congratulates senior TeamMates with his welcoming speech.



District OR-1 TeamMates take in the Red\White game at Memorial Stadium.



## District OR-1 Quiz Bowl

### HS Quiz bowl members:

Senior-Abbi Steiner, Juniors-Christopher Bonifant, Sarah Vorderstrasse, Anya Bogen, Tyson Reed, Zach Hartwick, Rhylee Wobig, Danny Versaw. Sophomores-Trinity Bohaty, Sophia Bonifant, Henry Iwan, Cayden Maahs. Freshmen-Michael Bogart, Isaac Falls, Daniel Frey, Jarin Pope, Isaac Thomas, Trystin Somers, Terry Versaw

ECNC-Palmyra Junior Varsity team finished 3<sup>rd</sup> in their group. Members of the JV team are Christopher Bonifant, Sarah Vorderstrasse, Sophia Bonifant, Cayden Maahs and Trystin Somers.

Freeman-Seven students attended, most were freshmen.



MUDECAS-For the first time in Coach Smidt's tenure, Palmyra took three teams to a quiz bowl competition (15 students participated that day).

Our lone senior, Abbi, did a great job helping the team and helping our underclassmen this year. The junior class took initiative this year and did a fantastic job. For the first time in a few years, we had sophomores competing on the varsity team. The freshmen really enjoyed going to meets and being at practice, which Coach Smidt appreciates.

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### JH Quiz Bowl members:

8<sup>th</sup> grade-Dedrick Dowding, Nima Faunce, Dylan Frazee, Kylee Kment, Andrew Waltke

7<sup>th</sup> grade-Nicholas Sweney, Morgan Mullanex, Alex Hatcher, Ethan Steiner, Oscar Thomas, Andrew Moyer, Samuel Iwan, Zach Fitzpatrick, Hunter Pope

ECNC-8<sup>th</sup> grade team of Dedrick Dowding, Nima Faunce, Dylan Frazee and Andrew Waltke finished 3<sup>rd</sup> in the 8<sup>th</sup> grade division.

Freeman-Many 7<sup>th</sup> grade students got their first opportunity at competition

MUDECAS-Palmyra team of Nima Faunce, Dylan Frazee, Kylee Kment, Andrew Moyer and Andrew Waltke finished 3<sup>rd</sup> overall after losing their first round match (their only losses were to teams that finished higher than we did.)



The junior high team met Wednesdays during their advisory period. Those in Choir were invited to practice Friday mornings with the HS team. We began practice in December and met weekly. ECNC 3<sup>rd</sup> out of 11, Freeman finished 4<sup>th</sup> out of 16 teams, and MUDECAS was 3<sup>rd</sup> out of 12.

Coach Smidt is excited about the potential that the 8<sup>th</sup> grade team has as they move into high school next year. The 7<sup>th</sup> grade is a fun bunch to work with as they continue to grow in their learning.

## Prom 2018 By: Mrs. Church

The Palmyra Junior-Senior Prom was held Saturday, April 14th at Hidden Valley. The theme was Garden of Glamour, but the weather was far from glamorous. Throughout the day, snow impacted travel, but all eighty eight students arrived safely and enjoyed the festivities.

Students danced and voted for prom royalty. Queen Grace Briley and King Kristopher Phillips were selected as senior royalty. Queen Macy Reynoldson and King Sam Fitzpatrick were selected as junior royalty.

The junior class was responsible for fundraising and planning prom. Juniors who served on the prom committee were Reagan Bowlin, Lilliana Calkins, Sam Fitzpatrick, Abbie Frazee, Zach Hartwick, Grace Leuschen, Briley Luff, Kyra Palm, Tyson Reed, Macy Reynoldson, Caleb Stedman, Sarah Vorderstrasse, Marissa Waltke, Jenna Wilen, and Rylehe Wobig.

Additional juniors who helped decorate the hall for prom were Anya Bogen and her guest Caleb Druckemiller, Emily Nap, Trevin Pettigrew, and Esther Steiner.

This group of juniors were instrumental in making prom a great success.

Prom sponsors are Ken Malone and Char Church.



## Social and Emotional Learning by Mrs. Engelhardt

Social and emotional learning (SEL) involves acquiring and effectively applying the knowledge, attitudes, and skills to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.

Though there may be a widely diverse range of ways to teach these life skills at home, at school, and in between, the important step is to get started in any way that feels right to you and your family. Here are some ideas:

### Begin at home

Focus on developing an ongoing trusting connection with your children at home. One of the best ways to do that is to turn off devices for some time each day and give your undivided attention. Let them share with you whatever comes to mind about their day, be a support for homework, or simply hang out together. Use a timer to help with your own self-discipline. Creating a safe, open space for children each day allows for a time that they can raise any issues – big or small – with you when needed. They can be assured you will be there to listen and care.

### Model the behavior you want to see

Children learn more from what you do than what you say. You can tell them all day long to feel good about who they are, but if they hear you berating yourself or others for not being perfect, or see you shaming yourself or others for shortcomings, they are going to learn to do the same.

### Nurture self-worth and self-acceptance

Self-esteem comes from having a good sense of self. You can play a big role in this part of your child's development by giving them age-appropriate responsibilities, expressing gratitude for his or her efforts, and helping them understand that failing at something is not the same thing as being a failure.

### Seek peer support

Talk with other parents. Even occasional, honest conversations about your child's behavior when you aren't around can give you excellent insights into areas where your child is excelling and where you can provide additional support. Encourage your children to seek support as well. You may be doing everything right, but your child still may feel more comfortable discussing their feelings with another family member. Don't view this as a failure on your part. It isn't. It is a sign that your child is developing a sense of who they are and what they need.

### Activities for you to do at home over summer break

- \* Make a list of feeling words with your child and be an "emotions coach," encourage him/her to express feelings.
- \* Give children choices (outfits or chores to choose from), ask what they can do to solve a problem and help them identify pros and cons of alternative solutions
- \* Encourage your child to share and be helpful to others, maybe participate in a community service project
- \* At the dinner table each day, start by sharing 1 thing

that made you happy that day. Then share 1 thing that made you sad and/or angry. Then go around the table and have everyone share 1 item from each category. This exercise will help kids better understand their own feelings. But it also helps foster understanding and empathy towards others.

- \* Read and discuss SEL books. There so many great books out there. Any book by Julia Cook is amazing. On her website (<http://www.juliacookonline.com/books/>) she has books listed by topics such as health, mental health, friends, communication, behavior, and life skills. She also has many great links related to SEL.

### Books for Social and Emotional Learning

1. *The Hundred Dresses.*\* Eleanor Estes. Harcourt, 1944. Gr 3–5.
  2. *Crow Boy.* Taro Yashima. Viking, 1955. Gr 2–5.
  3. *Yesterday I Had the Blues.* Jeron Ashford Frame. Tricycle. 2003. Gr 2–5.
  4. *Henry and the Kite Dragon.* Bruce Edward Hall. Philomel, 2004. Gr 3–5.
  5. *Crazy Hair Day.* Barney Saltzberg. Candlewick, 2003. Gr 2–4.
  6. *Lilly's Purple Plastic Purse.* Kevin Henkes. HarperCollins/Greenwillow, 1996. Gr K–3.
  7. *I Miss Franklin P. Shuckles.* U. Snihura. Annick, 1998. Gr 1–3.
  8. *Danitra Brown, Class Clown.* Nikki Grimes. Harpercollins/Amistad, 2005. Gr 3–5.
  9. *Lizzie Bright and the Buckminster Boy.*\* Gary Schmidt. Clarion, 2004. Gr 5.
  10. *Wonder.*\* R.J. Palacio. Knopf, 2012. Gr 3–5.
  11. *Rules.*\* Cynthia Lord. Scholastic, 2006. Gr 3–5.
  12. *Anything But Typical.* Nora Raleigh Baskin. S&S, 2009. Gr 5.
  13. *When Sophie gets Angry, Really Angry.* Molly Bang. Scholastic/Blue Sky, 1999. Gr K–1.
  14. *My Name is Maria Isabel.*\* Alma Flor Ada. S&S/Atheneum, 1993. Gr 3–4.
  15. *Thank you Mr. Falker.* Patricia Polacco. Philomel, 1998. Gr 4/5.
  16. *Yoon and the Jade Bracelet.* H. Recorvits. Farrar, 2008. Gr 3–4.
  17. *The Teddy Bear.* David McPhail. Holt, 2002. Gr 3–5.
  18. *Mouse Was Mad.* Linda Urban. Harcourt, 2009. Gr K–1.
  19. *Teammates.* Peter Golenbock. Harcourt Brace Jovanovich, 1990. Gr 4–5.
  20. *Chrysanthemum.* Kevin Henkes. HarperCollins/Greenwillow, 1991. Gr K–1.
  21. *Joey Pigza Swallowed the Key.*J. Gantos. Farrar, 1998. Gr 4–5.
  22. *Also Known as Harper.*\* Ann Haywood Leal. Holt, 2009. Gr 5.
  23. *How to Steal a Dog.*\* Barbara O'Connor. Farrar, 2007. Gr 5.
- \*chapter book or novel

Have a great summer!

The **Bennet Elementary Caring Project** and our District OR 1 Random Acts of Kindness month were both a huge success. Every year in February we pick a caring project to raise money or gather donations to help those in need. This also brings awareness to our students about the needs of others. We try to select a non-profit organization that can use some help. In past years, we have worked with Capital Human Society, Lincoln City Mission, Wounded Warriors, and Lincoln Children's Zoo just to name a few. This year we picked the Food Bank of Lincoln and the Palmyra Food Bank at the Lutheran Church.

In Southeast Nebraska there are almost 20,000 children that live in households where they have to skip meals or eat less to make ends meet. This winter has been especially hard for those trying to heat their homes and put food on the table. We hope by having this food drive we helped some families in need all around us. This year, with help from the high school, we raise enough food to fill 10 Food Bank barrels! Our District OR 1 grand total was 2,194 pounds of food and \$186.25 in cash donations. Thank you to the District OR 1 community for once again helping our students reach their goals!

Also, in February we celebrated **Random Acts of Kindness** along with other area schools. The Bennet boosters and United Against Violence presented Omegaman and Friends to Bennet Elementary on February 2<sup>nd</sup>. These superheroes utilized feats of strength to send a positive message to the elementary students. They delivered an Anti-bullying/Character Development message through a superhero theme, an image that the kids can look up to. The superhero, Omegaman, brought excitement and enthusiasm to the students through a fun filled message of HERO, **H**elping **E**veryone **R**espect **O**thers. It was a fun, and at times loud, presentation that the Elementary students enjoyed. Classes also welcomed the Superheroes by wearing their own superheroes dress up clothes for the day. By Jen Hanger—Caring Project Coordinator and 2<sup>nd</sup> Step teacher

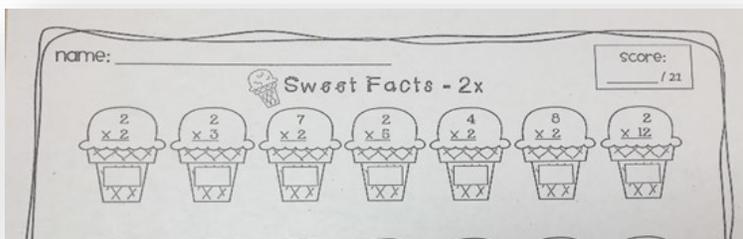
### Third Graders Get Published

For the fifth year now, third grade students have been provided the opportunity to become published authors. Over the course of the year, students learn how the six traits of writing can come together to create a written masterpiece. Using all of the tools they have spent months learning about and practicing, they now are working hard to write a piece about their future. We are in the final stages of editing our writing and will have our published books titled "When We Grow Up" in our hands in May. The students are looking forward to seeing their hard work pay off with a real published hardcover book!



### Sweet Facts by: Mrs. Kleeb

In third grade, we work on perfecting one-digit by one-digit multiplication facts. We use *Sweet Facts* to test ourselves to see how many facts we can do in one minute. We started with the 2s facts and worked up to the 12s facts. At the end we had a *sweet* ice cream party! For each fact passed, we celebrated with a scoop of ice cream, toppings, and sauces.

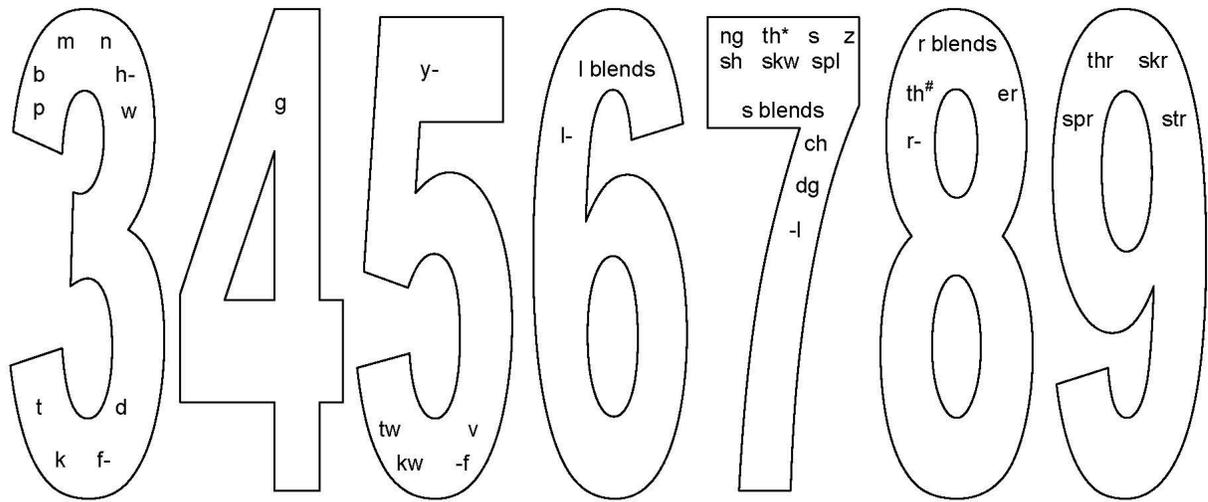


### Speech Therapy

We get many questions regarding children's articulation errors from parents. Eligibility for speech therapy services for misarticulated sounds is based partly on the IA-NE Articulation Norms, which provide an evidence-based list of the ages in which most children acquire specific speech sounds. The norms are based on gender and age; for example, girls typically acquire /l/ at the beginning of words by age 5, whereas boys may not acquire /l/ until age 6. If you have noticed that your child produces a sound incorrectly, feel free to use the following charts to see if your child's errors are typical for his or her age. As always, if you have any questions, please don't hesitate to contact the speech-language pathologists at Bennet Elementary. By: Elyse Moore and Jiree Wilson.

## Suggested Ages for Acquisition for Boys Based on Iowa Nebraska Norms

The chart below shows recommended ages of acquisition, based on the ages when 90% of English speaking boys produce single sounds (before or after a vowel), consonant blends, and clusters. Sounds acquired during the second half of the year (ex., 3<sup>1/2</sup>, 4<sup>1/2</sup>, etc) are shown at the bottom of each year. Pre and post vocalic positions are noted using the - and all vowel sounds are expected by age 3. This work was originally published by Smit, Hand, Freilinger, Bernthal, and Bird<sup>1</sup> and is considered a recent comprehensive study. Additional information is available from *Speech-Language Pathology Services in Schools: Guidelines for Best Practice*<sup>2</sup>.



\* voiced th as pronounced in THIS # voiceless th as pronounced in THIN

<sup>1</sup> Smit, Hand, Freilinger, Bernthal, and Bird (1990) *Journal of Speech and Hearing Disorders*, 55, 779-798

<sup>2</sup> Virginia Department of Education (2011) *Speech-Language Pathology Services in Schools: Guidelines for Best Practice*

## First Graders Sweep, Dip, Explore, and More

“Ooooh Nebraska where the winds come sweeping down the plains”... on Friday, April 20<sup>th</sup> first graders headed to Spring Creek Prairie Audubon Center in Denton for their field trip. Despite the wind, educator Jason and the rest of the staff at Spring Creek Prairie helped us explore the woodlands, wetlands, grasslands, and mammals on the prairie.

First graders would recommend you get out and explore the prairie at Spring Creek Prairie Audubon Center. Tuesdays are always free, and you can check out Discovery Packs – backpacks filled with tools and guides to help you in your exploration of the prairie. First grade would also like to thank the Bennet Boosters for generously covering the cost for all students to attend this field trip!



“We know we belong to the land, and the land we belong to is grand!”



*First Grade*



### Catch an Angle in 5th Grade by: Mr. McChristian

*"The sum of the square roots of any two sides of an isosceles triangle is equal to the square root of the remaining side."* The Scarecrow from the "Wizard of Oz"

Not quite over the rainbow, yet entertaining, fifth grade students discovered an important relationship between rectangles/squares and triangles in Math class earlier in the year. Groups of students drew squares of varying sizes on graph paper. Then a diagonal line was drawn from opposite corner to opposite corner to form a hypotenuse. With a steady hand, the square was cut out followed by a final cut along the diagonal line, hypotenuse, to reveal that students had, indeed, created identical isosceles right triangles. Students overlapped the triangles to confirm their findings.

Another group of students drew rectangles of varying sizes with a hypotenuse and cut out the quadrilateral again making sure to cut along the diagonal to discover that they had made two scalene right triangles.

This activity helped solidify students' understanding why the sum of all angles in any triangle must equal  $180^\circ$ , a rectangle  $360^\circ$  because when these two triangular halves are reassembled, they created a rectangle again.

The magic continues to happen in fifth grade math through the year!



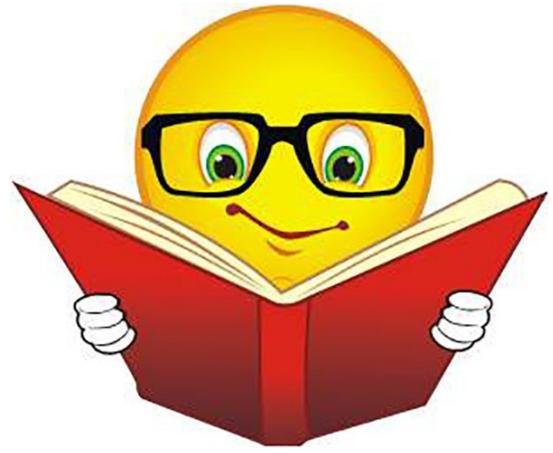
### Second graders have been busy measuring everything in sight!

Second graders have been busy learning to measure in inches, feet, yards, centimeters and meters! They have been able to do some fun activities to practice such as measuring items around the classroom in inches and centimeters to compare this differences. Other activities have included deciding what would be the best measurement within the metric and customary systems, and even measuring how wide the classroom is. Students were also able to recognize that using smaller measurement for smaller objects and larger units of measure for larger items was best. They have really enjoyed all of these hands-on activities!  
By: Mrs. Christensen



## Summer Reading! By: Mrs. Hinrichsen

For most parents, it's a challenge to keep kids reading and writing all summer. With summer break approaching, it is important to remember the benefits of summer reading, as research suggests it is estimated that during summer break, the average student will lose up to one month or more of instruction. Helping our learners get their hands on literacy activities during the summer is key. The following is a list of ideas from the Reading Rockets website to help support student reading and writing throughout the summer.



The Summer Reading Challenge from the Reading Rockets website ([readingrockets.org](http://readingrockets.org)):

### **Investigate your public library's summer reading program.**

Most libraries offer a special program or two during the summer, including puppet shows, book authors, and children's storytellers. Most are free of charge.

### **Extend your reading circle.**

We often find ourselves checking out the same types of books over and over again. This week's challenge is to bring a new type of book into the house. Consider fantasy or science fiction, historical fiction, poetry, biography, or an informational book.

### **Listen up!**

Audiobooks are a great way to engage readers and can introduce students to books above their reading level. Many libraries have audiobooks available for checkout, and an Internet search can turn up several sites, including [Speaka-boos.com](http://Speaka-boos.com), that offer free audio books for children.

### **Make your own audio book!**

Most phones and computers have simple recording apps on them which are perfect for making homemade audio-books! Have your child make up a story, or reread a favorite loved book. The recordings will be priceless!

### **Go wordless.**

Wordless picture books are told entirely through their illustrations — they are books without words, or sometimes just a few words. Grab a few wordless books the next time you're at the library and have fun "reading" different versions of the same story. The language and the conversation will inspire you!

### **Point, shoot, and write.**

Most families have access to a digital camera, iPad, or camera phone. Snap some photos and then encourage your child to write a silly caption for each photo. Not feeling that ambitious? Cut out some pictures from a magazine or the newspaper and have your child write original captions for those.

### **Mix up the media.**

Your child has read every Clifford book on the shelf, but has she heard Clifford author Norman Bridwell talk about writing? Explore author interviews from over 100 authors on Reading Rockets Author Interview page. Bet you can't watch just one.

### **Write it down.**

Encourage your child to keep a simple journal or summer diary. Track interesting things like the number of fireflies seen in one minute, the number of mosquito bites on a leg, or the different types of food that can go on the grill. Each entry is a chance to be creative!

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## **Mental Health Education—by Mrs. Pella**

Mental health in children is a topic we have been hearing a lot about lately. The term mental health encompasses several different factors, including emotional, psychological, and social well-being. We often hear of mental health in a negative light. What about focusing on having a positive outlook on mental health? Have you ever wondered how you can support your child's mental health? I have put together some tips for you to consider that may have a positive impact on your child's mental health.

*Reinforce positive choices and behavior.* Provide consistent expectations. Our children will make mistakes and that is a part of learning. Take the opportunity to teach them the skills they need to make a better choice next time. Also, make sure to take the time to provide positive support and encouragement when your child makes a good choice.

*Continued on next page*

*Develop a sense of community.* Encourage your child to take part in activities in school and the community. Allowing them to feel part of something provides them a sense of belonging. When children know they are part of a team and can help others, they build self-esteem and connectedness.

*Provide opportunities for good physical health.* Encourage your child to participate in physical activity daily. Regular exercise can naturally decrease their negative emotions. Make sure they are getting adequate sleep for their age, and make healthy food available for them.

*Encourage them to develop resilience.* Negative situations and adversity are a natural part of life. We want our children to know they have the ability to overcome challenges. Encourage them to talk through difficult situations and look to an adult for guidance, if needed. Knowing they are supported at home and school will provide them the competency to overcome challenges they face on a daily basis.

The list could go on and on. Building positive mental health takes a community. By fostering and developing pro-social behavior we will encourage our children and students that positive mental health can continue throughout life. If you have questions about your child's mental health, please reach out to the building administrator, Mr. Chaffee or me. By: Tracy Pella, LMHP, NCSP, District OR1 School Psychologist

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### Where Does Pizza Come From? By Miss Kepler

The 3<sup>rd</sup> grade class had the privilege of having Sarah Purcell come into our classroom to teach us all about Nebraska Agriculture. During one of our experiences with her, she taught the students about how Nebraska farmers produce the ingredients to make pizza! The students enjoyed taking a poll in their class to see what everyone's favorite pizza is. After that, Sarah Purcell discussed with the students how pizza dough is made from wheat that our farmers right here in Nebraska grow. The students learned that the cheese and meat on pizza comes from animals that are raised here as well. The students really enjoyed this activity and learning about Nebraska Agriculture.



Join us on May 3rd from 11:00 a.m. until 11:00 p.m. at BIG RED Sports Bar.  
Twenty percent of all sales go to the FOUNDATION FOR KNOWLEDGE!

## Bennet Backpack Program's Extra Mile Walk

This spring the Extra Mile Walk fundraiser for the Bennet Backpack is being held. During a school assembly to kickoff the fundraiser the sixth grade student council presented a check to Mrs. Hall, Bennet Backpack Program coordinator, for \$256.16. They held a bake sale during the February parent teacher conferences to raise money for the Bennet Backpack Program. Thank you, sixth grade student council, for the jumpstart for the Extra Mile Walk fundraiser!

The goal is to raise \$5,700 during Extra Mile Walk fundraiser. This money purchases food from the Food Bank of Lincoln, fresh fruit from the school lunch program and milk vouchers from Decker's Grocery in Palmyra. These items are included in the backpacks each week throughout the school year.

Here's the breakdown of the \$5700 needed for the 18 backpacks for the 2018-19 school year.

Food from Food Bank of Lincoln - \$4500

(per backpack for a year)

- 1 backpack for a year \$250
- 1 backpack for a semester \$125
- 1 backpack for a quarter \$62.50
- 1 backpack for a week \$7.35

Fresh fruit from school lunch program - \$500

(for 18 backpacks for a year)

- Fresh fruit for a year \$500
- Fresh fruit for a semester \$250
- Fresh fruit for a quarter \$125
- Fresh fruit for a week \$14.70



Extra Mile Walk

Twice monthly milk vouchers to Decker's Grocery - \$700

(for 18 backpacks for a year)

- Milk voucher for a year \$700
- Milk vouchers for a semester \$350
- Milk voucher for a quarter \$175
- Milk vouchers for a week \$20.60

Make donations payable to the Palmyra Presbyterian Church with a note in the memo to Bennet Backpack Program. Donations can be dropped by the school or mailed to the Palmyra Presbyterian Church, 1297 G Rd, Palmyra, NE 68418

*Thank you for supporting the  
Bennet Backpack Program!*



## Bennet Elementary School Supply List (all students need a Book Bag, Gym Shoes and Headphones)

Class	Must Have	May Not Bring
<b>Kindergarten</b>	Small plastic pencil box 12 large glue sticks A-M 1 box of quart size ziplock slider bags N-Z 1 box of gallon size ziplock slider bags 2 inch binder with clear sleeve on front cover 2 black dry erase markers	scissors pencil sharpener crayons markers
<b>First Grade</b>	12 Large glue sticks Small, plastic pencil box 24 crayons #2 pencils (a package of 12) 4 black fine tip dry erase markers	pencil sharpeners
<b>Second Grade</b>	#2 pencils (a package of 12) 12 Crayola Classic Washable markers Box of 24 crayons 2 Spiral wide rule notebook 2 large glue sticks Small plastic crayon box (5 ½ x 8) Clorox wipes 1 Pink, Yellow and Green Highlighter 2 Pink Erasers	pencil sharpeners mechanical pencils
<b>Third Grade</b>	#2 pencils (a package of 24) Box of 24 crayons 2 Large erasers 8 Large glue sticks 2 Spiral notebooks (70 page College Ruled) Scissors 1 inch 3 ring binder w/ clear front	large pencil boxes markers
<b>Fourth Grade</b>	#2 pencils 3 Spiral Notebooks 1 Pkg. Wide Ruled notebook paper 1- 1 inch 3 ring binder w/ clear front 1- 2 inch 3ring binder w/clear front 1 package of highlighters 1 package of 12 markers Elmers Glue Colored Pencils Clorox Wipes Box of 24 crayons	gel pens/ multicolored mechanical pencils no toys pencil boxes over 8x10
<b>Fifth Grade</b>	#2 pencils (a package of 24) White board eraser Dry erase markers 1 Pkg. of wide ruled notebook paper Clorox Wipes	large pencil boxes multicolored pens no toys
<b>Sixth Grade</b>	# 2 pencils Small pencil box Spiral notebooks/notepaper Crayola Washable markers Calculator (Optional)	gel/multicolored pens large pencil boxes no toys

# 8<sup>th</sup> Annual Palmyra High School Golf Scramble

ALL GOLFERS ARE WELCOME TO PARTICIPATE



## *Hidden Valley Golf Course*

10501 Pine Lake Rd Lincoln, NE 68526

[www.hiddenvalleylincoln.com](http://www.hiddenvalleylincoln.com)

**Friday, June 1<sup>st</sup>, 2018**

**9:00 a.m. Shotgun Start**

**Registration Deadline: Friday, May 18<sup>th</sup>**

*(Registrations after the deadline will be accepted if spots are available.)*

### **Details:**

- 4-person teams
  - Teams can be any mixture of men/women. Women and Seniors will use the appropriate tee boxes.
- Scramble format – **Cash Payouts** — Will be flighted as well. Flights depend on # of teams.
- \$65 per person fee – includes 18 holes of golf, cart, **LUNCH**, and unlimited range balls
- After the golf, we will stay at Hidden Valley for awards, food, drinks, etc...

**This year's challenge is again in the works... Prior years have seen a Hole in One challenge for a car, a putt for \$15k, this year???**

*(Info and Prize to be announced at tournament)*

*Par-3 holes will again be "\$\$challenge\$\$" holes.*

**To register your team, or for questions, email:**

**[maas.tvl@districtor1.net](mailto:maas.tvl@districtor1.net) (Coach Maas)**



## DISTRICT OR-1

PALMYRA JUNIOR-SENIOR HIGH SCHOOL--BENNET ELEMENTARY

402-780-5327 [www.districtor1.org](http://www.districtor1.org)

Robert Hanger  
Superintendent

David Bottrell  
Secondary Principal

Linde Walter  
Elementary Principal

Aaron Hoeft  
Activities Director

District OR 1 Kindergarten Roundup

Pre-Registration Form 2018-2019

Child's Name (First Last) \_\_\_\_\_ Male Female

Birth date (mm/dd/yy) \_\_\_\_\_

Parent Name(s) \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone (Home) \_\_\_\_\_ (Work) \_\_\_\_\_

(Cell) \_\_\_\_\_

**\*Please return this form at your earliest convenience to:**

Bennet Elementary

50 Dogwood

Bennet, NE. 68317

402-782-3535

**Save the Date for Summer Enrichment June 4th-21st.**

**Summer Enrichment will run Monday through Thursday from 9:00 AM to 12:00 PM and is offered to all students entering KDG through 6th grade.**

**DISTRICT OR-1 PUBLIC SCHOOL  
CALENDAR 2018-2019 adopted**

**August 2018**

SU	M	T	W	TH	F	SA
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

**August 2018**

- 6-Aug Start Fall Practice
- 8-Aug Faculty Inservice-8:00-4:00 .
- 9-Aug Faculty Inservice-8:00-4:00 .
- 10-Aug Faculty Inservice-8:00-4:00 .
- 13-Aug First Day of School

**January 2019**

SU	M	T	W	TH	F	SA
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

**September 2018**

SU	M	T	W	TH	F	SA
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

**September 2018**

- 3-Sep NO SCHOOL -Labor Day
- 18-Sep Dismiss @ 1:30 P.M. P-T conf. 2:00-8:00 P.M.

**October 2018**

- 15-Oct Start 2nd Quarter
- 18-Oct 1:30 Dismissal Fall Break
- 19-Oct Fall Break; NO SCHOOL

**November 2018**

- 12-Nov Start Winter Practice
- 21-Nov NO SCHOOL Thanksgiving Break
- 22-Nov NO SCHOOL Thanksgiving Break
- 23-Nov NO SCHOOL Thanksgiving Break

**December 2018**

- 21-Dec End of Second Quarter
- 21-Dec Dismiss at 1:30 for Christmas
- 24-Dec Winter Vacation December 22-January 1
- 22-26 Dec Five day moratorium period est. by NSAA

**January 2019**

- 1-2 2019 Winter Vacation
- 3-Jan School Resumes, Start 3rd Quarter
- 21-Jan Martin Luther King Day Teacher Inservice No School

**February 2019**

- 5-Feb Dismiss @ 1:30 P.M. P-T conf. 2:00-8:00 P.M.
- 8-Feb NO SCHOOL Winter Break
- 18-Feb Teacher In-Service No School
- 25-Feb Start of Spring Practice

**March 2019**

- 1-Mar NO SCHOOL Spring Break
- 7-Mar End of Third Quarter 1:30 Dismissal
- 8-Mar NO SCHOOL Spring Break
- 11-Mar Start 4th Quarter

**April 2019**

- 18-Apr Everyone Dismissed at 1:30pm for Easter Break
- 19-Apr NO SCHOOL; Easter Break
- 22-Apr NO SCHOOL; Easter Break

**May 2019**

- 11-May Graduation
- 15-May Elementary End of 2nd Semester Reg. Dis.
- 16-May End of Second Semester-1:30 Dismissal H.S.
- 17-May Teacher Work Day

Note: Early dismissal times of 1:30 will result in an elementary dismissal time of 1:10.

**February 2019**

SU	M	T	W	TH	F	SA
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

**March 2019**

SU	M	T	W	TH	F	SA
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

**April 2019**

SU	M	T	W	TH	F	SA
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

**May 2019**

SU	M	T	W	TH	F	SA
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

**179 student days**

**185 total for teachers**

Elementary End of 2nd Semester

Teacher days

Vacation Days

Parent Teacher conf.

Early Dismissal

2018-2019



Bryce Becker



Drew Bessey



Hunter Blackman



Grace Briley



Brady Campbell



Timmin Christian



Quinton Davis



Riley Dillon



Kord Haight



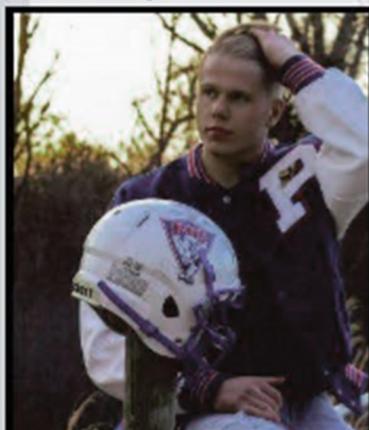
Daniel Harder



Justin Hennecke



Ryan Hoover



Landon Hornby



Madisen Jones



Jaden Jung



Brandon Knorr



Abigail Lewis



Baylor Lippold



Josie Mach



Tyson Martens



Kristopher Phillips



Mikayla Roeder



Cassandra Smith



Abigail Steiner



Wesley Steward



Rebeckah Taylor



Megan Vaughn



Anna Whyman



Thomas Doran

**Please join us in celebration of the graduating class of 2018. Ceremonies will be held at the Palmyra High School Gymnasium at 2:00 p.m. on May 12, 2018.**

**\* Class Flower: Red Carnation**

**\* Class Colors: Blue and Silver**