

PALMYRA



PANTHERS

School District OR-1

425 F Street, Box 130
Palmyra, NE 68418
402-780-5327 Fax: 402-780-5349
Superintendent: Rob Hanger
Secondary Principal: David Bottrell
Activities Director: Aaron Hoeft

Elementary Principal: Linde Walter
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www.districtor1.org Twitter: @OR1_Panthers

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District OR-1 Newsletter
District OR-1 Public Schools
August, 2016

*****ECRWSS*****

**Local
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*Together, we prepare our students to successfully meet
the challenges of the future.*

Foundation For Knowledge, District OR-1

2015

Since our beginning in December of 1998 -

\$567,000 – Contributions - you have contributed to The Foundation For Knowledge.

\$192,650 – Scholarships – 165 students from your community have been assisted with their post-secondary educations.

\$74,550 – Staff Development – helping to make District OR-1 one of the highest ranked and best trained teaching Staff's in the state of Nebraska.

Graduation Rate – District OR-1 has achieved one of the highest graduation rates in the State.

Post-secondary Education – the vast majority of District OR-1's students go on for further education that will help them for the rest of their lives.

\$12,600 – School Support – Assisting school programs, and support for students representing District OR-1.

\$326,000 – Invested Market Value – For endowed commitments.

With your help The Foundation For Knowledge's investment account ensures that your contributions will be available for the future of your community.

With your support we will continue our work for the future of your community

Foundation For Knowledge District OR-1 - P. O. Box 130, Palmyra, NE 68418

Enclosed is my/our individual gift corporate gift _____

(corporate contact person)

of \$ _____ to the Foundation For Knowledge District OR-1

-OR-

I/We pledge \$ _____. Enclosed is my/our payment of \$ _____.

Balance paid by _____, 20 ____.

To validate your pledge, your signature is required _____

Name _____

Address _____ Phone _____

City _____ State _____ Zip _____

If an alumni of Palmyra/Bennet School, please list year _____

Please make checks payable to - Foundation For Knowledge District OR-1

Thank you for your investment in the future.



PANTHER NEWS

NEWS

District OR-1 Public Schools
425 F Street
Palmyra, NE 68418
<http://www.districtor1.org>

Serving the Communities of Bennet, Palmyra, and Douglas, NE

August, 2016

- Superintendent Notes
- Teammates
- Tips for a successful year
- Foundation for Knowledge
- Busing Information
- 2016-2017 Calendar

Superintendent Notes...by Robert Hanger

NOTES FROM MR. HANGER

Welcome to the 2016-2017 school year. As the excitement of the new school year builds, I am pleased to say that District OR-1 has been actively engaged in a number of facility improvements and upgrades throughout the summer months. The primary focus has been on work to renovate classroom space at Bennet Elementary and to also begin the process of constructing the classroom addition that will bring the Pre-K rooms inside of the main building structure as well as new space for Kindergarten and flex rooms throughout the building. In Palmyra, the focus has been on design work. As you may be aware, the initial design and construction proposals were over the allocated project amount. I wish to thank our Board of Education and personnel from Clark Enersen for completing a timely redesign of the project that did not compromise the integrity or scope of construction focusing on modifications and not specification changes. The Board has spent countless hours of design work to make all of this possible. Palmyra bids are due on August 11, 2016. We will continue to provide updates via the web page, so stay tuned. You can view the design and panoramic pictures at our website at: <http://www.districtor1.org/vnews/display.v/ART/577d26aab94ea>



The months of June, July, and August are a busy time for us as we prepare buildings for the new school term. Our staff have had the opportunity to engage in professional development including but not limited to 8 to Great training and work in a variety of curricular content areas that will provide exciting and innovative instructional upgrades for our students. Additionally, I am extremely proud of our summer school staff who spent

Activities ...Mr. Hoeft

The Activities Calendar for the 16-17 school year is viewable by using the school website and scrolling to the bottom of the main page. At the bottom of the calendar you can click the “+Google Calendar” to add it to your personal calendar. Unfortunately the link now changes each year, and one must subscribe to the calendar on a yearly basis. Another option is to download the “rSchool” app from your app store. Do a search for “Activity Scheduler” and follow the set up options for viewing our school’s calendar.



Sports Physicals

If you are in grades 7-12 and plan to participate in a fall sport for the upcoming 16-17 school year, you must have a current physical on file in the office prior to the first practice. An NSAA permission form is also needed on file prior to the first contest. Both the physical form and NSAA form can be printed from the school website under the HS Athletics tab.

Fall Activities

High school football conditioning- Aug 1st through Aug 5th @ 8:30am on FB field
-Contact Coach Maas with questions
August 8th - Start of Football Practice
August 15th - Start of Girls Golf Practice
Coach Swartzendruber will be contacting athletes with information pertaining to volleyball conditioning and practice.

Superintendent: Rob Hanger
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...Continued on next page.

many hours working to provide instruction to our largest ever group of students who took part in the three week session in June. Mrs. Walter and our summer school staff at Bennet Elementary are to be commended for designing an exceptional program while construction was taking place. Also, during 2015-2016 the curriculum committee spent time comparing our current grade scale and graduation requirements to schools across the state. The findings were interesting in that the committee of teachers, administrators, and Board members determined that we are right where we should be in terms of our course requirements, grading scale and over all rigor for graduation requirements. Thank you committee members for your time affirming that our requirements, standards, and procedures are in keeping with our District mission.

I would like to take time to introduce our new instructional staff for 2016-2017. New staff include Taytum Barbur K-12 Special Education and Jillian Kepler K-6. Please take some time to welcome our new staff to the District OR-1 family.

The high school continues to augment dual credit courses in our partnerships with Northeast Community College, Southeast Community College, and Peru State College. Courses include but are not limited to: Composition 150, academy courses in the areas of Health Science, Business and Informational Technology, and introductory education courses and Algebra. This partnership allows students to begin coursework in a postsecondary setting prior to graduating from Palmyra Senior High School. The program also provides the opportunity to engage students with online asynchronous coursework while they have the support of personnel on our campus. We are closely monitoring a national trend that would impact the certification process for dual credit instructors in a negative manner. We are currently working with the Nebraska Rural Community Schools association to review the proposal, extend the deadline for certification, and then provide an alternate manner of certification that would not negatively impact our students, particularly those in a rural setting.



The District remains focused on technology as we are nearing completion of a lengthy process reviewing current devices that include iPads, Chromebooks and other tablets for their functionality, price, and ease of use in a 7-12 setting. That committee will be reporting their findings to the Board this fall.

District OR-1 continues to emphasize character education as a backbone of our instructional process. High School students benefit from instruction in the 8 to Great Fundamentals. Second Step for grades K-8 places a focus on specific character traits and skills related to empathy, managing anger, and developing problem solving skills, increased attention spans, and distraction avoidance. This curriculum augments the Character Counts program at Bennet Elementary for grades K-6. District OR-1 students will continue instruction from the Second Step Bullying Prevention curriculum targeting upper elementary students. This program includes teaching staff and students how to recognize, respond to, and report bullying.

Returning to school after the busy summer season means that our thoughts turn to beginning the new school year and a daily routine that includes a fresh start in courses and activities. Students and staff are always invigorated to begin anew with energy and enthusiasm each academic year. Students should also

renew their focus on organizational skills in order to ensure success. In most small schools our students are busy managing course work, study time and an activity schedule. I am reminded of the “Seven Habits of Highly Responsible Students” as published in a brochure outlining tips for student success. They include the following:

1. They set goals.
2. They plan their time.
3. They study every day.
4. They take notes in class.
5. They have the tools they need (paper, pencils, etc.).
6. They keep their commitments.
7. They get ready ahead of time.

As I begin my 31st year in education I would like to wish everyone the best in 2016-2017. Continue to take advantage of the many opportunities available at District OR-1 and be productive and positive in your relationships and studies. Working together we will continue to move the district forward. GO PANTHERS!

WELCOME BACK!

The 2016-2017 School Year will kick off on **Monday, August 15th** for students in grades K– 12. As a reminder, the first day will be a full day of school.

Social Emotional Learning at District OR 1. By Michael Chaffee, School Counselor

What does it take to create students who are excellent workers and well-rounded citizens? Statistically, comparing our student scores with other schools of our size, we are doing an excellent job of providing a basic education to our PK through 12th grades. We have a wonderful cadre of teachers and staff who put their hearts into their work and, very importantly, relationships with students. Our collective, continual conversation often revolves around making our students “college and career ready.” The college component is obvious as we meet or exceed state standards and promote academic excellence. What is often discussed, but not clearly defined, is “career readiness.” Our Nebraska State Board of Education is very helpful with their definition:

“A career ready person capitalizes on personal strengths, talents, education and experiences to bring value to the workplace and the community through his/her performance, skill, diligence, ethics and responsible behavior.”

The Career Readiness definition adopted by the NE State Board of Education on 5/5/2010.

A key component in preparing our students to “successfully meet the challenges of the future” and to become “college and career ready” is something called Social Emotional Learning, or SEL. Basically, it is the ability to self-reflect, recognize one’s emotions, get along well with others, and get things accomplished. In District OR 1, students are exposed to SEL at every grade.

Grade Level Character Education and Career Ready Experiences

Pre-School and Kindergarten: Using the Second Step curriculum from Committee for Children, the research based 25 lessons are grouped into three major components: Empathy Training, Emotion Management, and Problem Solving. Basically, children learn to identify their feelings, manage their emotions (especially anger), and apply problem solving steps.

1st Grade: Utilizing the Second Step curriculum, the 22 lessons cover three major components: Empathy Training, Impulse Control and Problem Solving, and Anger Management. Basically, children learn to identify their feelings, reduce impulsive behavior by using problem solving steps, identify anger and use relaxation techniques to calm themselves down.



2nd Grade: Following Second Step curriculum, the 19 lessons cover three basic components: Empathy Training, Impulse Control and Problem Solving, and Anger Management. Basically, children learn explore their feelings and recognize the feelings of others, reduce impulsive behavior by using calming down techniques. They also learn to identify anger and deal with criticism.

3rd Grade: Using the Second Step curriculum, 15 lessons cover three major components: Empathy Training, Impulse Control and Problem Solving, and Anger Management. Students learn explore their feelings and engage in active listening and how to express concern. They also learn how to initiate, continue and conclude a conversation in a friendly way. Children also learn to identify and manage anger, as well as and deal with accusations and disappointment.

4th Grade: In Second Step curriculum, the 22 lessons cover three major components: Empathy Training, Impulse Control and Problem Solving, and Anger Management. Students learn explore their feelings and recognize how these change over time. They also learn how to initiate problem solving solutions with others and take responsibility for their actions. Students also learn to identify and manage anger, as well as reflect and evaluate performance in stressful situations.

5th Grade: The Second Step curriculum continues, offering 22 lessons cover three major components: Empathy Training, Impulse Control and Problem Solving, and Anger Management. Students review the basic concepts of empathy, exploring their feelings, taking other’s perspectives, and responding empathetically to others. They also learn how to resist the temptation to lie and to deal with peer pressure. Students are taught to deal with frustration, accusation, resisting revenge, as well as keeping out of a fight.



6th Grade: Using the Second Step curriculum, the 15 lessons cover five major components: Empathy and Communication, Bullying Prevention, Emotion Management, Problem Solving, and Substance Abuse Prevention. Students learn explore their feelings and engage others in active listening and learn how to express concern. They al-

so review how to initiate, continue and conclude a conversation in a friendly way. They also learn to recognize and identify bullying and discover ways to prevent it. Students also learn to define *addiction* and understand its dangers, taking in consideration how abusing unsafe substances may destroy life and a hope-filled future.

At the junior high and high school level Social Emotional Learning continues, along with career readiness topics.

Grade 7: The Second Step curriculum entitled “Steeping In,” developed for 7th grade middle school students is used. The 15 weekly lessons are grouped into four major components: Empathy and Communication, Bullying Prevention, Emotion Management, and Substance Abuse Prevention. During the daily Advisory period students will be introduced to “Know How to Go” material produced by EducationQuest to increase college attendance. 7th graders will also attend the S.A.I.L. (Students Accelerating in Leadership) conference in February sponsored by Partners for Otoe County.

Grade 8: The Second Step curriculum entitled “Stepping Out,” developed for 8th grade middle school students is used. The 15 weekly lessons are grouped into five major components: Empathy and Communication, Bullying Prevention, Emotion Management, Goal Setting and Substance Abuse Prevention. During the daily Advisory period students will be introduced to “Know How to Go” material produced by EducationQuest to increase college attendance. Students begin to create a long-range plan to include academic and scholastic course work, but also to determine post-secondary options and interests.

Grade 9: This educational component usually takes place during a special Wednesday morning time block. Currently, we offer a curriculum entitled “8 to Great.” Essentially, 8 to Great it is Cognitive Behavioral Therapy put into a curriculum format. It is an excellent resource to encourage wisdom, personal accountability and reflection. The strength of this curriculum is that it offers a creative way of addressing the need of maturing students to navigate life, focusing on one’s personal passions and responsibilities. It is built around eight “highways.” The eight highways are: 1. Get the picture (find your passion or dream) 2. Risk (what would you do if you had no fear?) 3. Full Responsibility (take full responsibility for your life, stop

complaining and blaming others) 4. Feel all your feelings (allow yourself to process the full range of your emotions and deal with them appropriately). 5. Honest communication (listen for what you need and ask for it) 6. Forgiveness of the past (let go of the pain of the past for yourself and others). 7. Gratitude for the present (being grateful releases a positive power for daily living) 8. Hope for the future (practice resilience, never give up). More information concerning 8 to Great can be found at their website:

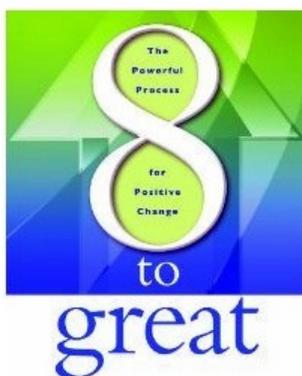
www.8togreat.com. The Freshman class begins the 8 to Great curriculum, getting an overview of the course, but emphasizing highways 1-4. Toward 3rd quarter, EducationQuest materials are introduced to increase awareness of college and career options for post-secondary planning.

Grade 10: Sophomores use the 8 to Great curriculum, receiving an overview of the course, but emphasizing highways 5-8. In the fall, all sophomores take the PSAT to experience a college prep exam and forecast possible scores for the SAT and ACT. Additionally, they use EducationQuest materials to increase awareness of college and career options for post-secondary planning. Each of the students will create a “profile” on the EducationQuest website and begin a resume. Speakers from area businesses and colleges, as well as military recruiters, will come to emphasize the importance of having a post-secondary plan.

Grade 11: Juniors continue to use the 8 to Great curriculum, presenting an overview of the course. Additionally, they use EducationQuest materials to increase awareness of college and career options for post-secondary planning. Each of the students will create a “profile” on the EducationQuest website and complete a resume and personal

statement for use in college admittance and job applications. All juniors will attend the Financial Aid Workshop by EducationQuest at PHS in the fall. Students will take the StrengthsFinder inventory from Gallup and develop a life goal based on their personal strengths. The ASVAB test is given in November to assist student career options. Speakers from area businesses and colleges, as well as military recruiters, will come to campus and increase awareness of having a post-secondary plan. Juniors plan to attend a college fair and visit a college campus.

Grade 12: Seniors will review the 8 to Great curriculum, emphasizing personal application. They will also use the NDE Habitudes for Career Readiness by Dr. Tim Elmore. Attend the Financial Aid Workshop by EducationQuest at PHS in November. Each of the students will create a “profile” on the EducationQuest website and complete a resume and personal statement for use in college admittance and job applications. Plan to attend a college fair and visit a college campus. Speakers from area businesses and colleges, as well as military recruiters, will come to increase



awareness of having a post-secondary plan. Computer lab time is offered for students to do research, write personal statements, and complete college, job or scholarship applications.

As you can see, District OR 1 provides an excellent, well-rounded education, including Social Emotional Learning, for all of our students and families. Each year we seek to improve the kind and quality of education we offer our community, seeking to help our students become “college and career ready” and to successfully navigate the challenges they face today and tomorrow.

BUS ROUTE INFORMATION

We have been busy working on bus routes for this year. Surely, it is hard to believe that school will already be starting on Monday, August 15th. If your family is on an identified bus route, your bus driver will contact you approximately one week before school starts with your pick-up time. If you are new to the district and requesting bus service, please contact Cathy Fick (contact information below) right away to ensure your family can be added to the routes.

As we begin the year, routes and times may not be permanent until we get everyone needing bus service registered. Times will vary the first week of school, depending on who is riding, etc. Please be patient. After the first week, times should stabilize. Please be aware of the following policies:

—The bus drivers can only wait one minute for students to get on the bus, so please have your student ready and waiting at their scheduled time.

—After one minute the driver will proceed on to the next stop.

—Please call your bus driver or Cathy Fick 780-5636 or 540-2879 if your child will not be riding on any given day. Please leave a message if there is no answer, as our routes do not have complete cell service. If needed you can text.

—Please try to call the night before if possible. If not, please call at least 15 minutes before your scheduled pick up time. Even when you call the school, please call the driver as well. Phones are only answered at school from approximately 8:00 a.m. to 4:00 p.m.

—When school begins at 10:00 a.m. due to inclement weather, your new pick-up time will be approxi-

mately an hour and 45 minutes later than normal.

—If you are on Vicki/Jame’s route, we request that you always contact Cathy, as they have alternating schedules. Cathy will ensure the correct driver is notified.

—Please send a note with your child for any alternate plans for the bus. For example, if your student is not riding home, if your child is going home with another student, or if your child is having a friend go home to your house. If students do not have a note, requests from the students for changes will not be honored. In lieu of a note, parents may call Cathy or their school office prior to 3:00 p.m. to make a change in afternoon plans. No calls will be accepted after that time as buses may be in route and calls cannot be taken.

—No food or drinks on the bus will be allowed except for bottled water. This rule includes suckers, sunflower seeds, and gum as they create a mess that is difficult to clean. Skateboards, spray-like deodorant or perfume, and cell phone usage (unless it is a call from parents) are also prohibited. Please, have your student alert the driver of a call as soon as the call is answered. Your student must let the driver know prior to initiating a call to the parents.

—Drop off times after school can vary depending on who is riding the bus that afternoon, so we ask that you are flexible after school.

—If your child has a health issue of which you feel the bus driver should be aware, please let Cathy know.

—Please observe parking restrictions and times in the drop-off areas at both school buildings.

—Please note that circle drives are closed from 7:30-8:15 a.m. at PHS and 7:30-8:30 a.m. and 2:30-4:15 p.m. at Bennet to accommodate safe loading and unloading of students.

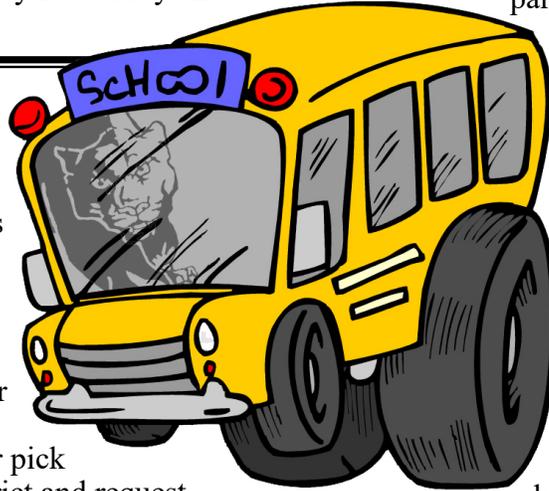
—If you have any questions or problems, please call Cathy. If your child experiences any concerns during the year, please call. As throughout the entire district, we are committed to safety and providing an outstanding educational experience for your child.

Thank you for your help and patience.
Cathy Fick home: 780-5636 cell: 540-2879 (call or text)

YOUR BUS DRIVER(S) IS(ARE)

PICK UP TIME IS _____

BUS DRIVER PHONE NUMBER



They're Here! They're Here!

May 16th, 2016

By: Mrs. Ourada & Mrs. Sullivan

They're here! They're here! The fourth graders are excited to announce that 19 baby chicks hatched out of 24! The students learned how much food and water the chicks needed on a daily basis and how to handle them. To culminate the Embryology Project, the fourth graders invited the Kindergarten classes to come for a visit. Students were responsible for teaching the Kindergarteners how to take care of the chicks and then demonstrating how to properly hold one. Everyone had a blast!



For all 7-12 cross country runners and their families:

On Saturday, August 13th at 10:30am at the Bennet park, all 7-12th grade cross country runners will participate in a Scavenger hunt.

Runners need to report by 10:15am.

At 11:30am sandwiches, sides, dessert, and water will be provided for all runners and their families as a thank you for the hard work put in during the summer.

Families need to email coach Trausch at: trausch.mik@districtor1.net if they plan to attend, so we have enough food.

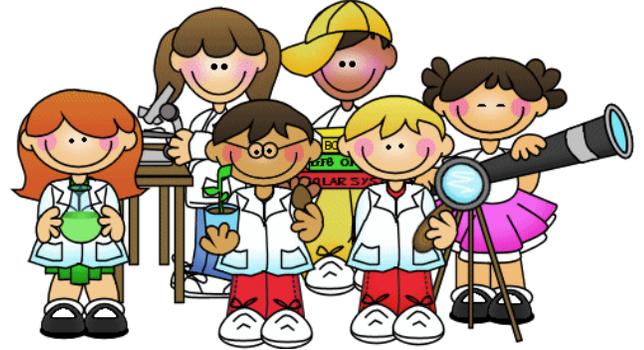
WELCOME BACK!

The 2016-2017 School Year will kick off on **Thursday, August 15th** for students in grades K– 12th grade. The first day will be a full day of school.

BENNET ELEMENTARY:

Elementary School hours will continue to be from 8:20 a.m.- 3:20 p.m. **On the first day, parents and students in kindergarten will report to the school cafeteria.** Parents and students in grades one through six will report to the school gym at 8:30 a.m. for a short assembly. Following the assembly students will report to their classrooms with their teachers.

Preschool parents and students will report to the preschool on Monday, August 15th for their first day. Morning session will begin at 8:00 a.m. and the afternoon session will begin at 12:00 p.m.



PALMYRA JR/SR HIGH SCHOOL:

High School hours will continue to be from 8:10 a.m. – 3:37 p.m. On the first day, all 7-12 students will report to the high school gym. Students should pick up their schedules and locker assignments from staff members. Following a short assembly, students will report to their first period classes.

PLEASE CONTACT THE SCHOOL:

Please contact the school if your child has been attending Bennet Elementary or Palmyra Jr/Sr High School and will not be attending this year. Also, if you have moved into the district this summer and your child has not registered, please call as soon as possible to 402-780-5327.

GETTING OFF TO A GOOD START:

Summer is nearly over and the beginning of a new school year is in sight. The beginning of a new school year is an exciting time for students and teachers alike. It is an opportunity to get a fresh start and to take advantage of the educational opportunities available. Nearly everyone looks forward to the challenge of the new year, and we all come prepared to give it our best and improve upon any shortcomings we may have had from the previous year. Please encourage your favorite student to make the most of this opportunity.

BUSING INFORMATION:

Bus routes are in the process of being finalized. This year we will continue to pick up elementary students before school from the Bennet Church. The approximate pick up time at the Bennet Church will be 8:10. We will be adding a stop in Bennet on Garden Street. Parents of students who are on country bus routes will be receiving a call from their bus drivers during the week before the start of school. They will give you approximate pick-up and drop off times for your children. **If you are new to the district and desire bus transportation, please contact Cathy Fick at 540-2879 or 780-5636.**

PHYSICAL EXAMINATIONS AND IMMUNIZATIONS REQUIRED:

Nebraska State law requires that all students entering kindergarten or grade seven and all new students from out-of-state show evidence of having received a physical examination by a qualified physician within six months prior to enrollment. Evidence of this examination must be presented within 30 days of beginning enrollment unless the parent/guardian declares in writing his/her objection to the physical examination. The cost of the examination shall

be borne by the parent. All students in grades 7-12 who are out for any kind of sport must show evidence of a physical examination before they may participate in the sport. Physical examination forms are available at the office or on line at www.districtor1.org.

ACTIVITY PASSES:

Activity pass are available for students and families. These passes will get you entrance into all PHS activities except Main Stage Play and Musical. Activity pass prices are:

\$125 for a family pass

\$50 for an adult pass

\$30 for student passes

Students 7-12 are required to pay the \$30 activity fee to participate in activities at PHS.

(The family pass does not cover this fee)

IMMUNIZATION INFORMATION for 2016-17 is included in this mailing.

Students must show proof of immunization upon enrollment in District OR 1 Public Schools. Any student who does not comply with the immunization requirements will not be permitted to continue in school. Students with medical conditions or sincerely held religious beliefs which do not allow immunizations may complete a waiver statement which is available in school health offices.

Students with a signed waiver statement may be excluded from school in the event of a disease outbreak.

SCHOOL LUNCH/BREAKFAST:

Our lunch accounting system is set up so that each family has a single-family account. Parents are expected to send money to be deposited in this account similar to a bank account. Their child/children in both the elementary school and the Jr.-Sr. High School will be able to spend that money for lunches or a la carte items. Expenditures will be deducted from the balance of the family account. The accounting system records when kids eat and how much was spent. When the account gets low the school will notify parents so that they can maintain a balance in their family account. Should the family account be exhausted, students will be expected to pay for their lunches prior to consumption.

Lunch & Breakfast Information

A carton of milk will be \$.35 for K-3 recess milk or for milk to accompany a sack lunch.

Breakfast prices will cost \$1.70 for students in grades K-6.

Breakfast prices will cost \$1.95 for students in grades 7-12.

Lunch prices will be \$2.35 for students in grades K-6.

Lunch prices will be \$2.45 for students in grades 7-12.

It will be very important to talk about the menu with your child each day so they are prepared with the decisions they have to make when going through the serving line.

Recess Milk Prices and Payments

The cost of recess milk will be \$.35 this year. Again this year we will include the cost of recess milk in your family lunch bill. Each day your child has milk after recess, we will charge it to your family lunch account. You will no longer have to pay for recess milk separately. **It is very important that you notify the school if you do not want your child to have recess milk, otherwise she or he will receive milk.**

The Breakfast Schedule

The Breakfast program will start on Tuesday, August 16th. **No breakfast will be served on the first day of school.** If you have any questions about the school breakfast program please feel free to contact either school at 402-780-5327.

In order to serve more students in an efficient manner, we are going to have students from elementary and high school eating in both buildings. Breakfast will start at 7:30 a.m. at Palmyra High School and 7:45 a.m. at Bennet. Please note that District OR 1 school buildings open at 7:30 a.m. for HS students and 7:50 for Elementary Students not in the Rec. Program. Please do not arrive prior to that time.

Bennet country bus students and junior high and high school students will be able to start eating breakfast at 7:30

a.m. in Bennet. High school and junior high students will be served first, so they may eat and get on the bus. Elementary students from the Bennet country buses will be served after the high school students.

Palmyra town students and country students may start eating breakfast in Palmyra at 7:30 a.m. Palmyra town students must eat in Palmyra and be finished in time for the shuttle bus to Bennet at 8:05 a.m.

Elementary students from Douglas and Palmyra country bus students will eat at Bennet when they get off of the shuttle at 8:25a.m.



The Lunch Schedule

Students will be told what time they go to lunch on the first day of school. Both the Bennet Elementary and Palmyra Jr/Sr High School campuses are closed, students may not leave for lunch.

STUDENT RECORD POLICY

District OR-1 Public Schools is required by Federal law to notify parents of students, and eligible students (a student who has attained eighteen years of age), that the school does maintain personally identifiable data on students enrolled in District OR-1 Public Schools. Parents of students and eligible students have the right to inspect and review the educational records of their child or children and to challenge the contents of the records as inaccurate or misleading.

Any parent of a child or an eligible student who is or has been in attendance at District OR-1 Public Schools who desires to inspect and review his/her child's education records should contact either the custodian of records at the school or the office of the superintendent.

Notice is hereby given to parents of students and eligible students that the personally-identifiable information designated by District OR-1 Public Schools as directory information is as follows: the student's name, grade, address, email address, telephone number, date and place of birth, dates of attendance, the image or likeness of the student in pictures, video or other film or medium, height, weight, most recent school attended, position in the group, experience in the group, candidacy for graduation, and/or the list of academic and/or activities achievement including, without limitations, honor rolls, scholarships earned, activity honors, and awards earned in connection with current school activities or class work which may be published on the internet.

Parents of the student, and/or eligible student, have the right not to permit the foregoing designation of any or all of the categories of personally-identifiable information, with respect to that student, as directory information, by informing District OR-1 Public Schools in writing, within four weeks after the commencement of the school year. If you have questions about the records policy of the school, please contact the office of the Superintendent at 402-780-5327.

PARENT NOTIFICATION OF TEACHER QUALIFICATIONS

School districts that receive Title I funding are required to inform parents that they have a right to know the professional qualifications of their children's teacher(s). Therefore, parents in the District OR-1 School District may request to know the qualifications of their child's teacher(s). As a parent, if you would like to receive specific teaching credential information about your child's teacher(s), please contact the office of the Superintendent at 402-780-5327. Please give the office at least five school days to contact you with information about the credentials referenced.

DISCLOSURE OF STUDENT RECRUITING INFORMATION

Federal Law requires schools to provide military recruiters and institutions of higher education access to secondary school students' names, addresses, and telephone listings. Parents and secondary students have the right to request that District OR-1 not provide this information to military recruiters or institutions of higher education, without their prior written parental consent.

FEDERAL HANDICAPPED CHILDREN'S ACT

District OR-1 requests your help in locating handicapped children. The school implements the Federal Handicapped Children's Act (PL-94-142 which guarantees a free appropriate educational program for all children between the ages of 0 and 21 years of age). If you have a student or know of any young person with special needs between 0-21 years of age that is not enrolled in an appropriate education program, please contact either school.

ANNUAL ASBESTOS NOTIFICATION:

Federal regulations require all schools to inventory asbestos containing materials (AMC) in their buildings and annually inform patrons and employees of the existing management plan.

The plan for District OR-1 is available for inspection to the general public, teachers, and other school personnel. The plan is available for anyone to look at, or if you wish to have a copy, you may have one within 5 days of your request for the cost of duplication.

The plan for District OR-1 has also been submitted to the Nebraska Department of Health, Divisions of Environmental Health & Housing Surveillance, in accordance with Federal Regulations.

NOTICE OF NON-DISCRIMINATION:

NONDISCRIMINATION IN EDUCATION PROGRAMS AND ACTIVITIES

Palmyra District OR1 does not discriminate on the basis of race, color, creed, national origin, sex or gender, disability, marital status, pregnancy, childbirth or related medical condition, or age in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. The following person has been designated to handle inquiries regarding the non-discrimination policies: Robert L. Hanger, Superintendent, Palmyra District OR1, 425 F Street, Palmyra, NE 68418-0130, (402) 780-5327.

PALMYRA JR/SR HIGH INFORMATION

NEW STUDENT REGISTRATION & 7th GRADE SCHEDULES:

All students new to Palmyra Jr./Sr. High School and any incoming 7th grader who has not registered should plan to do so on Friday, August 12th from 1-3 pm at the high school. 7TH graders who attended orientation last spring are also welcome to come to school from 1-3 pm on Friday, August 12th to pick up schedules and locker numbers/combinations and get reacquainted with the building.



STUDENT SCHEDULE CHANGES:

For students who need to make changes to their class schedule aside from study halls, please contact the guidance office. Study Halls are not put into the schedule at this time. Students do not need to come in to schedule their study halls. If any other changes are needed, the following times are available:

Monday, August 8th – 9:00 a.m. – 4:00 p.m.

Tuesday, August 9th - 9:00 a.m. – 4:00 p.m.

Wednesday, August 10th - 9:00 a.m. – 4:00 p.m.

JUNIOR AND SENIOR HIGH SPORTS:

In order to participate in sports programs, students are required to have a physical before they may participate. Parents will want to be sure that is taken care of before the first day of practice. Students must also have an NSAA (Nebraska School Activities Association) Student and Parent Consent Form. This form will be distributed the first day of school.

BENNET ELEMENTARY INFORMATION

WELCOME BACK to the 2016-2017 school year. Bennet Elementary has been a very busy place this summer with construction beginning both outside and inside. Some of the changes you will notice at the elementary are: new carpet, paint, ceiling tiles, a secure entrance, and a sprinkler system installed. This is an exciting time, and I am anxious for students to be back in the building! I am looking forward to working with everyone to ensure the children at District OR 1 Bennet Elementary achieve their highest potential.

Bennet Elementary uses a school wide positive behavior plan that allows staff to use common language and consistent expectations within the school environment. The school will continue to follow the 4 B's of Learning: Be an Active Learner, Be Respectful, Be Responsible, and Be Safe. Behavior Matrices are posted throughout the school that list specific expectations for behaviors throughout the school day. We believe that children need to learn in a caring and safe environment that is free from distraction and disruption. More information will be handed out on the first day of school.

I hope you enjoy the rest of your summer and I will see everyone in August. If there is anything I can assist you with, please feel free to let me know. Thank you, Mrs. Walter

BENNET ELEMENTARY SUMMER ENRICHMENT:

Bennet Elementary had a wonderful turnout for the 2016 Summer Enrichment program. Our numbers this year were at 117 students attending the summer school session. The theme for the summer was, "Going For The Gold." All grade levels participated in math, reading, and writing activities that focused on the Olympics.

CLASS LISTS POSTED:

Class lists will be posted on the windows of the Bennet Elementary gym door and the front doors at Palmyra High School entryway on Friday, August 12th after 3:00 p.m. Students and parents may come up to the school and check to see whom their child's teacher will be. On Monday, August 15th when students arrive for the first day, they will check to see who their teacher is, if they have not done so, and then enter the gym to go sit on the bleachers where their class is sitting. Signs for each teacher's class will be posted on the east wall of the gym above the bleachers. Staff members will be at the entry of the gym to help direct students to their correct class. There will also be a section in the west bleachers for parents to sit. Just a reminder, parents of students in kindergarten will report to the cafeteria.

BENNET ELEMENTARY OPEN HOUSE:

Bennet Elementary will not be hosting an Open House before school starts this year due to construction. Thank you for your understanding with this.

KINDERGARTEN CLASS LISTS:

Parents of Kindergarten students should receive a letter from Mrs. Nitzsche, Mrs. Dvorak, or Mrs. Wusk by Wednesday, August 10th letting them know of their class assignments and other information. If you do not receive a letter by August 10th, please contact the school as soon as possible, so we may get the information to you.

*If you have not turned in your child's paperwork for Kindergarten, please drop it off at the elementary office beginning August 8th or mail it to the school.

KIDS CONNECTION PROGRAM:

Kids Connection is a health insurance program developed by the State of Nebraska as an extension of Medicaid. Its purpose is to provide coverage to uninsured children across the state.

Kids Connection provides well-care for your child in helping to prevent diseases, finding and treating problems early, and maintaining good health and development.



Regular check-ups include:

- *baby check-ups and baby immunizations
- *yearly check-ups for school-age children, including school/sports physicals
- *immunizations for school-age children
- *dental check-ups and dental sealants
- *vision and hearing tests.

Kids Connection also provides medical care for injuries and illnesses as early as possible. This is essential in treating or correcting health problems.

Treatment includes doctor's visits, lab tests/x-rays, counseling, medications, dental treatment, hospital care, eye-glasses, and specialty service for children with disabilities or chronic health conditions.

Your child's eligibility to have health coverage through Kids Connection is based on your family's income and citizenship. Children can be eligible:

- *if they are under age 19.
- *if they were born in the United States or are legally admitted aliens.
- *even if both parents live at home.
- *even if one or both parents work full-time.
- *even if their family already has some type of health insurance.

Applications for Kids Connection are located in the school office. Please call the school if you have any questions regarding Kids Connection.

BEFORE AND AFTER SCHOOL RECREATION PROGRAM:

Bennet Elementary will continue to offer a before and after school recreation program. Starting on Monday, August 15th, for a fee, school age children attending Bennet Elementary may take part in this program. **An evening registration will be held on Tuesday, August 9th at the Bennet Preschool from 6:00-7:00 PM.** If your child will be attending the before or after school care program, please stop by the school to register your child.

- Times: 7:00 –8:20 a.m. and 3:30 – 5:30 p.m. We will also offer drop in service for those students that are pre-registered. Students not pre-registered will not be allowed to participate.
- Cost: \$2.65/hr per child. Time is kept to the nearest 15 min. increment. A minimum of one hour's time will be charged for after school participation.
- Payment: Prepayment is made in blocks of \$25.00 or more. There will also be a \$25 non-refundable registration fee at the beginning of the year.
- Supervision: Students will be supervised by at least one adult. Additional help will be hired if needed so student-to-supervisor ratio doesn't exceed 15 to 1.
- Structure: Activities will be offered such as board games, gym games, computer lab time, crafts, and playground fun. Study time and help for those that desire it will be available also. In addition, students will be offered an after school snack and be eligible for school breakfast in the morning. The cost of breakfast will be additional.

LITTLE PANTHERS PRE-SCHOOL:

Classes for Little Panthers Pre-School will begin on Monday, August 15th. An Open House will be held on Friday, August 12th from 4:00 to 7:00 p.m. The pre-school is for 3 and 4 year old students in the school district. There are two class sessions. The morning session runs from 8:00 –11:30 a.m., with an afternoon session running from 12:00 – 3:30 p.m. Each class session will receive a meal and a snack as part of the program. Ms. Brittany Draeger is the head teacher this year. Currently the pre-school is full. Contact Bennet Elementary School at 402-782-3535 for more information.

CLASS BUNDL

Bennet Elementary School has again partnered with ClassBundl to help you with your school shopping! No lines, no shipping fees, and no hassle. Get class bundling from June 1st through the first week of school by following three simple steps:

1. Go to ClassBundl.com and search for our school.
2. Order the classroom-specific bundle.
3. Supplies are shipped directly to your door with no fees.



BONUS: BENNET ELEMENTARY RECEIVES FIVE PERCENT CASH BACK FROM CLASSBUNDL.COM. Purchase at ClassBundl.com and you skip the checkout lines!

Mark Your Calendars!

Tuesday, August 16th, 2016

Gather family and friends to enjoy the Texas Roadhouse atmosphere and food. The District OR1 Foundation for Knowledge will hold its annual Foundation Family Night. Between the hours of 5:00 p.m. and 9:00 p.m., the Foundation will receive 10 percent of the total receipt from Panther Supporters.





Bennet BackPack Program

Bennet BackPack Program Notes:

The Bennet BackPack Program will be offering a backpack of food each week during the school year to qualifying families. Families that participate in the Free and Reduced lunch program qualify for the Bennet BackPack Program. The Bennet BackPack Program is fully funded for the 2016-17 school year. We have food for 18 families again this year.

The following information tells how you can participate and receive a backpack of food each week through the school year. It also tells how to support the Bennet BackPack Program through donations and volunteer opportunities.

Bennet BackPack Program Participants

Note to those interested in participating in the Bennet BackPack Program! If you qualify for the free and reduced lunch program you qualify for the backpack program. Please fill out the “Sharing Information Sheet With Others” included in this newsletter to get signed up for the program. If you have questions about the Bennet BackPack Program you can contact Bennet Elementary Principal Linde Walter at walter.lin@districtor1.net, or Bennet BackPack Program Coordinator Becky Hall at hall.bec@districtor1.net or call Bennet Elementary at 402-782-3535.

If you participated in the Bennet BackPack Program last year we would love to have you back. Please fill out the “Sharing Information Sheet With Others,” and turn it in to the office at Bennet or Palmyra .

Financial Support

The Bennet BackPack Program made a change last year in how they collected financial donations. As of October 2013, the Food Bank of Lincoln no longer collects money for the rural BackPack Programs. Rural programs were given a grace period to come up with a plan for how they would collect and distribute funds for their individual programs. Many rural programs used churches or civic organizations that already had tax free standing with the state to collect and distribute their funds. The Bennet BackPack Program approached Palmyra Presbyterian Church to be that conduit, and they graciously agreed to support the Bennet BackPack Program in that way.

Thanks to each of you who supported the Bennet BackPack Program’s Extra Mile Walk Fundraiser. We are always looking to the next year and to becoming fully funded in order to sustain this great project!

Donations to the Bennet BackPack Program can be made to Palmyra Presbyterian Church with a note in the memo to Bennet BackPack Program and mailed to Palmyra Presbyterian Church, 1297 G Rd, Palmyra, NE 68418.

Volunteer Opportunities

The Food Bank of Lincoln will deliver food to the Bennet Community Church Monday, August 15th around 2:30 p.m. If you are available to help unload the truck, your assistance would be appreciated!

If you or your organization would like to help pack backpacks for distribution, please contact Pastor Darin Corder at Bennet Community Church bennetcommunitychurch@gmail.com or 402-782-2385 to sign up for a time to pack backpacks. Bennet Community Church is the staging area for the backpack food. We pack for a month at a time. This process takes about thirty minutes if you have several volunteers. First distribution is Friday, September 2nd, so backpacks need to be packed in August. We need packers for each month through April.



DISTRICT OR-1

PALMYRA JUNIOR-SENIOR HIGH SCHOOL--BENNET ELEMENTARY
P.O. BOX 130 PALMYRA, NE 68418 402-780-5327 www.districtor1.org

Robert Hanger
Superintendent

David Bottrell
Secondary Principal

Linde Walter
Elementary Principal

Aaron Hoeft
Activities Director

08/01/2016

Dear Parent/Guardian:

Children need healthy meals to learn. District OR-1 offers healthy meals every school day. **Bennet Elementary Breakfast costs \$1.70; lunch costs \$2.35. Palmyra High School Breakfast costs \$1.95; Lunch costs \$2.45. Milk \$.35 and Juice \$.30. Your children may qualify for free or reduced price meals. Reduced price is \$.30 for breakfast and \$.40 for lunch. If your child(ren) qualified for free or reduced price meals at the end of last school year, you must submit a new application by September 26, 2016 in order to avoid an interruption in meal benefits.**

This packet includes an application for free or reduced price meal benefits and a set of detailed instructions. Below are some common questions and answers to help you with the application process.

1. WHO CAN GET FREE OR REDUCED PRICE MEALS?

- All children in households receiving benefits from the Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) or the Food Distribution Program on Indian Reservations (FDPIR) are eligible for free meals.
- Foster children that are under the legal responsibility of a foster care agency or court are eligible for free meals.
- Children participating in their school's Head Start program are eligible for free meals.
- Children who meet the definition of homeless, runaway, or migrant are eligible for free meals.
- Children may receive free or reduced price meals if your household's income is within the limits on the Federal Income Eligibility Guidelines. Your children may qualify for free or reduced price meals if your household income falls at or below the limits on this chart.

2. HOW DO I KNOW IF MY CHILDREN QUALIFY AS HOMELESS, MIGRANT, OR RUNAWAY? Do the members of your household lack a permanent address? Are you staying together in a shelter, hotel, or other temporary housing arrangement? Does your family relocate on a seasonal basis? Are any children living with you who have chosen to leave their prior family or household? If you believe children in your household meet these descriptions and haven't been told your children will get free meals, please call or e-mail Rob Hanger PO Box 130 Palmyra, NE 68418 phone#402-780-5327 ext 303

3. DO I NEED TO FILL OUT AN APPLICATION FOR EACH CHILD? No. *Use one Free and Reduced Price School Meals Application for all students in your household. We cannot approve an application that*

is not complete, so be sure to fill out all required information. Return the completed application to **Karen Hacher PO Box 130 Palmyra, NE 68418 phone # 402-780-5327 ext:300**

4. SHOULD I FILL OUT AN APPLICATION IF I RECEIVED A LETTER THIS SCHOOL YEAR SAYING MY CHILDREN ARE ALREADY APPROVED FOR FREE MEALS? No, but please read the letter you got carefully and follow the instructions. If any children in your household were missing from your eligibility notification, contact **Karen Hatcher @ hatcher.kar@districtor1.net or phone # 402-780-5327 ext 300** immediately.
5. CAN I APPLY ONLINE? You are encouraged to complete an online application instead of a paper application if your school district makes this option available. The online application has the same requirements and will ask you for the same information as the paper application. Visit www.districtor1.org to begin or to learn more about the online application process. Contact **Karen Hatcher PO Box 130 Palmyra, NE 68418 402-780-5327 ext300** if you have any questions about the online application.
6. MY CHILD'S APPLICATION WAS APPROVED LAST YEAR. DO I NEED TO FILL OUT A NEW ONE? Yes. Your child's application is only good for that school year and for the first few days of this school year. You must send in a new application unless the school told you that your child is eligible for the new school year. If you do not send in a new application that is approved by the school or you have not been notified that your child is eligible for free meals, your child will be charged the full price for meals.
7. I GET WIC. CAN MY CHILDREN GET FREE MEALS? Children in households participating in WIC may be eligible for free or reduced price meals. Please send in an application.
8. WILL THE INFORMATION I GIVE BE CHECKED? Yes. We may also ask you to send written proof of the household income you report.
9. IF I DON'T QUALIFY NOW, MAY I APPLY LATER? Yes, you may apply at any time during the school year. For example, children with a parent or guardian who becomes unemployed may become eligible for free and reduced price meals if the household income drops below the income limit.
10. WHAT IF I DISAGREE WITH THE SCHOOL'S DECISION ABOUT MY APPLICATION? You should talk to school officials. You also may ask for a hearing by calling or writing to **Rob Hanger P.O. Box 130 Palmyra, NE 68418 Phone # 402-780-5327 ext 303**.
11. MAY I APPLY IF SOMEONE IN MY HOUSEHOLD IS NOT A U.S. CITIZEN? Yes. You, your children, or other household members do not have to be U.S. citizens to apply for free or reduced price meals.
12. WHAT IF MY INCOME IS NOT ALWAYS THE SAME? List the amount that you normally receive. For example, if you normally make \$1000 each month, but you missed some work last month and only made \$900, put down that you made \$1000 per month. If you normally get overtime, include it, but do not include it if you only work overtime sometimes. If you have lost a job or had your hours or wages reduced, use your current income.
13. WHAT IF SOME HOUSEHOLD MEMBERS HAVE NO INCOME TO REPORT? Household members may not receive some types of income we ask you to report on the application, or may not receive income at all. Whenever this happens, please write a 0 in the field. However, if any income fields are left empty or blank, those will also be counted as zeroes. Please be careful when leaving income fields blank, as we will assume you meant to do so.
14. WE ARE IN THE MILITARY. DO WE REPORT OUR INCOME DIFFERENTLY? Your basic pay and cash bonuses must be reported as income. If you get any cash value allowances for off-base housing, food, or clothing, it must also be included as income. However, if your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income. Any additional combat pay resulting from deployment is also excluded from income.

15. WHAT IF THERE ISN'T ENOUGH SPACE ON THE APPLICATION FOR MY FAMILY? List any additional household members on a separate piece of paper, and attach it to your application. Contact **Karen Hatcher Phone # 402-780-5327 ext:300** to receive a second application.

16. MY FAMILY NEEDS MORE HELP. ARE THERE OTHER PROGRAMS WE MIGHT APPLY FOR? To find out how to apply for SNAP or other assistance benefits, please go online to ACCESSNebraska.ne.gov or call 1-800-383-4278.

If you have other questions or need help, call **402-780-5327**

Sincerely,

Karen Hatcher

Instructions for Completing the Free & Reduced Price School Meals Family Application

For households receiving benefits from the Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) or the Food Distribution Program on Indian Reservations (FDPIR), follow these instructions:

- Part 1:** List each child's name, the school they attend and their grade.
- Part 2:** Enter household's Master Case Number if the household qualifies for SNAP, TANF or FDPIR.
- Part 3:** Skip this part.
- Part 4:** Complete this part. An adult must sign the form.
- Part 5:** This part is optional and does not affect your children's eligibility for free or reduced price meals.

For households with FOSTER CHILDREN, follow these instructions:

If **all** children in the household are foster children:

- Part 1:** List all foster children, the school they attend and their grade. Check the box indicating the child is a foster child.
- Part 2:** Skip this part.
- Part 3:** Skip this part.
- Part 4:** Complete this part. An adult must sign the form.
- Part 5:** This part is optional and does not affect your children's eligibility for free or reduced price meals.

If **some** of the children in the household are foster children:

- Part 1:** List all children, including foster children, the school they attend and their grade. Check the box if the child is a foster child.
- Part 2:** If the household does not have a Master Case Number, skip this part.
- Part 3:** Follow these instructions to report total household income from last month.
 - Column 1 – Household Members:** List the first and last name of **each** person living in your household, related or not (such as grandparents, other relatives or friends) who share income and expenses. Attach another sheet of paper if necessary.
 - Column 2 - Gross Income and How Often it was Received:** Gross income is the amount earned **before taxes and other deductions**; it is not your take-home pay. For each household member, list each type of income received for the month. You must also report how often the money is received – weekly, every other week, twice a month, or monthly.

Earnings from Work includes the following:

- Salary, wages, cash bonuses
- Net income from self-employment (farm or business)

If you are in the U.S. Military, include:

- Basic pay and cash bonuses (do not include combat pay, Family Subsistence Supplemental Allowance (FSSA) payments or privatized housing allowances)
- Allowances for off-base housing, food and clothing

Do not include income from SNAP, FDPIR, WIC, Federal education benefits and foster care payments.

Public Assistance/Child Support/Alimony includes the following:

- Unemployment benefits, Worker's compensation
- Supplemental Security Income (SSI), Cash assistance from state or local government
- Veteran's benefits (VA benefits), Strike benefits
- Child support payments, Alimony payments

Pensions/Retirement/All Other Income includes the following:

- Social Security payments (including railroad retirement and black lung benefits)
- Private pensions or Disability benefits
- Regular income from trusts or estates, Annuities, Investment income, Earned interest, Rental income and *Regular* cash payments received from outside the household.

If you have no income, write "0" or leave the income field blank. If you do this, you are certifying there is no income to report.

Household Size: Enter the total number of people in your household.

Social Security Number: The adult signing the form must list the last four digits of their Social Security Number (SSN) or check the box to the right labeled "Check if no SSN."

Part 4: Complete this part. An adult must sign the form.

Part 5: This part is optional and does not affect your children's eligibility for free or reduced price meals.

For ALL other households, follow these instructions:

Part 1: List all children, the school they attend and their grade.

Part 2: If the household does not have a Master Case Number, skip this part.

Part 3: Follow these instructions to report total household income from last month.

Column 1 – Household Members: List the first and last name of **each** person living in your household, related or not (such as grandparents, other relatives or friends) who share income and expenses. Attach another sheet of paper if necessary.

Column 2 - Gross Income and How Often it was Received: Gross income is the amount earned **before taxes and other deductions**; it is not your take-home pay. For each household member, list each type of income received for the month. You must also report how often the money is received – weekly, every other week, twice a month, or monthly.

Earnings from Work includes the following:

- Salary, wages, cash bonuses
- Net income from self-employment (farm or business)

If you are in the U.S. Military, include:

- Basic pay and cash bonuses (do not include combat pay, Family Subsistence Supplemental Allowance (FSSA) payments or privatized housing allowances)
- Allowances for off-base housing, food and clothing

Do not include income from SNAP, FDPIR, WIC, Federal education benefits and foster care payments.

Public Assistance/Child Support/Alimony includes the following:

- Unemployment benefits, Worker's compensation
- Supplemental Security Income (SSI), Cash assistance from state or local government
- Veteran's benefits (VA benefits), Strike benefits
- Child support payments, Alimony payments

Pensions/Retirement/All Other Income includes the following:

- Social Security payments (including railroad retirement and black lung benefits)
- Private pensions or Disability benefits
- Regular income from trusts or estates, Annuities, Investment income, Earned interest, Rental income and *Regular* cash payments received from outside the household.

If you have no income, write "0" or leave the income field blank. If you do this, you are certifying there is no income to report.

Household Size: Enter the total number of people in your household.

Social Security Number: The adult signing the form must list the last four digits of their Social Security Number (SSN) or check the box to the right labeled "Check if no SSN."

Part 4: Complete this part. An adult must sign the form.

Part 5: This part is optional and does not affect your children's eligibility for free or reduced price meals.

**Blood Drive: November 10 from 1:00 p.m. until 6:00 p.m.
Contact Mr. Malone at Malone.ken@districtOR1.net, or
402-780-5327 to sign up to save a life.**



We will host the ACT at Palmyra on Saturday, September 10th. If you are interested, please go to www.ACTstudent.org and sign up! The deadline is August 5th; after that, there is a late fee. If you are on free or reduced lunch, you are entitled to two free ACT tests.

Your children may qualify for free or reduced price meals if your household income falls at or below the limits on this chart.

FEDERAL INCOME CHART for School Year 2016-17					
Household size	Yearly	Monthly	Twice per Month	Every Two Weeks	Weekly
1	21,978	1,832	916	846	423
2	29,637	2,470	1,235	1,140	570
3	37,296	3,108	1,554	1,435	718
4	44,955	3,747	1,874	1,730	865
5	52,614	4,385	2,193	2,024	1,012
6	60,273	5,023	2,512	2,319	1,160
7	67,951	5,663	2,832	2,614	1,307
8	75,647	6,304	3,152	2,910	1,455
Each additional person:	7,696	642	321	296	148

The **Richard B. Russell National School Lunch Act** requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of the adult household member who signs the application. The last four digits of the social security number are not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals and for administration and enforcement of the lunch and breakfast programs. We MAY share your eligibility information with education, health and nutrition programs to help them evaluate, fund or determine benefits for their programs, auditors for program reviews and law enforcement officials to help them look into violations of program rules.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g Braille, large print, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410
- (2) Fax: (202) 690-7442; or
- (3) Email: program.intake@usda.gov

This institution is an equal opportunity provider.

Sharing Information with Other Programs - Optional

Dear Parent/Guardian:

To save you time and effort, the information you gave on your Free and Reduced-Price School Meals Application may be shared with other programs for which your children may qualify.

For the following programs, we must have your permission to share your information. Sending in this form will not change whether your children get free or reduced price meals.

- Yes! I **DO** want school officials to share information from my Free and Reduced Price School Meals Application with **Bennet Elementary Back Pack Program**.

- Yes! I **DO** want school officials to share information from my Free and Reduced Price School Meals Application with **Palmyra High School Activity Fee**.

If you checked "yes" to any or all of the boxes above, complete the following form to ensure that your information is shared for the child(ren) listed below. Your information will be shared only with the programs you checked.

Child's Name: _____ School: _____

Signature of Parent/Guardian: _____ Date: _____

Printed Name: _____

Address: _____

For more information, you may call **Rob Hanger** at **402-780-5327 ext 303**

Return this form to: **PO Box 130 Palmyra, NE** by **August 31, 2016**

Bennet Elementary School Supply List (all students need a Book Bag and Gym Shoes)

Class	Must Have	May Not Bring
Kindergarten Mrs. Dvorak Mrs. Nitzsche	Large book bag 8 large glue sticks 1 box of gallon size ziplok bags (prefer slider) 1 1/2 inch binder with clear sleeve on front cover	
First Grade Mrs. Hall Mrs. Dowding	8 Large glue sticks Small, plastic pencil box 24 crayons #2 pencils (12 package) 4 black fine tip dry erase markers	pencil sharpeners
Second Grade Mrs. Christensen Mrs. Schauer	12 Yellow #2 pencils 12 Crayola Classic Washable markers Box of 24 crayons 2 Spiral notebooks 8 large glue sticks Small plastic crayon box (5 ½ x 8) Clorox wipes 1- 1 inch 3 ring binder w/ clear front pocket 2 Pink Erasers	pencil boxes pencil sharpeners mechanical pencils scissors
Third Grade Ms. Struebing Ms. Kepler	#2 pencils (24 pack) Box of 24 crayons 2 Large erasers 8 Large glue sticks 3 Spiral notebook (70 page College Ruled) Scissors Clorox Wipes 1- 1 inch 3 ring binder w/ clear front	large pencil boxes mechanical pencils
Fourth Grade Mrs. Ourada Mrs. Sullivan	#2 pencils 3 Spiral Notebooks 1 Pkg. Wide Ruled notebook paper 1- 1 inch 3 ring binder w/ clear front Clorox Wipes 1-2" 3ring binder w/clear front 2 red pens 1 pack of highlighters 4 Large glue sticks 5" Scissors	gel pens/ multicolored mechanical pencils no toys pencil boxes over 8x10
Fifth Grade Mrs. Wolfgang Mr. McChristian	#2 pencils (1 box) White board eraser Dry erase markers 1 Pkg. of wide ruled notebook paper	large pencil boxes mechanical pencils multicolored pens no toys
Sixth Grade Mr. Goodrich Mr. McElfresh	# 2 pencils Small pencil box Spiral notebooks/notepaper Colored pencils Calculator (Optional)	gel/multicolored pens large pencil boxes no toys
Computer Mrs. Hanger	Head Phones or Ear Buds	

Summary of the School Immunization Rules and Regulations 2016-2017

Student Age Group	Required Vaccines
Ages 2 through 5 years enrolled in a school based program not licensed as a child care provider	<p>4 doses of DTaP, DTP, or DT vaccine</p> <p>3 doses of Polio vaccine</p> <p>3 doses of Hib vaccine or 1 dose of Hib given at or after 15 months of age</p> <p>3 doses of pediatric Hepatitis B vaccine</p> <p>1 dose of MMR or MMRV given on or after 12 months of age</p> <p>1 dose of varicella (chickenpox) or MMRV given on or after 12 months of age. Written documentation (including year) of varicella disease from parent, guardian, or health care provider will be accepted.</p> <p>4 doses of pneumococcal or 1 dose of pneumococcal given on or after 15 months of age</p>
Students entering school (Kindergarten or 1 st Grade depending on the school district's entering grade)	<p>3 doses of DTaP, DTP, DT, or Td vaccine, one given on or after the 4th birthday</p> <p>3 doses of Polio vaccine</p> <p>3 doses of pediatric Hepatitis B vaccine or 2 doses of adolescent vaccine if student is 11-15 years of age</p> <p>2 doses of MMR or MMRV vaccine, given on or after 12 months of age and separated by at least one month</p> <p>2 doses of varicella (chickenpox) or MMRV given on or after 12 months of age. Written documentation (including year) of varicella disease from parent, guardian, or health care provider will be accepted. If the child has had varicella disease, they do not need any varicella shots.</p>
Students entering 7 th grade	<p>Must be current with the above vaccinations</p> <p>AND receive</p> <p>1 dose of Tdap (contain Pertussis booster)</p>
Students transferring from outside the state at any grade	<p>Must be immunized appropriately according to the grade entered.</p>

Source: Nebraska Immunization Program, Nebraska Department of Health and Human Services. . For additional information, call 402-471-6423.

The School Rules & Regulations are available on the internet: <http://www.hhs.state.ne.us/reg/t173.htm> (Title 173: Control of Communicable Diseases - Chapter 3; revised and implemented 2011)

Updated 5/2015

DISTRICT OR-1 PUBLIC SCHOOL CALENDAR 2016-2017

August 2016

SU	M	T	W	TH	F	SA
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

September 2016

SU	M	T	W	TH	F	SA
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

October 2016

SU	M	T	W	TH	F	SA
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November 2016

SU	M	T	W	TH	F	SA
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December 2016

SU	M	T	W	TH	F	SA
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

August 2016

- 8-Aug Football Practice begins.
- 10-Aug Faculty Inservice-8:00-4:00 .
- 11-Aug Faculty Inservice-8:00-4:00 .
- 12-Aug Faculty Inservice-8:00-4:00 .
- 15-Aug First Day of School
- 15-Aug Start of Fall Practice

September 2016

- 5-Sep NO SCHOOL -Labor Day
- 20-Sep Dismiss @ 1:30 P.M. P-T conf. 2:00-8:00 P.M.

October 2016

- 17-Oct Start 2nd Quarter
- 20-Oct 1:30 Dismissal Fall Break
- 21-Oct NO SCHOOL Fall Break

November 2016

- 14-Nov Start Winter Practice
- 23-Nov NO SCHOOL Thanksgiving Break
- 24-Nov NO SCHOOL Thanksgiving Break
- 25-Nov NO SCHOOL Thanksgiving Break

December 2016

- 22-Dec End of Second Quarter
- 22-Dec Dismiss at 1:30 for Christmas
- 23-Dec Winter Vacation December 22-January 1
- 23-27 Dec Five day moratorium period est. by NSAA

January 2017

- 2,3 Jan Winter Vacation
- 4-Jan School Resumes, Start 3rd Quarter
- 16-Jan Martin Luther King Day Teacher Inservice No School

February 2017

- 6-Feb Teacher In-Service No School
- 7-Feb Dismiss @ 1:30 P.M. P-T conf. 2:00-8:00 P.M.
- 10-Feb NO SCHOOL Winter Break
- 27-Feb Start of Spring Practice

March 2017

- 3-Mar NO SCHOOL Spring Break
- 9-Mar End of Third Quarter 1:30 Dismissal
- 10-Mar NO SCHOOL Spring Break
- 13-Mar Start 4th Quarter

April 2017

- 13-Apr Everyone Dismissed at 1:30pm for Easter Break
- 14-Apr NO SCHOOL; Easter Break
- 17-Apr NO SCHOOL; Easter Break

May 2017

- 13-May Graduation
- 17-May Elementary End of 2nd Semester Reg. Dis. **179 student days**
- 18-May End of Second Semester-1:30 Dismissal H.S. **185 total days for teachers**
- 19-May Teacher Work Day

Note: Early dismissal times of 1:30 will result in an elementary dismissal time of 1:10.

January 2017

SU	M	T	W	TH	F	SA
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2017

SU	M	T	W	TH	F	SA
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

March 2017

SU	M	T	W	TH	F	SA
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

April 2017

SU	M	T	W	TH	F	SA
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

May 2017

SU	M	T	W	TH	F	SA
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

No School Bennet Elementary

Teacher days

Vacation Days

Parent Teacher conf.

Early Dismissal