



# Panther Weekly Bulletin

## Breakfast Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<b>French Toast Sausage</b>	<b>Croissant Breakfast Sandwich w/ Ham</b>	<b>Blueberry Waffles Sausage</b>	<b>Cheese Omelet Toast</b>	<b>No School</b>

## Lunch Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<b>Fiestada Corn</b>	<b>Chicken Sandwich Broccoli Chips</b>	<b>Philly Steak Sandwich Peppers/Onions Peas</b>	<b>Nachos Refried Beans</b>	<b>No School</b>

## Practice Schedule

**JH Wrestling– Monday 4\_5:45 pm, Tuesday 4:00-5:45 pm, Wednesday 4:00-5:00 pm, Thursday 4:00-5:45 pm All @ PHS**

**HS Track - Monday-Thursday 4:00-5:30 pm**

# **Happening this week at PHS**

**Saturday, February 27th-**

**Sunday, February 28th– Youth Basketball @ PHS 9:00 am**

**Monday, March 1st– ESU Quiz Bowl @ JCC 4:00 pm Van leaves @ 3:15 pm, HS Boys Golf Meeting 3:45 pm West Commons**

**Tuesday, March 2nd–**

**Wednesday, March 3rd–Show Choir 6:30 am, FFA CDE Contest (Virtual)**

**Thursday, March 4th–**

**Friday, March 5th - NO SCHOOL Spring Break**

**Saturday, March 6th–**

## **Upcoming Events:**

**Monday, March 8th– ECNC Quiz Bowl**

**Tuesday, March 9th– JH Wrestling @ Raymond, Freshmore  
Honor Choir @ JCC Bus leaves @ 8:45 am**

**Wednesday, March 10th– Show Choir 6:30 am, FFA Blood  
Drive**

**Thursday, March 11th– Early Dismissal 1:30, JH Wrestling @  
Weeping Water, End of 3rd Quarter**

**Friday, March 12th– No School– Spring Break**

**Saturday, March 13th– JH Wrestling @ Ashland-Greenwood**

**For those interested in buying a yearbook or an ad in the year-  
book for their special senior, you can do so online at [https://  
yearbookforever.com/](https://yearbookforever.com/). Simply type in "Palmyra Jr/Sr High" in  
the search box to get started. Remember that the yearbook in-  
cludes grades Pre-K -12.**

**Students are not allowed to be in the building  
before 7:30 am unless they are taking part in  
an activity that has early practice/meeting  
times!**

**The Bus lane at Palmyra is off limits to vehicles  
during bus pick up and drop off times before and  
after school!**

# **GO PANTHERS!**





**Attention  
Seniors and  
Senior  
Parents**

**Pictures for the  
Graduation Slide Show,  
News Paper and  
Yearbook are due by  
March 1<sup>st</sup>!**

**Class  
of  
2021**

**Needed for the slide show: 1 baby picture, 1 senior picture and 1 other-  
your choice (all hard copies will be returned once they are scanned, or you  
can email them)**

**Needed for the year book: 1 senior picture**

**Needed for the newspaper: 1 senior picture (they prefer a "head shot")**

**Please call or email if you have any questions!**



# FREE FOOD!

## FOOD DISTRIBUTION OPEN TO ANYONE

**NEXT DISTRIBUTIONS:**

**JANUARY 9**

**FEBRUARY 13**

**MARCH 13**

**DRIVE-THROUGH (SEE MAP)  
PALMYRA HIGH SCHOOL  
NORTH PARKING LOT  
425 F STREET  
PALMYRA, NE**



**SPONSORED BY:**



**Southwood**  
Lutheran Church

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**2.26.2021**

## **Chaffee Counselor Comments**

School counselor, Michael Chaffee, can be reached at [Chaffee.Mic@districtor1.net](mailto:Chaffee.Mic@districtor1.net) or 402.780.5327 for any issues that might be concerning you and/or your student in the realm of academics, college/career decisions, or social/emotional needs.

**"Together we prepare our students to successfully meet the challenges of the future."**

### **Registration for the 2021-22 Academic Year!**



Materials are being distributed to grade 8-11 for next year's classes. The actual schedule will not be finalized until April, but students will register and indicate class interest. Registrations are due back to Mr. Chaffee ASAP

Dual Credit and SENCAP information will be distributed once it is available.





## 2020-2021 SENCAP and Dual Credit Courses at District OR1

### SENCAP

For the past several years, Palmyra High School has been participating in a unique opportunity to explore possible careers while at the same time earning valuable high school and college credit. SENCAP, the acronym for Southeast Nebraska Career Academy Partnership, allows interested juniors, seniors, and exceptional sophomores, to participate in an online and experiential learning track to explore several different career paths: Agriculture, Business, Computers and Information Technology, Criminal Justice, Education, Health Sciences (Nursing Assistant and Certificate), Industrial Manufacturing: Energy and Welding.

Through a unique partnership and collaboration, Southeast Community College Career Academy works with area school districts, health care providers, businesses, and industries to provide career exploration activities and real-world learning experiences. The courses are also known as Dual Credit Classes (for college and high school credit), many of which are transferable to other colleges. To assist with the cost of Career Academy, SCC covers half of the tuition cost for every student participating, while the student covers the other half and the cost of textbooks. The out of pocket expense for students is about \$165.00 per course, plus textbooks (costs per course vary), significant savings in college education. While the Career Academy experience is college-level work, it is a useful way for students to explore various careers through study, field trips, and portfolio collection.

### DUAL CREDIT

Students in other online courses also pay half the total cost of tuition and textbooks. Courses taught include College Algebra, English Composition, Intro to Psychology, Intro

to Sociology, and Intro to Business. In any case, students realize great savings as they explore careers and earn high school as well as college credit.

For those who are struggling to answer the question, "What am I going to do when I finish high school?" the Career Academy offers opportunities and answers while gaining valuable college credit. Each year Palmyra has nearly 50% of its seniors participate in dual credit courses.

Sign-ups for SENCAP and DUAL CREDIT courses with the various schools will take place in November and March. Contact Mr. Chaffee at [Chaffee.Mic@districtor1.net](mailto:Chaffee.Mic@districtor1.net) if you are interested or have questions.



## **How Do I Hunt for Scholarships?**

by Mr. Chaffee, School Counselor

1. Check out the college you want to attend!

The GREATEST SOURCE for college scholarships is from the college you plan to attend. They have a vested interest in getting you on their campus, so they are willing to pay for it by offering scholarships. Go to the college/university of your choice. Once you get on their website, look under the financial aid tab or go to the search bar and type in "scholarships." This should get you to where you need to go. The school's admissions counselors will usually be of great assistance.

- 2) Use EducationQuest!

They are a GREAT resource [www.educationquest.org](http://www.educationquest.org) provides all kinds of college information, help with FAFSA, and scholarship searches by simply going to their site.

They have locations in Kearney, Lincoln, and Omaha, always being of tremendous help to all school counselors, students, and families. I call them often when I am stuck with



college questions. They are amazing! We are fortunate as a state to have such a great resource that other states simply don't have. And they do it for FREE!  
DO NOT PAY OTHER COMPANIES FOR COLLEGE SCHOLARSHIP PREPARATION!

Establish your account (you should have already done this if you are a senior. Juniors should do it soon.) and complete search info on ScholarshipQuest and you will get a "hit" on some of the scholarships that are coming up for Nebraska high school seniors.

### 3) Local scholarships!

Local scholarships come to our attention all of the time and I distribute that information through Palmyra High School email, copying both students and parents.

### 4) District OR 1 Foundation for Knowledge!

Last, but certainly not least, scholarships are offered through our District OR 1 Foundation for Knowledge. The deadline is USUALLY in early April. I have attached a copy of the application the Foundation uses. Please note that it is a pdf file and can be filled in using a computer: please do that. ***Do not submit a handwritten application or essay.***

Finally, you will want to take your time and do an excellent job in completing applications. The language you use, your grammar skills, and the overall completeness will be representative of you and your education. It is always wise to have someone proofread your application before submitting it!



**2021-2022**  
**FAFSA**  
**Now Available**  
Submit the FAFSA at [www.fafsa.gov](http://www.fafsa.gov)

The banner features a blue background. On the left, the text "2021-2022" is in a smaller, dark blue font, followed by "FAFSA" in a large, bold, white font, and "Now Available" in a medium-sized, dark blue font. Below this, it says "Submit the FAFSA at [www.fafsa.gov](http://www.fafsa.gov)". On the right, there is a computer monitor displaying the FAFSA website. The website has a dark header with "Federal Student Aid" and navigation links. The main content area has a dark background with white text that says "Complete the FAFSA® Form" and "New to the FAFSA® Process?". Below this, there are buttons for "New User" and "Returning User?". At the bottom of the website, it says "FAFSA® Announcements".

## Seniors...make sure you complete the FAFSA process

Getting financial aid for college involves more than completing the Free Application for Federal Student Aid (FAFSA). Complete each step of the process so that you don't miss out on money for college.

1. **If you haven't already, complete your 2021-22 FAFSA** at [studentaid.gov](https://studentaid.gov) using 2019 income tax data. Before you start, you and a parent must each create a [Student Aid account](#). If you need help with your FAFSA, [contact EducationQuest](#) to set up a free virtual appointment.
2. **Expect a Student Aid Report (SAR) via an email link.** The SAR acknowledges that your FAFSA was received and lets you know if you need to take further action before the form can be processed.
3. **You might receive a verification notice** from the college(s) you listed on your FAFSA requesting documents to verify your FAFSA information. The college will not process your financial aid until you provide required documents.
4. **Watch for financial aid award notifications.** Once you're accepted for admission to the colleges you listed on your FAFSA, they will notify you of the types and amounts of financial aid they're offering.

Watch your email and student portal carefully for important details from colleges about admission and financial aid.

## February "To Do" List

### Seniors:

- \_\_\_ If you haven't already, complete the [FAFSA](#).
- \_\_\_ Expect financial aid award notifications from the colleges you listed on your FAFSA.
- \_\_\_ Apply for scholarships.

### Juniors:

- \_\_\_ Keep preparing for the ACT. Use your resources!
- \_\_\_ [Register](#) by March 12 for the April 17 ACT.



**The PreACT will be taken by the Sophomore class (10<sup>th</sup> grade) on Wednesday, March 24<sup>th</sup> from 8:15 to 11:45**

The PreACT test itself takes about 2.5 hours, including break time, and there is an additional 60 minutes of pretest activities.

The Pre-ACT has all the same types of questions as you will find on the ACT. It does not, however, contain an essay. In all, it has 45 English questions, 36 Math questions, 25 Reading questions, and 30 Science questions.

Students can prepare by going to: <https://magoosh.com/hs/act/best-online-act-prep/>