

Panther Weekly Bulletin

Breakfast Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Ham, Egg &	Cheese Omelet	Breakfast	Breakfast	Sausage, Egg
Cheese	Toast	Pizza	Casserole	& Cheese
Croissant	Or	Or	Or	Biscuit
Or	Muffin	Pancakes	Muffin	Or
Bagel				Cinnamon
				Roll

Lunch Menu

Monday	<u>Tuesday</u>	Wednesday	<u>Thursday</u>	<u>Friday</u>
Cheeseburger	Chicken	Pepperoni Pizza	Ham &	Goulash
Mac	Enchilada	Or	Scalloped	Bread Stick
Dinner Roll	Spanish Rice	Chicken Cordon	Potatoes	Or
Or	Or	Bleu Melt	Dinner Roll	Beef
Grilled Cheese	Pork Rib	Chips	Or	Tenderloin
Tomato Soup	Carrots	Peas	Corn Dog	On a Bun
Broccoli			Green Beans	Corn

Happening this week at PHS

Saturday, October 2nd- Harvest of Harmony Parade @ Grand Island Bus leaves @ 4:15 am

Monday, October 4th– JH FB @ JCC 4:00 pm Bus leaves @ 2:15 pm No Streaming , JV FB vs. Tri County Cancelled

Tuesday, October 5th– Early Band 6:45 am, Golf Districts @ Hidden Valley 9:00 am Van leaves @ 8:00 am, CC ECNC @ Branched Oak 4:00 pm Bus leaves @ 2:00 pm, C/JV VB @

Conestoga 5:00 pm and 6:00 pm Bus leaves @ 3:30 pm

Wednesday, October 6th– Show Choir 6:30 am, FFA Land Judging @ Beatrice Van leaves @ 8:00 am, S.A.I.L. Conference Syracuse Bus leaves @ 8:15 am, Marching Band Contest @ Olson Complex 11:00 am Streamed on Palmyra Youtube

Thursday, October 7th– Drumline 6:30 am, HS VB @ NC Lourdes 5:00 pm and 6:00 pm Bus leaves @ 3:15 pm

Friday, October 8th– Show Choir 6:30 am, HS Quiz Bowl 7:30 am, FFA Ag Day @ SCC Beatrice Van leaves @ 7:45 am, JV VB @ PHS 4:00 pm Streamed on Palmyra Youtube, HS FB @ Olson Complex 7:00 pm Streamed on Palmyra Youtube See attached flyer for a special National Anthem request prior to the game, Little Kids Cheer Performance @ Halftime of football game Streamed on Palmyra Youtube

Saturday, October 9th– JH VB Tournament @ Malcolm 8:00 am Bus leaves @ 6:30 am Masks <u>Required</u> inside, HS VB Tournament @ Falls City 9:00 am Bus leaves @ 6:15 am Limited streaming on:

https://www.youtube.com/channel/UCbvam3Bk9ENo9Fjw1-fT-og

Upcoming Events:

Monday, September 11th– HS VB ECNC Tournament TBA, State Golf TBD, JH FB @ PHS, JV FB @ JCC

Tuesday, September 12th– Early Band 6:45 am, JH VB @ Freeman, HS VB ECNC Tournament TBA, Golf State TBD

Wednesday September 13th- Show Choir 6:30 am,

Thursday, September 14th– Drumline 6:30 am, HS VB ECNC Tournament TBA, JH VB @ PHS, CC Districts TBA, HS FB @ Weeping Water

Friday, October 15th– Show Choir 6:30 am, HS Quiz Bowl 7:30 am, End of the 1st Quarter

Saturday, October 16th– Oxbow Marching Competition @ Ashland

Drivers Education will be January 16th and 17th. Have your student stop in the office and get the informational pamphlet if you are interested. Students must be 13 to enroll in the class.

Students are not allowed to be in the building before <u>7:30 am</u> unless they are taking part in an activity that has early practice/meeting times!

<u>The Bus lane at Palmyra is off limits to vehicles</u> during bus pick up and drop off times before and

after school!

GO PANTHERS!

PHS PRACTICE SCHEDULE

HS FOOTBALL- Monday -Thursday 4:00 pm

HS VOLLEYBALL– Monday, Tuesday, Wednesday, Friday 4:00 pm

CROSS COUNTRY– Monday, Thursday, Friday 3:45-5:00 pm, Wednesday 3:45-4:45 pm

HS GIRLS GOLF- Monday 4:00 pm, Wednesday -Friday TBD

JH FOOTBALL– Tuesday, Thursday, Friday 4:00-5:30 pm, Wednesday 4:00-5:00 pm

JH VOLLEYBALL– Monday, Tuesday, Wednesday, Thursday, Friday 3:50-5:30 pm



BENNET ELEMENTARY

NEWSLETTER

Together, we prepare our students to successfully meet the challenges of the future.

It is hard to believe we are in October. The first quarter ends on Friday, October 15th. Report Cards will go home during the week of October 18th. Bennet Elementary staff

appreciates all your support to keep our focus on student learning.

October is National Bullying Prevention Month. At Bennet Elementary, we take a strong and an active stance against bullying, and create a climate that prevents bullying before it starts. Together, we can prevent bullying! This month, the students will be participating in the Purple Hand Pledge to take a "Stand Against Bullying."

I want to remind everyone that our morning tardy bell rings at 8:30. Any students entering the building after that time will be counted tardy. Instruction in our classrooms begins at 8:30 every morning. Please remember students dropped off before 7:50 need to attend our Before and After School Rec. Program. Thank you for your help with this.

Please feel free to contact me with questions, or concerns at 782-3535. You may also email me at walter.lin@districtor1.net. As always, I thank you for your continued support.

Linde Walter

Character Counts

To reinforce our Character Counts Education Program, there are pillars in the hallways with student pictures on them: these students and/or classes have



demonstrated the monthly character counts pillar.

During the month of October, we are focusing on the Trustworthy Pillar.

Halloween Parade

At this time, we are planning on having a Halloween parade for students outside. Please be watching for information about the parade route in the weekly newsletter, the District OR1 Facebook page or the Bennet Booster Facebook page. Parents will not be allowed to come inside the building for assisting with costumes.

**Reminder on Early Dismissal Days Bennet students dismiss at 1:10 and PHS students at 1:30.

October 1st Volume 1, Issue 8

Bennet Elementary Newsletter -- Page | 2

Bennet Booster Corner

The Bennet Boosters meet the 2nd Tuesday of every month at 7:00 PM in the Elementary Commons. The next meeting will be October 12th. Be looking for information on their Facebook page regarding the Fall Festival.

National Honor Society Tutoring

Tutoring will be offered at the Palmyra High School Library on Tuesday and Thursday from 3:45 to 4:30 pm. If students choose to use this service they can ride the bus to PHS after school.

This tutoring is FREE and offered by our National Honor Society as a service project.

If you have any questions, please contact Mr. Chaffee at 402-782-3535.

Upcoming Events:

October

- -11th BOE Meeting (7:00 PM)
- -12th Bennet Booster Meeting
- -22nd No School
- -29th Booster Fall Festival

Girls Basketball Apparel Link

If you are interested in ordering basketball apparel, please use the following link. All orders are due October 7th.

https://www.bsnteamsports.com/shop/21PHS <u>GBB</u>

Bennet Elementary has reached 1,000 AR points and earned lunch outside. Keep Reading Bennet! Our next goal is 2,000 points.



THANK YOU for supporting our school and staff. Your support is what makes our school district so amazing.

Panther Proud!

Jr. Class Post Prom fundraiser!!

hick-fil:

Food Truck

At the Palmyra vs. HTRS football game.

October 8th 6:00-all gone!

There will be a chance to win a

Chick-fil:&

Normal concessions will be available!







10.1.2021 Chaffee Counselor Comments

School counselor, Michael Chaffee, can be reached at <u>Chaffee.Mic@districtor1.net</u> or 402.780.5327 for any issues that might be concerning you and/or your student in the realm of academics, college/career decisions, or social/emotional needs.

NHS students Clean Up Spur 66A



On Sunday, September 26, nine members of the PHS Chapter of National Honor Society performed a community service project by cleaning up trash from the roadside of spur 66A from Palmyra to Douglas. Pictured here, front row left to right, are Hailey Darrah, Kyla Davis, Kylee Kment, Kamrin Lippold and Maddie Busch. In the back row, left to right, Nima Faunce, Chandler Berry, Zach Fitzpatrick, and Andrew Waltke.

Chick-fil-A Leader Academy Kick Off



The Chick-fil-A Leader Academy conducted their Kick Off event on Wednesday, September 29. 22 students gathered to hear how the Leader Academy will learn several leadership concepts, hear inspiring stories, and complete three major projects during the year. This Leader Academy is sponsored by the local Chick-fil-A restaurant located near SouthPointe Mall in southwest Lincoln. Mr. Charlie Colon, owner/operator of this Chick-fil-A is paying for our students to experience this leadership training open to all Palmyra High School students regardless of academic achievement.

Education Quest College Going Support for Seniors and Parents

WEBINARS

August – Senior College Planning (timeline of senior year – 30 min) September – Financial Aid Programs (traditional financial aid program - types of financial and the process – 1 hr) October – FAFSA Tutorial (line by line review of FAFSA and commonly missed questions - 30 min -) **November** – FAFSA Tutorial and FAFSA Follow-Up (what to expect after the FAFSA is completed - 30 min)

VIRTUAL COLLEGE FAIRS

October 12, 9 a.m.-noon CT (Senior College Planning Live Presentation at 10:00 am) November 10, 5 p.m.-8 p.m. CT (Successful Essay Tips Live Presentation at 7:00 pm) December 8, 9 a.m.-noon CT (How to Earn Scholarships Presentation Live at 10:00)

Seniors!! Top 3 things to do now!

- 1. **Apply to your top college choices**. <u>Click here</u> to find a college application checklist and other helpful resources.
- Create a Federal Student Aid account at <u>studentaid.gov</u> (both you and a parent will need an account). This is the site you will use to complete the Free Application for Federal Student Aid (FAFSA).
- 3. **Complete the FAFSA at <u>studentaid.gov</u> on or after October 1**. The FAFSA is your application for federal, state, and college-based financial aid.

Get FREE help from EducationQuest

- Attend an EducationQuest <u>Virtual Financial Aid Program</u> to learn about financial aid and the FAFSA. During the presentation, you can register to win a \$500 scholarship!
- Find free <u>FAFSA Tools</u> at EducationQuest.org to help you prepare for and complete the FAFSA.
- Call the location nearest you to set up an appointment for free help: Omaha – 888.357.6300, Lincoln – 800.303.3745, Kearney – 800.666.3721, and Scottsbluff – 800.303.3745, ext. 6654.

September To-Do List

____Juniors and seniors, attend a <u>EducationQuest Virtual College Fair</u> Seniors, apply to your top college choices.

____Seniors, create a Federal Student Aid account for you and one for a parent at <u>studentaid.gov</u>.

___Juniors and seniors, attend a Virtual Financial Aid Program

EducationQuest Foundation:

Omaha	Lincoln	Kearney	Scot
402-391-4033 888-357-6300	402-475-5222 800-303-3745	308-234-6310 800-666-3721	308- 7199 800-

Scottsbluff 308-708-7199 800-303-3745, ext. 6654

How Do I Hunt for Scholarships? By Mr. Michael Chaffee

1) The greatest source for college scholarships is from the college you plan to go attend. They have a vested interest in getting you on their campus, so they are willing to pay for it by offering scholarships. Go to the college/university of your choice. Once you get on their website, look under the financial aid tab or go to the search bar and type in "scholarships." This should get you to where you need to go. The school's admissions counselors will usually be of great assistance.

2) Use EducationQuest! They are a GREAT resource

for <u>all</u> students! www.educationquest.org</u> provides all kinds of college information, help with FAFSA, and scholarship searches by simply going to their site. They have locations in Kearney, Lincoln, and Omaha, always being of tremendous help to all school counselors, students, and families. I call them often when I am stuck with college questions. They are amazing! We are fortunate as a state to have such a great resource that other states simply don't have. And they do it for free! **DO NOT PAY OTHER COMPANIES FOR COLLEGE PREPARATION!** Establish your account (you should have already done this if you are a senior. Juniors should do it soon.) and complete search info on **ScholarshipQuest** and you will get a "hit" on some of the scholarships that are coming up for Nebraska high school seniors.

3) Local scholarships come to our attention all of the time and I distribute that information through Palmyra High School email, copying both students and parents. If you are a senior, I should have already sent you a link to our most active local scholarships.

4) Last, but certainly not least, scholarships are offered through our **District OR 1 Foundation for Knowledge.** The deadline is in early April. I have sent all seniors a copy of the application the Foundation uses. Please note that it is a pdf file and can be filled in using a computer: please do that. *Do not submit a handwritten application or essay. Not ever!*

Finally, you will want to take your time and do an excellent job completing applications. The language you use, your grammar skills, and the overall completeness will be representative of you and your education. See a friendly teacher to help you, or ask for Mr. Chaffee to review your application. Make us proud!



Mrs. Tessa Reiman, School Counselor Intern from UNK

Hello Panthers! I am so grateful for the opportunity to work alongside Mr. Chaffee this semester as a counselor in training. I am in the practicum phase of my school counseling master's degree program at the University of Nebraska at Kearney. I will be available to students for one-on-one counseling sessions and will assist Mr. Chaffee with character education and college/career readiness.

Like many of you, I am involved in several organizations and wear many hats. I'm a daughter, grand-daughter, sister to seven siblings, and a wife. I am a graduate of University of Nebraska-Lincoln with a degree in Psychology, a Captain in the Nebraska Army National Guard, a former child welfare specialist, and a childcare provider. My husband, Jared, and I currently live in Waverly, NE and frequently tend to our farm and ranch in Lawrence, NE. We enjoy playing sports, attending sporting events, gardening, and keeping up with our niece and nephews. I hope to get to know each of you and improve my counseling skills as we process your path to greatness!

Mrs. Tessa Reiman



Palmyra Post Prom Fundraiser

Drawing to be held during the last Varsity Boys Basketball Game, Friday, February 18, 2022

Raffle Ticket Prizes

1 SIDE OF BEEF (processing fee included)

Donated by Bruce and Kristi Kempkes

1 COMFORT BEEF BUNDLE

2 Beef Roast, 1 Rump Roast, Cube Steak, Stew Meat, 6 -1 lb Packages of Ground Beef Donated by HJ Bar Ranch

2 HOGS (processing fee included)

2 winners /1 hog per winner Donated by Jared & Allyson Sabatka / Joel & April Hatcher / Tom & Amy Fitzpatrick

1 SMOKER BOX

Donated by Blaz'n Grill Works

1 \$100 GIFT CARD TO AMAZON

Donated by Post Prom Committee

2 – WHOLE CHICKENS

Donated by Smart Chicken

2 - \$50 GIFT CERTIFICATES TO ISLES PIZZA AND PUB

2 winners / 1 certificate per winner Donated by Isles Pizza and Pub

1 \$100 GIFT CERTIFICATE TO CHICK-fil-A

Donated by Chick-fil-A

\$5.00 a ticket or \$20.00 for 5 tickets

Tickets can be purchased at any home Varsity Volleyball, Football and Basketball game. Don't need to be present to win.

Get your tickets today!!!

Palmyra Youth Group

Kick off Event Wednesday, October 13 Meet at the Palmyra Senior Center Leaving at 6:30

Hayrack ride, food, games, Smores, and a Campfire

Everyone 7-12 grade is welcome!



AMERICAN FLAG PRESENTATION OCTOBER 8TH @ 6:55PM PRIOR TO THE PALMYRA VS HTRS HOME FOOTBALL GAME AT THE OLSON COMPLEX

We are inviting all current and former military, nurses, doctors, medical staff and first responders to take part in the holding and displaying of a 30'x50' American Flag for the National Anthem. No RSVP is necessary. We will meet at the gate on the east side of the grand stands at 6:45pm.





Be Kind apparel

Help build awareness and a culture of kindness by wearing Be Kind apparel.

To order go to: <u>https://Stores.inksoft.com/CHIBeKind</u>

\$10.00 / t-shirt plus tax

Orders due by

October 15th

Sizing information available online. Sizes available include:

- Small 2XL (Add \$2)
- Med 3XL (Add \$2)
- Large
- 4XL (Add \$2)
- XL
- 5XL (Add \$2)

* * ADDITIONAL ONLINE options include . . .

- \$15 / Long sleeve
- \$20 / Crew Neck Sweatshirt
- \$25 / Hoodie
- Youth-Sizes

Shirts will be ready for pick-up on Tuesday, November 2nd.

Pickup locations include:

- Merz Ink in Nebraska City
- Merz Ink in Auburn
- Syracuse Middle School
- Palmyra Jr.-Sr. High
- Direct Shipping for a small fee

When kindness and gratitude become your default setting ... Life Changes!

B-E-K-I-N-D

November 13th is

World Kindness Day!



Questions / Contact

Traci Reuter at 402-873-8920 1301 Grundman Blvd. Nebraska City, NE 68410





LET THE SELLING BEGIN!

The Foundation for Knowledge - District OR-1, and the Palmyra Athletic Boosters are kicking off a fundraiser raffle called Buick for Boosters. The prize is a restored 1965 Buick LeSabre, 2-door red convertible valued at \$28,000.

The car was donated by James Waltke, owner, Trade Center Automotive and TCA Outdoor Power in Lincoln. Waltke teamed with Dan Cummings, owner, Bombers Garage in Lincoln, to restore it. Waltke says this donation was spurred by need. "We know the value of youth athletics and understand outside funding is needed to ensure our Palmyra/Bennet Jr. Sr. High athletes have what they need to compete, learn and grow," Waltke says. "This is one way we can help."

The raffle runs from today through April 23, 2022. The drawing will be at the Olson Field Complex in Palmyra. The winner does not have to be present to claim the prize.

Tickets are available from James Waltke, Dan Cummings, the Athletic Boosters and are \$20 each. The Buick (weather permitting) will be on display along with ticket sales at HOME Varsity Contests for the duration of the raffle.

Net proceeds go to the Foundation for Knowledge – District OR-1 Endowment Fund for the benefit of the Palmyra Athletic Boosters. For more information contact: James Waltke at (402) 423-9477 (office) or (402) 430-1681 (cell) or Dan Cummings at (402) 805-0507 or go to <u>www.districtor1.org</u> or <u>http://www.bombersgarage.com</u>.



Palmyra Student Council is raffling off a Pit Boss Pellet Grill. If you are interested in purchasing some raffle tickets, please find a student council member or email Mr. Davenport at <u>davenport.jon@districtor1.net</u>. Raffle tickets are 1 for \$5 of 5 for \$20. The drawing will be held at the last home football game on October 8th.