

# Panther Weekly Bulletin

### Breakfast Menu

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Egg Patty
Sausage Patty
Cheese
Bagel
Potato Triangle

### Tuesday

Mini French Toast Sausage Links

### Wednesday

Burrito Breakfast Wrap Hashbrown Potatoes

### Thursday

Scrambled Eggs Bacon Toast

### Friday

Cinnamon Roll

### **Lunch Menu**

# Monday Chicken Patty On a bun Cheesy Potatoes Peas

# Tuesday Walking Taco

Doritos Black Beans

### Wednesday

Chicken and
Noodles

Mashed Potatoes

Broccoli

Croissant

### Thursday

Mostaccioli Cheese Stuffed Breadsticks Green Beans

### Friday

Sloppy Joe
On a bun
Potato Smiles
Carrots

# Happening this week at PHS

Saturday, August 23rd-FCA Event 6:30-9:00 pm

Sunday, August 24th- Proactive coaching event with guest speaker, 6:00 pm in PHS west gym, required for parents of youth, middle school and high school athletes.

Students athletes are welcome to attend. Use the west entrance.

Monday, August 25th- Volleyball @ Nebraska City 6:00 pm, bus leaves at 4:30 pm

One Act Play Rehearsal 6:00-8:00 pm

Tuesday, August 26th- One Act Play Rehearsal 6:00-8:00 pm

Wednesday, August 27th- FCCLA Meeting 7:45 am in Mrs. Paxton's room

Thursday, August 28th– Girls' Varsity Golf @ Syracuse 9:00 am, van leaves at 7:45 am

Cross Country @ Timber Point Lake 4:30 pm, bus leaves at 1:45 pm

Volleyball @ PHS 6:00 pm

HS Football Team Meal 6:00-8:00 pm

Friday, August 29th– Football @ Falls City 7:00 pm, bus leaves at 3:30 pm

# **UPCOMING EVENTS**

Monday, September 1st- No School for Labor Day and HOMECOMING WEEK!

Tuesday, September 2nd-Volleyball C Team vs. Louisville @ PHS 5:00 pm, Volleyball JV vs. Louisville @ PHS 6:00 pm, Volleyball Varsity vs. Louisville @PHS 7:00 pm

Thursday, September 4th– JH Football @ Platteview 4:30 pm, JH Volleyball @ Lincoln Christian 4:30 pm, PHS Football Team Meal 6:00 pm, One Act Play Rehearsal 6:00–8:00 pm

Friday, September 5th– Cross Country Varsity @ Johnson County Central 9:00 am, Girls Varsity Golf @ Tri County 9:00 am, Football vs. Superior @ PHS 7:00 pm

Saturday, September 6th- Homecoming Dance 7:00 pm

# GO PANTHERS!

(402) 782-3535

50 Dogwood St, Bennet, NE 68317 ostrander.mel@districtor1.net





# Newsletter - Aug 22nd, 2025

Arrival 7:50-8:20

Dismissal 3:20

Early Dismissal Days 1:00

### Principal's Update

### Panther Fun Run

We're thrilled for this year's main fundraiser: The Bennet Elementary Panther Fun Run! Our goal is to raise \$25,000 for new books to help fill our Library to benefit our students at Bennet Elementary. You can register your student for our Panther Fun Run! Our goal is to raise \$25,000 for new books to help fill our Library. Signing up is easy and comes with a fun prize for your student!

☆ Sign Up On MyBooster.com ☆ *Need help signing up? View video instructions.			
☐ Parent Info			
☐ <u>Program Overview</u>			
Vhy are we excited?			
Z Easy-to-use fundraising platform			
☑ Character-building program			
Fitness celebration event for every student!			

Families will gather donations through MyBooster.com by simply sharing your student's page with friends and family. Every share makes a difference!

Students will also enjoy 'Star Quest 5,' an exciting character-building adventure where they'll learn important values through space-themed figures and activities.

- Key Dates:
- Sign up opens at MyBooster.com 08/22/2025
- Kickoff in school 09/02/2025
- Event Day 09/12/2025

Stay tuned for more details and follow us on social media for updates!



On Friday, September 12th, we invite families, community members, and partners of our Panther Fun Run to attend our celebration event at Olson Complex. Students will arrive in waves and Fun Run times will commence first. After this, we will have a fun activity for each grade level after the Fun Run with time for lunch included. Families are invited to attend the fun run and activity and lunch time. Here is a schedule overview for your planning purposes.

Kindergarten/ 2nd Grade: Fun Run- 9:00-10:00, Activity and Lunch- 10:00-11:15 1st Grade/ 4th Grade: Fun Run- 10:00-11:00, Activity and Lunch- 11:00-12:15 2nd Grade/ 5th Grade: Fun Run- 11:00-12:00, Activity and Lunch- 12:00-1:15

### **Dismissal Changes**

Coordinating the dismissal plans for 350 students each day is extremely challenging and time consuming for the office staff. If you have a change request, we ask that these are communicated to the office by 2:00 each day. Ideally, the transportation plan is consistent day to day. We understand that some days a change is needed. However, receiving these requests within an hour of dismissal is a challenge for ensuring timely communication to staff to ensure these students get to where they need to go. Please assist in helping make this process smooth and effective.

### **Handbook Signatures**

All families are required to review and sign the handbook acknowledgement form that was provided to parents. If you do not have one or would like a copy of a printed handbook, please contact Melissa in the office.

### **School Bus Safety Reminder**

We want to remind all families about the law regarding school buses and student safety. When a school bus stops and extends its red stop sign arm, all vehicles in both directions must come to a complete stop, even if the bus is on a highway or rural road with higher speed limits (such as Highway 43).

(402) 782-3535 50 Dogwood St, Bennet, NE 68317 ostrander.mel@districtor1.net This applies to both lanes of traffic, whether you are behind the bus or approaching from the opposite direction. The only exception is if there is a physical median or barrier separating the lanes.

Failing to stop is not only illegal but extremely dangerous for children getting on or off the bus. Please help us keep our students safe by following this law every time you encounter a stopped school bus.

### **School Bus Food and Drink**

Food and drink is prohibited for consumption while on the bus. We ask that any snacks, or personal food items such as candy are not eaten while students are riding the bus. We are also not liable for any personal items that are damaged, lost and missing. We recommend that any electronic devices are not out while on the bus as well. Thank you for your cooperation!

### **Lost and Found**

The Bennet Elementary Lost and Found is located in the front entry vestibule on the south side. We encourage parents and students to look through the lost and found throughout the year to locate any missing items.

### **Arrival Procedures**

Students in the Rec Program may be dropped off starting at 7:00. All other students should arrive no earlier than 7:50 unless they are riding the bus or attending the Rec Program. The front doors will open at 7:50, and staff will begin monitoring the drop-off line at that time. Students dropped off before 7:50 will be unsupervised and the doors will be locked.Breakfast will be served from 7:50 to 8:20 daily. During arrival, students will gather in the Bennet Commons until 8:20 and then be escorted to classrooms. The school day starts at 8:20, and the tardy bell rings at 8:25.

If you are dropping a student off to ride the morning bus shuttles to PHS and have elementary students with them, we cannot provide supervision for students prior to 7:30. Please have students wait in the car until this time as the buses do not arrive until 7:30.

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### **Parent Drop Off and Pickup Procedures**

A few reminders that I would like to share to help everyone get in and out quickly:

- Please have students enter and exit your vehicle on the passenger side of your vehicle. The drop off lane is extremely effective and the safety of your student is our top priority. By doing this, we can ensure that students are not in zones of traffic and are not in harm's way.
- If you are using the parent drop/pick up lanes, please stay in your vehicles. If you would like to park and walk up, please utilize the parking spaces in the interior of the parent pickup/dropoff lane.
- In the afternoon **only**, Kindergarten parents may utilize the bus drop off lane for pickup for Kindergarten students and older siblings. Grades 1-5 will continue to use the primary pickup/dropoff lane. Teachers have now been assigned zones to help aid in the location of your students to help you get in and out guickly.

### **Upcoming Events**

- Sep 1- No School Labor Day
- Sep 2-5- Homecoming Week (Dress Up Days TBD)
- Sep 2- Bennet Fun Run Fundraiser Kickoff Day
- Sep 12- Bennet Fun Run at Olson Complex
- Sep 24- Parent Teacher Conferences- 2:00-8:00
- Sep 24- Early Dismissal- 1:00
- Sep 24&25- Bennet Elementary Book Fair
- Sep 25- No School- PT Conferences- 8:00-12:00
- Sep 26- No School

### **PowerSchool**

Please check PowerSchool to view grades, missing assignments, and lunch balances. If you need to set up your account, please call Melissa in the office.

### **District Calendar**

25-26 District Calendar

### **Transportation**

If you have any questions regarding busing, please contact Cathy Fick at 402-540-2879.



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# School Counseling PROGRAM

### What's Happening in the Classroom?

To start the year, all students K-5 reviewed what a school counselor is how I can help support them here at school. We previewed the topics we will discuss in guidance this year and played a fun game of would you rather to get to know each other even more.

### Focus for the School Year

- Resilience
- Kindness
- Respect
- Emotional Regulation

Strategy/Skill to reinforce at home

# **Empathy**

Knowing or understanding how somebody else feels.

### How to Teach and Reinforce **Empathy at Home**

- 1) Practice identifying emotions Use books, magazines, imaginative play, etc. to identify how people feel based on their facial expressions, body expressions, and situational awareness (what happened to them).
- Discuss different perspectives Talk to your student about how they feel when certain situations happen to them and how, sometimes, others could feel the same or differently based on their life experiences.
- 3) Explore emotions through media If you are watching a movie, reading a book, etc., ask questions about the emotions of the characters keying in on how and why they might feel a certain way.
- 4) Identify a plan to support Work on identifying a plan to support others with kind acts and words depending on how they feel and why they feel that way.



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### Parent Ambassador Program

presented by Bennet Elementary Boosters

Calling all Parent Volunteers!

Are you looking for a way to become more involved? Meet new parents? Help out our amazing teachers? Then we have an awesome opportunity for you!

Bennet Boosters is excited to announce the "Parent Ambassador Program" for the 2025-2026 school year. We are looking for 1-2 Parent Ambassadors for each classroom.

### What are the primary duties as a parent ambassador?

### 1. Plan classroom holiday parties (Halloween, Christmas and Valentine's Day) o Ambassadors will plan 2–3 age-appropriate activities (example: 1 game, 1 craft, 1 snack)

- Ambassadors will coordinate 2-3 parent volunteers to attend the party and assist with activity and handing
- Ambassadors will request donations from classroom parents via Signup Genius for snack. Can also request donations for craft/game if needed.
- Goal is for the classroom teacher to focus on enjoying the day with the students and the Ambassadors (with assigned parent volunteers) to coordinate and manage the party.

### 2. Yearbook Photo Collection

- · Send reminders to classroom teacher to upload photos to Google Drive Yearbook Folder throughout the year after events (ex: Halloween parade, holiday parties, field trip).
- o Take photos at events where you are in attendance and upload to Google Drive Yearbook Folder

 Ambassador will work with the classroom teacher to determine any extra needs there may be for that year. This may vary teacher to teacher and grade level to grade level.

### **How are Parent Ambassadors Chosen?**

- Scan the QR code below to fill out the application form. Please indicate all classrooms you are available to help with. You will only be assigned to one classroom. We will choose randomly if we have more than 2 parents express interest for one classroom.
- Ambassadors will be chosen by the end of August. There will be an Ambassador Welcome Meeting held in early September to review goals of the program and answer questions.

#### How will the Ambassador communicate with classroom parents?

- Ambassador will post on classroom band app when looking for volunteers and/or donations. Encourage use of Signup Genius for ease of communication.
- Do you, as Parent Ambassador, need to personally provide any supplies for the holiday parties? Ambassador will use Signup Genius to make donation requests for snacks, holiday craft supplies, etc.
- Do you, as Parent Ambassador, need to be present at each of the 3 holiday parties?
  - No! We encourage Ambassadors to work with your classroom parents to identify other parents interested in helping with volunteering duties. This role is not designed to be a big time commitment- it is designed for both working and stay-at-home parents!
- Do you, as a Parent Ambassador, need to be a member of the Bennet Boosters? No! You do not need to be a member of the Bennet Boosters.

o Please reach out to Kayla Bruss 402-440-8895 (Ambassadors Coordinator) or Megan Jensen 402-380-4016 (Boosters President)

### **CLICK HERE TO SIGN UP**



Scan here to sign up!

Here is the link for Parent Ambassador Program

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Link to Website

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### Standard Response Protocol

Bennet Elementary's adoption of the Standard Response Protocol (SRP) provides a standardized approach to managing various events, both threatening and non-threatening, that may happen in or around our school.

These protocols provide actions for the following situations:

- Lockout (danger is outside the school)
- Lockdown (danger is inside the school)
- Evacuate (leave the school building, such as a fire)
- Shelter (tornado or severe weather)
- Hold (stay in classrooms due to a non-threatening event outside the classroom)

# IN AN EMERGENCY TAKE ACTION



### HOLD! In your room or area. Clear the halls.

#### **OCCUPANTS**

Clear the hallways and remain in room or Close and lock door area until the "All Clear" is announced Do business as usual

### **STAFF**

Account for occupants and staff Do business as usual



### SECURE! Get inside. Lock outside doors.

### **OCCUPANTS**

Return inside Do business as usual

### **STAFF**

Bring everyone indoors Lock outside doors Increase situational awareness Account for occupants and staff Do business as usual



### LOCKDOWN! Locks, lights, out of sight.

### OCCUPANTS

Move away from sight Maintain silence Do not open the door Prepare to evade or defend

### STAFF

Lock interior doors Turn out the lights Move away from sight Do not open the door Maintain silence Account for occupants and staff Prepare to evade or defend



### EVACUATE! (A location may be specified)

### **OCCUPANTS**

Evacuate to specified location Bring your phone Instructions may be provided about retaining or leaving belongings

### **STAFF**

Lead evacuation to specified location Account for occupants and staff Notify if missing, extra or injured people



### SHELTER! Hazard and safety strategy.

### **OCCUPANTS**

Use appropriate safety strategy for the hazard

### Hazard

Safety Strategy Tornado Evacuate to shelter area Hazmat Seal the room Earthquake Drop, cover and hold Tsunami Get to high ground

### **STAFF**

Lead safety strategy Account for occupants and staff Notify if missing, extra or injured people



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