

Panther Weekly Bulletin

Breakfast Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Baked French	Breakfast	Biscuit & Gravy	Pancake &	Scrambled
Toast	Burrito	Or	Sausage on a	Eggs
Or	Or	Muffin	Stick	Sausage
Muffin	Apple Frudel			Toast
				Or
				Donut

Lunch Menu

Monday	<u>Tuesday</u>	Wednesday	<u>Thursday</u>	<u>Friday</u>
Chicken Quesadilla Or Hot Ham & Cheese Doritos Corn	Chicken Fried Steak Mashed Potatoes Dinner Roll Or PB&J Peas & Carrots	Or Sloppy Joe Fiesta Black Beans	Lasagna Bread Stick Or Buffalo Flatbread Pizza Corn	Chicken Club Or Burgers Fries

Happening this week at PHS

Saturday, October 9th- JH VB Tournament @ Malcolm 8:00 am Bus leaves @ 6:30 am Masks Required inside, HS VB Tournament @ Falls City 9:00 am Bus leaves @ 6:15 am Limited streaming on:

https://www.youtube.com/channel/UCbvam3Bk9ENo9Fjwl-fT-og

Monday, October 11th- HS VB ECNC Tournament @ Mead vs. Falls City 6:00 pm Bus leaves @ 3:30 pm Streamed on https://www.youtube.com/channel/UCUxstJSH4OJGjQXx1Zv3EZw

, JH FB @ Olson Complex 4:30 pm Streamed on PHS Youtube Channel, JV FB @ JCC 6:00 pm bus leaves @ 4:15 pm, Unified Bowling Meeting 7:45 am (if you can't make the meeting contact Mrs. Stutzman)

Tuesday, October 12th– Early Band 6:45 am, JH VB @ Freeman 4:30 pm A followed by B Bus leaves @ 3:15 pm, HS VB ECNC Tournament TBA,

Wednesday, October 13th- Show Choir 6:30 am, Junior Class meeting 7:45 am

Thursday, October 14th- Drumline 6:30 am, HS VB ECNC Tournament TBA, JH VB @ PHS 4:00 pm Streamed on PHS Youtube Channel, CC Districts @ Camp Kateri McCool Junction 4:00 pm Bus leaves @ 1:30 pm, HS FB @ Weeping Water 7:00 pm

Friday, October 15th- Show Choir 6:30 am, HS Quiz Bowl 7:30 am, End of the 1st Quarter

Saturday, October 16th - Oxbow Marching Competition @ Ashland 6:30 pm Bus leaves @ 2:15 pm

Upcoming Events:

Monday, September 18th-Start of 2nd Quarter

Tuesday, September 19th– Early Band 6:45 am, HS VB @ PHS Wednesday September 20th– Show Choir 6:30 am, State Land Judging

Thursday, September 21st- Drumline 6:30 am, Fall Concert Friday, October 22nd- NO SCHOOL Fall Break

Saturday, October 23rd-JV VB Tournament @ Weeping Water

Drivers Education will be January 16th and 17th. Have your student stop in the office and get the informational pamphlet if you are interested. Students must be 13 to enroll in the class.

Students are not allowed to be in the building before 7:30 am unless they are taking part in an activity that has early practice/meeting times!

The Bus lane at Palmyra is off limits to vehicles during bus pick up and drop off times before and after school!

GO PANTHERS!

PHS PRACTICE SCHEDULE

HS FOOTBALL-Monday-Wednesday 4:00 pm

HS VOLLEYBALL-TBD

CROSS COUNTRY– Monday, 3:45-5:00 pm, Wednesday 3:45-4:45 pm

HS GIRLS GOLF-

JH FOOTBALL-

JH VOLLEYBALL- Monday, Wednesday 3:50-5:30 pm

AMERICAN FLAG PRESENTATION

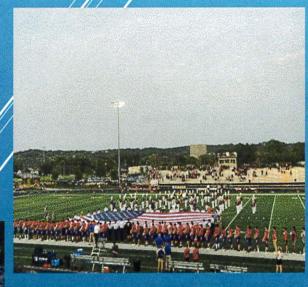
OCTOBER 8TH @ 6:55PM

PRIOR TO THE PALMYRA VS HTRS HOME
FOOTBALL GAME AT THE OLSON

COMPLEX

We are inviting all current and former military, nurses, doctors, medical staff and first responders to take part in the holding and displaying of a 30'x50' American Flag for the National Anthem. No RSVP is necessary. We will meet at the gate on the east side of the grand stands at 6:45pm.







BENNET ELEMENTARY

NEWSLETTER

Bennet Elementary

District OR 1

October 8th Volume 1, Issue 9

Together, we prepare our students to successfully meet the challenges of the future.

I can't believe the first quarter ends on

Friday, October 15th. Report Cards will go home on Thursday, October 21st. Bennet Elementary staff appreciates all your support to keep our focus on student

learning.

Thank you to the Bennet Fire and Rescue for coming to Bennet Elementary to share information about fire safety with the students.

Just a reminder to always check the District Web Page for current and up to date COVID Information.

There will be no school on Friday, October 22nd for Fall Break.

Please feel free to contact me with questions/concerns at 782-3535. You may also email me at walter.lin@districtor1.net. As always, I thank you for your continued support.

Linde Walter

Powerschool

Please contact the school office to sign up for PowerSchool access to check your child's grades/account balance.

Halloween Parade

At this time, we are planning on having a Halloween parade for students outside. Please be watching for information about the parade route in the weekly newsletter, the District OR1 Facebook page or the Bennet Booster Facebook page. Parents will not be allowed to come inside the building for assisting with costumes.

Bennet Booster Corner



The Bennet Boosters meet the 2nd Tuesday of every month at 7:00 PM in the Elementary Commons. The next

meeting will be this Tuesday, October 12th at 7:00 PM. They will be planning for the Fall Festival.

Bennet Fire and Rescue

Annual Pancake Feed and Open House



Please stop by the Bennet Rural Fire and Rescue Department Fire Station on Saturday morning, October 9th from 7:00-10:00 AM for their

annual Open House and Pancake Feed. The pancake breakfast is a free will donation.

Bennet Elementary Newsletter -- Page | 2

Girls Basketball Apparel Link

If you are interested in ordering basketball apparel, please use the following link. All orders are due October 11th.

https://www.bsnteamsports.com/shop/21PHS GBB

National Honor Society Tutoring

Tutoring will be offered at the Palmyra High School Library on Tuesday and Thursday from 3:45 to 4:30 pm. If students choose to use this service, they can ride the bus to PHS after school.

This tutoring is FREE and offered by our National Honor Society as a service project.

If you have any questions, please contact Mr. Chaffee at 402-782-3535.

Cheer Camp

PHS Cheerleaders are sponsoring a cheer camp after school today for Bennet students in grades K-6. If your child signed up for camp, they will be transported to PHS immediately after school unless you contacted the school. Participants will be cheering at half time of the football game.



Upcoming Events:

October

- -11th BOE Meeting (7:00 PM)
- -12th Bennet Booster Meeting
- -22nd No School
- -29th Booster Fall Festival



Jr. Class Post Prom fundraiser!!



Food Truck

At the Palmyra vs. HTRS football game.

October 8th 6:00-all gone!

There will be a chance to win a



Normal concessions will be available!







10.1.2021 Chaffee Counselor Comments

School counselor, Michael Chaffee, can be reached at Chaffee.Mic@districtor1.net or 402.780.5327 for any issues that might be concerning you and/or your student in the realm of academics, college/career decisions, or social/emotional needs.

8th Grade Attends S.A.I.L. Conference



Otoe County 8th Graders attended The Students Accelerating in Leadership Conference held at Syracuse Middle School on Wednesday, October 7th. Their day began with a motivational message from former Boys Town football coach, Kevin Kush on Being a Supportive Teammate. After the rally students went with their small groups to various breakout sessions from Mindfulness, to Internet Safety, and Teamwork challenges. In the photo above Trevor Kerkman, Elli Fick, and Grace Bogart participate in the Teamwork Challenge.



Gannon Hubbard, Evan Petersen, and Alyssa Lundquist listen to a presentation on growing skills for meaningful relationships and discovering values in self and others.



SSGT Casey Thompson, National Guard recruiter takes students through a series of challenges to test their communication and teamwork skills.

Education Quest College Going Support for Seniors and Parents

WEBINARS

October – FAFSA Tutorial (line by line review of FAFSA and commonly missed questions - 30 min -)

November – FAFSA Tutorial and FAFSA Follow-Up (what to expect after the FAFSA is completed - 30 min)

VIRTUAL COLLEGE FAIRS

October 12, 9 a.m.-noon CT (Senior College Planning Live Presentation at 10:00 am)

November 10, 5 p.m.-8 p.m. CT (Successful Essay Tips Live Presentation at 7:00 pm)

December 8, 9 a.m.-noon CT (How to Earn Scholarships Presentation Live at 10:00)

Seniors!! Top 3 things to do now!

- 1. **Apply to your top college choices**. <u>Click here</u> to find a college application checklist and other helpful resources.
- 2. **Create a Federal Student Aid account at <u>studentaid.gov</u>** (both you and a parent will need an account). This is the site you will use to complete the Free Application for Federal Student Aid (FAFSA).
- Complete the FAFSA at <u>studentaid.gov</u> on or after October 1.
 The FAFSA is your application for federal, state, and college-based financial aid.

Get FREE help from EducationQuest

- Attend an EducationQuest <u>Virtual Financial Aid Program</u> to learn about financial aid and the FAFSA. During the presentation, you can register to win a \$500 scholarship!
- Find free <u>FAFSA Tools</u> at EducationQuest.org to help you prepare for and complete the FAFSA.
- Call the location nearest you to set up an appointment for free help:
 Omaha 888.357.6300, Lincoln 800.303.3745, Kearney –
 800.666.3721, and Scottsbluff 800.303.3745, ext. 6654.

September To-Do List

__Juniors and seniors, attend a <u>EducationQuest Virtual College Fair</u>

__Seniors, apply to your top college choices.

__Seniors, create a Federal Student Aid account for you and one for a parent at <u>studentaid.gov</u>.

__Juniors and seniors, attend a <u>Virtual Financial Aid Program</u>

EducationQuest Foundation:

Omaha 402-391-4033 888-357-6300	Lincoln 402-475-5222 800-303-3745	Kearney 308-234-6310 800-666-3721	Scottsbluff 308-708- 7199 800-303- 3745, ext. 6654
			6654

How Do I Hunt for Scholarships? By Mr. Michael Chaffee

1) The greatest source for college scholarships is from the college you plan to go attend. They have a vested interest in getting you on their campus, so they are willing to pay for it by offering scholarships. Go to the college/university of your choice. Once you get on their website, look under the financial aid tab or go to the search bar and type in "scholarships." This should get you to where you need to go. The school's admissions counselors will usually be of great assistance.

2) Use EducationQuest! They are a GREAT resource

for <u>all</u> students! <u>www.educationquest.org</u> provides all kinds of college information, help with FAFSA, and scholarship searches by simply going to their site. They have locations in Kearney, Lincoln, and Omaha, always being of tremendous help to all school counselors, students, and families. I call them often when I am stuck with college questions. They are amazing! We are fortunate as a state to have such a great resource that other states simply don't have. And they do it for free! **DO NOT PAY OTHER COMPANIES FOR COLLEGE PREPARATION!** Establish your account (you should have already done this if you are a senior. Juniors should do it soon.) and complete search info on **ScholarshipQuest** and you will get a "hit" on some of the scholarships that are coming up for Nebraska high school seniors.

- **3) Local scholarships** come to our attention all of the time and I distribute that information through Palmyra High School email, copying both students and parents. If you are a senior, I should have already sent you a link to our most active local scholarships.
- **4)** Last, but certainly not least, scholarships are offered through our **District OR 1 Foundation for Knowledge.** The deadline is in early April. I have sent all seniors a copy of the application the Foundation uses. Please note that it is a pdf file and can be filled in using a computer: please do that. **Do not submit a handwritten application or essay.** Not ever!

Finally, you will want to take your time and do an excellent job completing applications. The language you use, your grammar skills, and the overall completeness will be representative of you and your education. See a friendly teacher to help you, or ask for Mr. Chaffee to review your application. Make us proud!

Mrs. Tessa Reiman, School Counselor Intern from UNK



Hello Panthers! I am so grateful for the opportunity to work alongside Mr. Chaffee this semester as a counselor in training. I am in the practicum phase of my school counseling master's degree program at the University of Nebraska at Kearney. I will be available to students for one-on-one counseling sessions and will assist Mr. Chaffee with character education and college/career readiness.

Like many of you, I am involved in several organizations and wear many hats. I'm a daughter, grand-daughter, sister to seven siblings, and a wife. I am a graduate of University of Nebraska-Lincoln with a degree in Psychology, a Captain in the Nebraska Army National Guard, a former child welfare specialist, and a childcare provider. My husband, Jared, and I currently live in Waverly, NE and frequently tend to our farm and ranch in Lawrence, NE. We enjoy playing sports, attending sporting events, gardening, and keeping up with our niece and nephews. I hope to get to know each of you and improve my counseling skills as we process your path to greatness!

Mrs. Tessa Reiman

Palmyra Post Prom Fundraiser

Drawing to be held during the last Varsity Boys Basketball Game, Friday, February 18, 2022

Raffle Ticket Prizes

1 SIDE OF BEEF (processing fee included)

Donated by Bruce and Kristi Kempkes

1 COMFORT BEEF BUNDLE

2 Beef Roast, 1 Rump Roast, Cube Steak, Stew Meat, 6 -1 lb Packages of Ground Beef Donated by HJ Bar Ranch

2 HOGS (processing fee included)

2 winners /1 hog per winner Donated by Jared & Allyson Sabatka / Joel & April Hatcher / Tom & Amy Fitzpatrick

1 SMOKER BOX

Donated by Blaz'n Grill Works

1 \$100 GIFT CARD TO AMAZON

Donated by Post Prom Committee

2 – WHOLE CHICKENS

Donated by Smart Chicken

2 - \$50 GIFT CERTIFICATES TO ISLES PIZZA AND PUB

2 winners / 1 certificate per winner Donated by Isles Pizza and Pub

1 \$100 GIFT CERTIFICATE TO CHICK-fil-A

Donated by Chick-fil-A

\$5.00 a ticket or \$20.00 for 5 tickets

Tickets can be purchased at any home Varsity Volleyball, Football and Basketball game. Don't need to be present to win.

Get your tickets today!!!

Palmyra Youth Group

Kick off Event
Wednesday, October 13
Meet at the Palmyra Senior Center
Leaving at 6:30

Hayrack ride, food, games, Smores, and a campfire

Everyone 7-12 grade is welcome!





HOSTED BY PALMYRA STUDENT COUNCIL

RED RIBBON WEEK KICKOFF

Cornhole Tournament Yard Games Concessions

SATURDAY, OCTOBER 23 | 5-8 PM OLSON SPORTS COMPLEX





COME GET YOUR RAFFLE TICKETS!

Foundation For Knowledge, District OR-1 and the Palmyra Athletic Boosters will have the 1965 Buick For Boosters on display at the LAST home Football Game Friday October 8th!

Tickets will be available for \$20 from the Athletic Boosters.

Net proceeds go to the Foundation for Knowledge – District OR-1 Endowment Fund for the benefit of the Palmyra Athletic Boosters.

For more information about the car please contact: James Waltke at (402) 423-9477 (office) or (402) 430-1681 (cell) or Dan Cummings(Bombers Garage) at (402) 805-0507 or go to District OR-1 School at www.districtor1.org or www.bombersgarage.com