



Panther Weekly Bulletin

September 11th, 2020

Breakfast Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Mini Waffles	Bagel	No School	Sausage & Pancake Bites	Frudel

Lunch Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Chicken Nuggets Fries Green Beans Roll	Spaghetti Broccoli Bread Stick	No School	Tacos Refried Beans	Chicken Salad Sandwich Carrots Doritos

Weekly Athletic Practice Schedule

<u>JH Football</u>
<p>Tues. &</p> <p>Thurs 3:45-5:45</p> <p>Wed 3:45-4:45</p> <p>Friday 3:45-5:20</p> <p>All are off the field</p>

Happening this week at PHS

Saturday, September 12th- JV VB @ Syracuse 8:30 am Bus leaves @ 7:30 am See attached bracket/Covid Restrictions

Monday, September 14th- JV FB @ Olson Sport Complex 4:00 pm, Cross Country @ Walnut Grove Park Omaha 4:30 pm Bus leaves @ 2:30 pm, JH VB @ Syracuse 4:30 pm Bus leaves @ 3:30 pm, HS VB MUDECAS @ JCC 5:30 pm Bus leaves @ 3:45 pm

Tuesday, September 15th- Early Band 6:45 am, Temp. checks start @ 6:30 am, FCCLA Officers Meeting 7:30 am, FFA Meeting 7:30 am, JH FB @ Olson Sports Complex 4:00 pm, JH VB @ Cook @ 4:00 pm Bus leaves @ 2:30 pm, Cross Country @ Milford Welsch Park 4:15 pm Bus leaves @ 1:45 pm, HS VB MUDECAS TBD, One Act All Cast 6:00-8:00 pm

Wednesday, September 16th- NO SCHOOL/In Service

Thursday, September 17th- Drumline 6:30 am Percussionist Only grades 7-12 Temp. checks start @ 6:25 am, Golf @ Tecumseh Country Club 9:00 am Van leaves @ 7:30 am, HS VB MUDECAS TBD, One Act Cast and Crew 6:00-8:00 pm

Friday, September 18th- FCCLA New Membership Meeting 5:30-7:00 pm in Ms. Lemmer's Room Cross Country @ Waverly 2:00 pm Bus leaves @ 12:30 pm, HS Football @ Olson Sports Complex 7:00 pm Parents Night for Cross Country, Golf and Cheer at Halftime, Football Parents Night/Senior Night before the game @ 6:35 pm

Saturday, September 19th- Apple Jack Parade 1:00 pm Buses leave @ 12:00 pm

Upcoming Events:

Monday, September 21st- Cross Country @ Ashland-Greenwood, JV FB @ PHS, JH FB @ Mead, JV/V VB @ York

Tuesday, September 22nd- Early Band 6:45 am, Temp. checks start @ 6:30 am, Golf @ Fremont Country Club, **Early Dismissal 1:30 pm** Parent-Teacher Conferences Information to be sent next week!

Wednesday, September 23rd- Picture Re-Takes

Thursday, September 24th-Drumline 6:30 am Temp. checks start @ 6:25 am Percussionist Only grades 7-12, Cross Country @ North Bend, HS VB @ PHS **Parents Night/Senior Night before Varsity match at approx. 6:00 pm**

Friday, September 25th- HS FB @ Freeman

Saturday, September 26th-

FYI-

Students are not allowed to be in the building before 7:30 am unless they are taking part in an activity that has early practice/meeting times!

The Bus lane at Palmyra is off limits to vehicles during bus pick up and drop off times before and after school!

GO PANTHERS!

Conestoga Jr./Sr. High School Conestoga Home Event Procedures and Protocols

Varsity Football @ Cougar Stadium

Fan Attendance	<p>Visiting Team & Fans</p> <ul style="list-style-type: none">• Limited capacity- visiting fans will use <u>Cougar tickets</u> that will be distributed by their home school districts• Self-screen before attending• Masks are STRONGLY ENCOURAGED• 6 ft. Social Distancing or required masking <p>Home team & Fans</p> <ul style="list-style-type: none">• Self-screen before attending• Masks are STRONGLY ENCOURAGED• 6 ft. Social distancing or required masking
Gate Procedure	<ul style="list-style-type: none">• Gate workers will wear masks.• Fans from each school will have a designated seating area
Crowd Restrictions/Expectations	<ul style="list-style-type: none">• Separation of Home/Visiting Team Crowds• Seating rows will be marked off to help provide social distancing• Immediate Family will sit together in group• Elementary & JH students are required to sit with family groups/parents
Concessions	<ul style="list-style-type: none">• Limited Concessions• Masks and gloves for all workers

FOR IMMEDIATE RELEASE 8/29/2020

Contact: Brian Rottinghaus,
2020-21 Conference President

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Protocols for MUDECAS Volleyball Tournament 2020

BEATRICE, NE, AUGUST 29, 2020 - The MUDECAS Conference has adopted a set of protocols for the 2020 volleyball tournament to make the tournament as safe and accommodating as possible for our student athletes and everyone involved. These protocols will apply to all four host sites of the 2020 volleyball tournament: A Division - Diller-Odell & Freeman; and B Division - Johnson County Central & Tri County. Protocols are:

- Playing locations will be set first on host schools playing at their home sites, and then will be set for other schools' traveling distances to be minimized to the greatest degree possible.
 - If two host schools play head-to-head, and could both play at their home sites, the higher seeded of the two will play at its site.
- Tournament directors will assign schools' playing sites and times accordingly:
 - Monday sites/times will be assigned after seeding is completed; Tuesday sites/times will be assigned Tuesday morning after Monday matches are completed; and Thursday sites/times will be assigned Wednesday morning after Tuesday matches are completed.
 - Matches for A & B Division finals on Thursday will be played only at Diller-Odell or Freeman.
- Each school will be allowed a maximum of 200 spectators for matches in which their school plays, which is the responsibility of each school to determine.
 - Gyms will be cleared between matches, and spectators may only watch matches in which their school team plays.
 - Student sections will not be provided, and each school is responsible for determining which of its students are allowed to attend a match.
 - Spectators will not be allowed to enter venues until 10 minutes ahead of games, and should not arrive early.
 - The attendance capacity for matches will not be changed if DHM capacity allowances are expanded prior to the tournament.
- Spectators are strongly encouraged to wear face masks.

- Host schools are allowed to web-stream matches for public viewing, but doing so will be at the discretion and ability of the host school.
- Concessions will be provided at contests, but warm food options may be limited.
- The program of rosters for the volleyball tournament will be provided to the public in an online virtual format, and paper programs will not be provided to spectators at the host sites.
- 25 Year Past Champion players will not be invited to be recognized in-person at matches, however their roster will be listed in the program and will be announced prior to the A and B championship games at each Diller-Odell and Freeman.
 - 25 Year Past Champion teams from the 1995 tournament are Lincoln Christian (A Division), and Sterling (B Division).
- Locker rooms will not be provided other than for use of restrooms, and teams are expected to arrive at and leave tournament matches in uniform.

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2020 MUDECAS Volleyball Tournament September 14, 15 & 17

Thursday

Tuesday

Monday

Tuesday

Thursday

Diller - Odell (1)

Diller-Odell 7pm

Meridian (8)

DO or Freeman
5:30 or 7pm

Johnson-Brock (5)

Freeman 5:30pm

HTRS (4)

DO or Freeman
5:30 or 7pm

DO or Freeman
4pm

Sacred Heart (3)

Diller-Odell 5:30pm

Exeter-Milligan (6)

DO or Freeman
5:30 or 7pm

Freeman (7)

Freeman 7pm

Bruning - D - S (2)

DO or Freeman
5:30 or 7pm

DO or Freeman
7pm

Champions

DO or Freeman 5:30pm

3rd Place

Palmyra (1)

JCC 5:30pm

Parkview Christian (8)

JCC or TC
5:30 or 7pm

Sterling (5)

JCC 7pm

JCC (4)

JCC or TC
5:30 or 7pm

DO or Freeman
4pm

Pawnee City (3)

Tri County 7pm

Tri County (6)

JCC or TC
5:30 or 7pm

Lewiston (7)

Tri County 5:30pm

Southern (2)

JCC or TC
5:30 or 7pm

DO or Freeman
7pm

Champions

DO or Freeman 5:30pm

3rd Place

A Division

@ Diller-Odell or Freeman

B Division

@ JCC or Tri County

Admission

Adults: \$5.00

K-12 Students: \$4.00

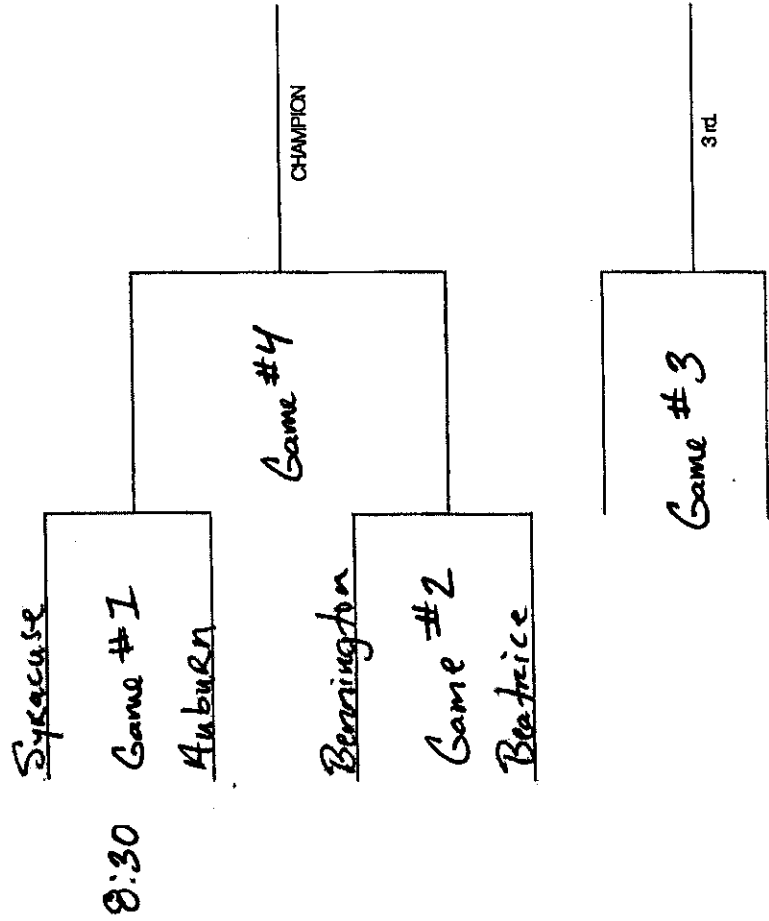
Syracuse JV VB Tourney

9/12/20

COVID RESTRICTIONS:

- * Family member of players and coaches ONLY
- * Masks and Social Distancing Required- Families will be encouraged to sit in household groups. No loitering in the building
- * Concessions will be available, but may be discontinued without notice

Pool #1 MS Gym



Pool #2 HS Gym

