



# Panther Weekly Bulletin

## Breakfast Menu

<u><b>Monday</b></u>	<u><b>Tuesday</b></u>	<u><b>Wednesday</b></u>	<u><b>Thursday</b></u>	<u><b>Friday</b></u>
Egg Patty Bacon American Cheese Biscuit Potato Triangle	Scrambled Eggs Sausage Link Wheat Toast	Pancakes Syrup Bacon	Sausage Gravy Biscuit Scrambled Eggs	Long John Yoplait Yogurt

## Lunch Menu

<u><b>Monday</b></u>	<u><b>Tuesday</b></u>	<u><b>Wednesday</b></u>	<u><b>Thursday</b></u>	<u><b>Friday</b></u>
Cook's Choice Baked Beans	Crispitos Cheese Sauce Black Beans Carrots	Chicken Fried Rice Egg Roll Broccoli	Philly Beef Steak Bun Peppers & Onions Seasoned Rice Green Beans	Chicken Tenders Scalloped Potatoes Peas Biscuit

# Happening this week at PHS

**Monday, September 15th**– FFA Range Judging Practice 7:30 am

JH Volleyball vs. Syracuse @ PHS 4:00/5:00/6:00 pm, West gym

JV Football @ Brownell Talbot 6:00 pm, streamed on HUDL TV. Bus leaves at 3:40 pm

Volleyball Varsity Mudecas Tournament @ SCC Beatrice vs JCC 7:00 pm. Bus leaves at 5:15 pm

**Tuesday, September 16th**– Volleyball Varsity Mudecas Tournament AWAY, time TBA

JH Volleyball vs. Johnson County Central @ PHS 4:00/5:00/6:00 pm, West gym

One Act Rehearsal 6:00– 8:00 pm– on the stage

**Wednesday, September 17th**– FCCLA Chapter Meeting 7:45 am

FFA Range Judging @ Thayer Central 8:00 am. Van leaves at 6:30 am

**Thursday, September 18th**– Volleyball Varsity Mudecas Tournament AWAY, time TBA

Girls Varsity Golf @ Tecumseh CC 9:00 am. Van leaves at 7:30 am

Cross Country Varsity Invitational @ Camp Ashland 10:00 am. Bus leaves at 7:30 am

HS Football Team Meal 6:00 pm

One Act Rehearsal 6:00– 8:00 pm

**Friday, September 19th**– College visit @ Doane University, leaving at 9:00 am

Football Varsity vs. Louisville @ Olson Sports Complex 7:00 pm

TeamMates Tailgate @ Olson Sports Complex

**Saturday, September 20th**– Volleyball Varsity & JV Tournament @ Milford HS 9:00 am. Bus leaves at 7:00 am

Applejack Parade @ Nebraska City. Bus leaves at 11:10 am



# UPCOMING EVENTS

**Monday, September 22nd**– FFA Land Practice 7:30 am

JH Football vs. Milford @ PHS 4:30 pm

Volleyball C Team @ Elmwood-Murdock 5:30 pm

Volleyball JV @ Elmwood-Murdock 6:30 pm

One Act Rehearsal 6:00– 8:00 pm

**Tuesday, September 23rd**– Girls Varsity Golf Invitational @ Arlington 9:00 am

Cross Country Varsity Invitational @ Malcolm 10:00 am

One Act Rehearsal 6:00– 8:00 pm

**Wednesday, September 24th**– 1:00 early dismissal for Parent/Teacher Conferences.

Parent teacher conferences 2:00– 8:00 pm. Teachers will be in the commons. Use the north doors.

FCCLA Fall Leadership Conference @ UNL all day for officers.

FCCLA hosts the parent-teacher conference dinner for teachers 5:00– 6:30 pm

**Thursday, September 25th**– Parent Teacher Conferences 8:00 am—12:00 pm. Teachers will be in their rooms.

Girl's Varsity Golf Dual vs. Norris @ PHS 4:00 pm

Volleyball @ Auburn, JH at 4:00 pm, C Team at 4:30 pm, JV at 5:30 pm, Varsity at 6:30 pm

Football Varsity vs. Bishop Neumann @ Olson Sports Complex 7:00 pm

**Friday, September 26th**– No school.

**Saturday, September 27th**– Volleyball Varsity Quad & JV @ Sterling 10:00 am

Waverly Parade & Field Marching Festival

# GO PANTHERS!

# Bennet Elementary - District OR-1

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ostrander.mel@districtor1.net



## Newsletter - Sep 12th, 2025

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Arrival 7:50-8:20

Dismissal 3:20

Early Dismissal Days 1:00

### Principal's Update

#### **Panther Fun Run – Almost There!**

Our Panther Fun Run event was incredible! The students had an absolute blast at the Olson Complex today, and we are so grateful to our staff who made it such a fun experience for everyone.

Thanks to your incredible support and generosity, we have raised \$21,798 so far! Our school-wide challenge was to hit a goal of \$25,000 to help purchase new books for our Library. If we reach our goal, students will also earn a special celebration... Mr. Haag will ride a unicorn to school! And I know that everyone wants to see that happen!

We didn't quite make it yet, but to see if we can still reach our goal, our fundraising platform, [MyBooster.com](https://mybooster.com), will remain open for one more week. Don't forget—you also have one more week to place your Reward Store order, so get those in ASAP!

We are so thankful for all of the support, and we cannot wait to celebrate together next week when we reach our goal!

A BIG thank you to our amazing staff, parents, families, anyone who donated. You all played a crucial role in making this fundraiser a resounding success. We appreciate you so much!



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## 2025-2026 Student Directory

We're putting together our Bennet Student Directory for the upcoming school year! Please take a moment to complete the form linked below so we can include your family's information. All responses are due by Friday, September 19.

### [Complete the Student Directory Form](#)

## Dismissal Changes

Coordinating the dismissal plans for 350 students each day is extremely challenging and time consuming for the office staff. If you have a change request, we ask that these are communicated to the office by 2:00 each day. Ideally, the transportation plan is consistent day to day. We understand that some days a change is needed. However, receiving these requests within an hour of dismissal is a challenge for ensuring timely communication to staff to ensure these students get to where they need to go. Please assist in helping make this process smooth and effective.

## Bus Changes

Due to limited bus drivers and seating, we are unable to support students riding to a friend's house. Students can be bused home according to their regular route, and we are unable to provide transportation to other locations. We will continue to have daily shuttles from the elementary school and high school. Thank you for understanding.

## Arrival Procedures

Students in the Rec Program may be dropped off starting at 7:00. All other students should arrive no earlier than 7:50 unless they are riding the bus or attending the Rec Program. The front doors will open at 7:50, and staff will begin monitoring the drop-off line at that time. Students dropped off before 7:50 will be unsupervised and the doors will be locked. Breakfast will be served from 7:50 to 8:20 daily. During arrival, students will gather in the Bennet Commons until 8:20 and then be escorted to classrooms. The school day starts at 8:20, and the tardy bell rings at 8:25.

If you are dropping a student off to ride the morning bus shuttles to PHS and have elementary students with them, we cannot provide supervision for students prior to 7:30. Please have students wait in the car until this time as the buses do not arrive until 7:30.

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## Parent Drop Off and Pickup Procedures

A few reminders that I would like to share to help everyone get in and out quickly:

- Please have students enter and exit your vehicle on the passenger side of your vehicle. The drop off lane is extremely effective and the safety of your student is our top priority. By doing this, we can ensure that students are not in zones of traffic and are not in harm's way.
- If you are using the parent drop/pick up lanes, please stay in your vehicles. If you would like to park and walk up, please utilize the parking spaces in the interior of the parent pickup/dropoff lane.
- In the afternoon **only**, Kindergarten parents may utilize the bus drop off lane for pickup for Kindergarten students and older siblings. Grades 1-5 will continue to use the primary pickup/dropoff lane. Teachers have now been assigned zones to help aid in the location of your students to help you get in and out quickly.

## Upcoming Events

- Sep 12- Bennet Fun Run at Olson Complex
- Sep 24- Parent Teacher Conferences- 2:00-8:00
- Sep 24- Early Dismissal- 1:00
- Sep 24 & 25- Bennet Elementary Book Fair
- Sep 25- No School- PT Conferences- 8:00-12:00
- Sep 26- No School
- Sep 30- Picture Retake Day

## PowerSchool

Please check PowerSchool to view grades, missing assignments, and lunch balances. If you need to set up your account, please call Melissa in the office.

## District Calendar

[25-26 District Calendar](#)

## Transportation

If you have any questions regarding busing, please contact Cathy Fick at 402-540-2879.



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## ● Panther Paw Winners ●



SAFE  
RESPECTFUL  
RESPONSIBLE

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## School Counseling PROGRAM

### What's Happening in the Classroom?

This week, students in Kindergarten and First Grade focused on how our bodies and emotions are connected. Students were able to think about times they have felt big emotions and what signs their body gives them that those emotions are happening. The goal: Identify emotions earlier by understanding the signs our body gives us. This allows students to use calming strategies (deep breathing, speaking to a trusted adult, counting, taking a break, etc.) before we make mistakes due to our big feelings.

Fourth Grade students began learning about the Thoughts, Feelings, and Actions Triangle. We started by discussing how our thoughts and feelings are connected. Students practiced recalling negative thoughts they have had before (ie. "I am going to fail this test," "I am not as good as them," etc.). They then identified the feelings that are associated with those negative thoughts. From there, we worked on flipping those thoughts to more positive ones and discussed how our thoughts directly impact our day-to-day feelings.

### Focus for the School Year

- Resilience
- Kindness
- Respect
- Emotional Regulation

### Strategy/Skill to reinforce at home

#### Positive Self-Talk

Please take time this week to practice various affirmations with your students to build their self-confidence and resilience.

### Panther Families

Panther Families is a fun, 30-minute activity once a month where kids from all grade levels get together with two adults in the building to do an engaging, community building activity that promotes social skills, peer-to-peer relationships, and additional peer-to-adult relationships within the school setting. Students stick with the same "Panther Family" throughout their time at Bennet Elementary so they always have positive and trusting peer and adult relationships.

\*Photos from the first Panther Family activity will be available in next week's newsletter.



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# DINE AT RUNZA



TUESDAY, SEPTEMBER 23RD

To support our local Palmyra-Bennet-Douglas Chapter, please dine at  
the following location:

8525 Andermatt Drive, Nebraska Pkwy, Lincoln, NE 68526

—— 10% OF SALES DONATED TO ——

# TEAMMATES<sup>SM</sup>

MENTORING

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## Panther Football

*How We Live: Love. Accountability. Ownership. How We Play: Fast. Physical. Disciplined Pursuit.*

Dear Palmyra-Bennet Youth Football Parents, Players, & Coaches,

The Palmyra Panther High School football team will be hosting our annual Youth Football Night prior/during their home football game against Louisville on Friday, September 19th. We would like to invite you and your athlete to attend the football game! **Youth FB players should wear their uniform to the game.** They will be able to run out on the field before the high school team takes the field. They will also be recognized during halftime!

### Schedule

6:30pm (30:00 on scoreboard): Meet at the High School Field (west gate entrance by the concessions stand).

6:40pm (20:00 on scoreboard): Coaches & players line the track on the east side for the HS team to run through as they enter the locker room at 6:44. They will then follow the team to the locker room to wait for their entrance.

6:52pm (08:00 on scoreboard): Follow the HS team out of the east locker room and onto the field.

6:55pm (05:00 on scoreboard): Introduced with the HS team as they run out to the 50 yard line (youth team, then HS). After the youth run through, they can head to the sideline to allow for the HS team to run through as well.

6:57pm (03:00 on scoreboard): National Anthem on the sideline, then exit the field.

7:00pm: Kickoff, Youth FB players are encouraged to sit with their parents

2:00 left in the 2nd quarter: Coaches & players gather near the east gates to take the field to be recognized during halftime. During halftime, all teams will take the field and align along the home sideline in numerical order. The PA announcer will announce each team & team member at that time.

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## ABSENTEE & RETAKE PICTURE DAY



**BACKGROUNDS MAY VARY  
- MORE CHOICES ONLINE!**

### **RETAKE:**

For a no charge retake, return the entire package to the photographer on retake day.

### **ABSENTEE:**

Please Order Now!



### **DESIGN IT YOUR WAY!**

You can select multiple backgrounds & build your package.

**MUST PURCHASE ONLINE TO  
SELECT MULTIPLE BACKGROUNDS!**

## **BENNET ELEMENTARY SCHOOL**

Absentee/Retake Picture Day is

**September 30, 2025**

**0092158AR**

**order code for online purchases**

(password expires 24 hrs. after picture day)

**CLICK TO ORDER**



**THIS IS A PREPAY EVENT. PAYMENT IS DUE ON PICTURE DAY.** *Este es un evento prepagado. Pago se debe entregar el día de las fotos.*

BARKSDALE SCHOOL PORTRAITS | [WWW.BARKSDALEPHOTO.COM](http://WWW.BARKSDALEPHOTO.COM)  
PICTURES WITH CLASS by Barksdale | [WWW.PICTURESWITHCLASS.COM](http://WWW.PICTURESWITHCLASS.COM)

QUESTIONS? 1.800.220.7667





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## Standard Response Protocol

Bennet Elementary's adoption of the Standard Response Protocol (SRP) provides a standardized approach to managing various events, both threatening and non-threatening, that may happen in or around our school.

These protocols provide actions for the following situations:

- Lockout (danger is outside the school)
- Lockdown (danger is inside the school)
- Evacuate (leave the school building, such as a fire)
- Shelter (tornado or severe weather)
- Hold (stay in classrooms due to a non-threatening event outside the classroom)

## IN AN EMERGENCY TAKE ACTION



### **HOLD! In your room or area. Clear the halls.**

#### **OCCUPANTS**

Clear the hallways and remain in room or area until the "All Clear" is announced  
Do business as usual

#### **STAFF**

Close and lock door  
Account for occupants and staff  
Do business as usual



### **SECURE! Get inside. Lock outside doors.**

#### **OCCUPANTS**

Return inside  
Do business as usual

#### **STAFF**

Bring everyone indoors  
Lock outside doors  
Increase situational awareness  
Account for occupants and staff  
Do business as usual



### **LOCKDOWN! Locks, lights, out of sight.**

#### **OCCUPANTS**

Move away from sight  
Maintain silence  
Do not open the door  
Prepare to evade or defend

#### **STAFF**

Lock interior doors  
Turn out the lights  
Move away from sight  
Do not open the door  
Maintain silence  
Account for occupants and staff  
Prepare to evade or defend



### **EVACUATE! (A location may be specified)**

#### **OCCUPANTS**

Evacuate to specified location  
Bring your phone  
Instructions may be provided about retaining or leaving belongings

#### **STAFF**

Lead evacuation to specified location  
Account for occupants and staff  
Notify if missing, extra or injured people



### **SHELTER! Hazard and safety strategy.**

#### **OCCUPANTS**

Use appropriate safety strategy for the hazard

#### **Hazard**

Tornado  
Hazmat  
Earthquake  
Tsunami

#### **Safety Strategy**

Evacuate to shelter area  
Seal the room  
Drop, cover and hold  
Get to high ground

#### **STAFF**

Lead safety strategy  
Account for occupants and staff  
Notify if missing, extra or injured people