



Panther Weekly Bulletin

Breakfast Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
NO SCHOOL	Biscuit & Gravy	Muffin	Mini French Toast	Fruit Turnover

Lunch Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
NO SCHOOL	Crispitos Or Philly Beef Steak Mexi Potatoes Broccoli	Chicken Enchilada Or Beef Enchilada Refried Beans Spanish Rice	Breakfast for Lunch Fruit & Yogurt Bar	Chicken & Noodles Breadstick Or Cheeseburger Green Beans Mashed Potatoes

Happening this week at PHS

Monday, September 5th- NO SCHOOL Labor Day

Tuesday, September 6th- ECNC Golf @ Woodland Hills 8:30 am, JH Volleyball @ PHS West Gym D-Team 4:00 pm C-Team 4:45 B-Team 5:45 pm A-Team 6:45 pm

Streaming link: https://www.youtube.com/channel/UCg-K30_51duQ2P5MIHzoO5w

**HS Volleyball Triangular @ Mead Bus leaves @ 4:00 pm
PHS plays @ 6:00 pm and 7:00 pm**

Streaming link: <https://www.youtube.com/channel/UCUxstJSH4OJGjQXx1Zv3EZw>

One Act Rehearsal Cast Only 6:00-8:00 pm

Wednesday, September 7th- Show Choir 6:30 am, 6th Grade Parents Progress Meeting 6:30 pm (New Time) PHS Library

Thursday, September 8th- Golf Triangular @ Woodland Hills 2:00 pm Van leaves @ 1:15 pm, JH Football @ Olson Sports Complex 4:30 pm

Streaming link: https://www.youtube.com/channel/UCg-K30_51duQ2P5MIHzoO5w

Cross Country @ Doane College 5:00 pm Bus leaves @ 2:45 pm, HS Volleyball @ JCC C-Team 5:00 pm JV 6:00 pm Varsity 7:00 pm Bus leaves @ 3:15 pm Streaming link

<https://striv.tv/channel/jcc/>

Friday, September 9th- Show Choir 6:30 am, HS Quiz Bowl 7:30 am, HS Football @ Olson Sports Complex vs. Elmwood Murdock 4:00 pm Game is at 4pm due to the statewide shortage of officials.

Streaming link: https://www.youtube.com/channel/UCg-K30_51duQ2P5MIHzoO5w

Saturday September 10th- JV Volleyball Tournament @ Syracuse 8:30 am Bus leaves @ 7:30 am

Upcoming Events:

Monday, September 12th– MUDECAS Volleyball TBD, Cross Country, JH Volleyball @ Syracuse, JV Football @ Olson Sports Complex

Tuesday, September 13th– MUDECAS Volleyball TBD, JH Football @ Olson Sports Complex, JH Volleyball @ JCC, One Act Cast Only Rehearsal 6:00-8:00 pm

Wednesday, September 14th– Show Choir 6:30 am, FCCLA Meeting 7:45 am

Thursday, September 15th– MUDECAS Volleyball TBD, Golf @ Tecumseh, One Act Cast Only Rehearsal 6:00-8:00 pm

Friday, September 16th– Show Choir 6:30 am, HS Quiz Bowl, Cross Country, HS Football @ Thayer Central

Saturday, September 17th– Apple Jack Parade, JV Volleyball Tournament

Students are not allowed to be in the building before 7:30 am unless they are taking part in an activity that has early practice/meeting times!

The Bus lane at Palmyra is off limits to vehicles during bus pick up and drop off times before and after school!

GO PANTHERS!



NEWSLETTER

*Together, we prepare our students to successfully
meet the challenges of the future.*

School routines are established and the staff and students have settled into the routine and



are following the daily schedule. Bennet students are following our school rules of: Be Responsible, Be Respectful, Be Safe and Be an Active Learner!

The first few weeks have been a review of previously learned concepts, along with MAPS/NSCAS testing. Now it's time for the new and exciting learning to occur. I look forward going into the classrooms to observe the students learning.

Our District OR 1 team is working very hard and doing a fabulous job keeping Bennet the best place to be for your children! I want to thank all of the families who have taken the time to support their child and the school. Your involvement truly makes a difference. The teachers and I want to partner with you to give your child the best education possible!

I continue to welcome the opportunity to visit with you should you have any questions, concerns, or comments.

Linde Walter

**Reminder NO school Monday,
September 5th for Labor Day!**

Electronic Newsletter

Next week we will begin sending the weekly newsletter electronically, if you signed up for this option. If you would like to receive the electronic version please call the school office or email walter.lin@districtor1.net.

Please remember to contact the office if there is a change in plans for your child for after school prior to 2:45 PM.

Bennet Elementary Lunch Schedule

10:55-11:20	KDG Lunch
11:50-12:10	1 st Grade Lunch
11:30-11:50	2nd Grade Lunch
11:40-12:00	3 rd Grade Lunch
12:00-12:20	4 th Grade Lunch
12:15-12:35	5 th Grade Lunch

School Pick Up:

If you come early to pick up your child from school, please stop in at the office to check them out. We will not be releasing students from the playground without checking them out from the office before.

Parent Teacher Conferences

Parent teacher conferences are scheduled for Tuesday, September 20th. If you did not get a chance to sign up at Open House please contact your child's teacher. Teachers will be sending out reminder slips the week of September 12th.



Bennet Booster Corner

The Bennet Boosters meet the 2nd Tuesday of every month at 7:00 PM in the Elementary

Commons. We hope to see you Tuesday, September 13th for our next meeting. Please visit the Bennet Elementary Boosters Facebook page to learn more about upcoming events.

Upcoming Events:

September-

5th No School Labor Day

20th- Early Dismissal @ 1:10 Parent Teacher Conferences

-21st Professional Development Day. No school for students.



Please plan on Dining Out at Runza (87th and Andermatt Runza or Syracuse Location) on Tuesday, September 20th to support the Bennet Palmyra Douglas TeamMates program.

Parent Drop Off

The circle drive may only be used for dropping off students before school and picking them up at the end of the day after all buses have exited. Please remember when using the circle to pull up and have your child ready to exit, so traffic can continue to run smoothly.

Accelerated Reading (AR)

Accelerated Reader (AR) has started for students in 1st-6th grade. Students are able to begin testing at school, at home or the Palmyra Memorial Library.

Our new Reading goal for this year is 23,000 points. Reading Rocks!

PHS APPAREL

The PHS Athletic Boosters has t-shirts, jackets, caps, and sweatshirts for sale with the PHS logo or the new 2022 designs. Check out the website below to view all the apparel and to place your order.

<https://qrg.four51ordercloud.com/PHSBooster>

Thanks for all your support of the PHS Athletic Boosters!

Order Deadline is Monday September 5th



22-23 PHS Activity Calendars

Large Tear Away\$10

Small Pocket\$5

Available at: home sporting events (fall season), Bennet and Palmyra Bank, MWL (Midwest Walls and Landscape), or by contacting Karen Bohaty at bohatykaren@gmail.com

Thank you for your support, **The Palmyra Fine Arts and Music Boosters**

9.1.2022

Chaffee Counselor Comments

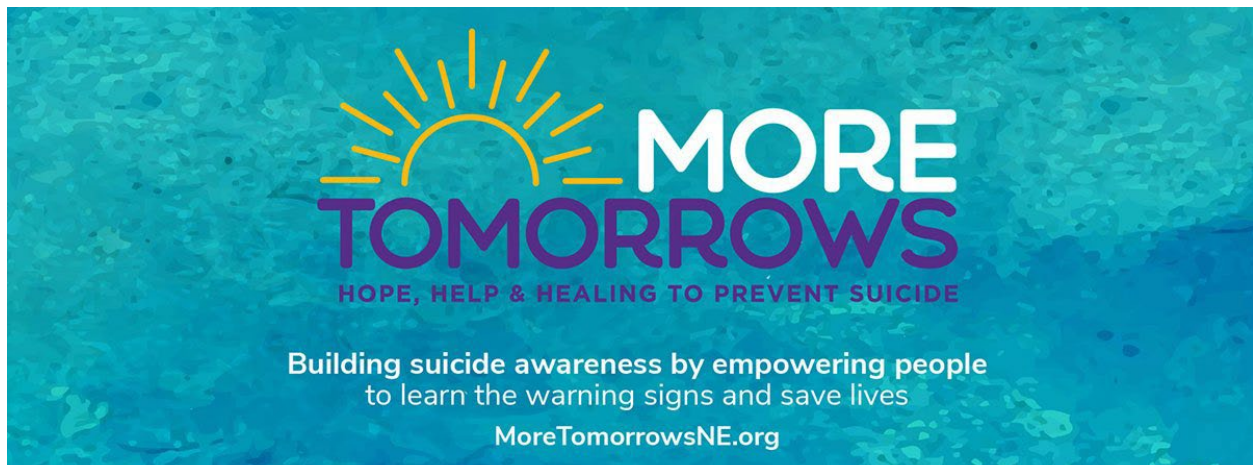
School counselor, Michael Chaffee, can be reached at Chaffee.Mic@districtor1.net or 402.780.5327 for any issues that might be concerning you and/or your student in the realm of academics, college/career decisions, or social/emotional needs.

The NEW Suicide Crisis Lifeline is 988



For a great resource for suicide information and prevention please see:

<https://moretomorrowsne.org/#buildhope>



8 to Great Starts

Wednesday, September 7!

THE 8 to Great

* road map to success!

--- HIGH-WAYS ---

1

GET THE PICTURE

Visualize the end result.
Think it 'til you feel it.

2

RISK

Ask yourself, "If FEAR was not a factor..."
and RUN TO, *not from*.

3

FULL RESPONSIBILITY

Move from Blaming and Complaining
to ACTING and DREAMING.

4

FEEL ALL YOUR FEELINGS

To heal, allow both
MAD (*Anger*) and SAD (*Release*).

5

HONEST COMMUNICATION

ASK for what you want and
LISTEN from the heart.

6

FORGIVENESS OF THE PAST

We were all doing the best we could
with the information we had.

7

GRATITUDE FOR THE PRESENT

Three things you're grateful for each day,
NO REPEATS.

8

HOPE FOR THE FUTURE

Don't give up. The road to success
is never a straight line.



*Hope is what
happens when
you have a process.*

Seniors...3 must-do tasks for this fall!

1. **Apply to your top college choices.** Our school participates in Nebraska's *Apply2College* campaign in October, so you'll get help with your college applications during a school-day event. If not, go to the EducationQuest website to find a college application checklist and other helpful resources.
2. **Create an FSA ID.** You and a parent must each create a username and password at fsaid.ed.gov that will serve as your Federal Student Aid (FSA) IDs for the Free Application for Federal Student Aid (FAFSA). You will each need your own email address to create an FSA ID.
3. **Complete the FAFSA at fafsa.gov on or after October 1.** The FAFSA is your application for federal, state, and college-based financial aid. The colleges you list on the application will use that information to determine the types and amounts of financial aid they will award you.

Get **FREE** help from EducationQuest

- Find free [FAFSA Tools](https://www.educationquest.org/FAFSA-Tools) at EducationQuest.org to help you prepare for and complete the FAFSA.
- Call EducationQuest to set up an appointment for **FREE** personal help:
Omaha – 888.357.6300, Lincoln – 800.303.3745

Chick-fil-A Leader Academy



Applications are being accepted now for the 2022-23 Chick-fil-A Leader Academy at Palmyra High School.



Selected students from grades 9-12 will meet each month for a one hour training module on the various topics of leadership.

Three times during the year they will be challenged to put their learning into practice and make a difference in their community; this will culminate in the year-end Impact Project Service Project.

The Big Kick-off event will take place in late September.

The application was sent out in an email from Mr. Chaffee, or it can accessed here: app.chickfilaleaderacademy.com/apply



Students Accelerating in Leadership (S.A.I.L.) Conference

On Wednesday, October 5, 2022, all of the Otoe County 8th graders will converge on Syracuse Middles School to experience SAIL, a conference to help young people grow in personal responsibility and leadership.

Keynote speaker, Kevin Kush, a motivational speaker and former football coach at Boys Town, will lead off the day with an inspirational message.

Students are divided into groups to learn about topics related to leadership growth, teamwork, and character development.

The full day experience is sponsored by the Otoe County United Against Violence, United Way, and CHI Health St. Mary's

This conference is FREE!! However lunch is billed to the student's lunch account unless other arrangements are made.

Email Mr. Chaffee for details. Chaffee.Mic@districtor1.net